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Book Now!
Avoid the Rush!
Register Early
Camps and
Classes fill
up fast

3 WAYS TO REGISTER

1. Online www.sanjoeca.gov/prns
2. Walk in to your local center
(See page 88-89 for listings)
3. Mail/Fax to your local community center



CLASS MATRIX

| | ARTS AND CRAFTS | CAMPS | DANCE | DROP IN | EARLY CHILDHOOD RECREATION | ENRICHMENT AND EDUCATION | HEALTH AND FITNESS | MUSIC AND THEATER | SPECIALTY | SPORTS CLASSES | SPORTS LEAGUES | THERAPEUTIC SERVICES |
|---------------|-----------------|-------|-------|---------|----------------------------|--------------------------|--------------------|-------------------|-----------|----------------|----------------|----------------------|
| ALMA | ■ | ■ | ■ | | | | | ■ | | | | |
| ALMADEN | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| ALUM ROCK | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | ■ | ■ | ■ |
| ALVISO | | | | | | | | | ■ | ■ | | ■ |
| BERRYESSA | ■ | ■ | ■ | ■ | ■ | | ■ | ■ | | ■ | ■ | |
| CAMDEN + POOL | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| EMMA PRUSCH | | ■ | | | ■ | ■ | | | ■ | | | |
| EVERGREEN | ■ | ■ | ■ | | ■ | ■ | | ■ | ■ | ■ | | |
| GARDNER | | ■ | ■ | | | ■ | ■ | ■ | | ■ | | |
| GRACE | ■ | | | ■ | | | ■ | | ■ | ■ | | ■ |
| HANK LOPEZ | | | | | ■ | | | | | | | |
| MAYFAIR | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| MORELAND-WEST | | | | | | | | | | ■ | ■ | |
| NORTHSIDE | | ■ | ■ | | | | ■ | | | | ■ | |
| ROOSEVELT | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| SHIRAKAWA | ■ | ■ | ■ | | ■ | | | | ■ | ■ | | |
| SEVEN TREES | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | |
| SOUTHSIDE | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | |
| WEST-SAN JOSÉ | ■ | | ■ | ■ | ■ | | ■ | ■ | ■ | ■ | ■ | |
| WILLOW GLEN | ■ | ■ | ■ | | ■ | ■ | ■ | ■ | ■ | ■ | | ■ |
| EDENVALE | ■ | ■ | ■ | | ■ | ■ | ■ | | ■ | ■ | ■ | |



ARTS & CRAFTS

pgs. 3-7

ART ADVENTURES

Children embark on an imagination journey filled with fun and fantasy! Students will experience each of the art disciplines: Drama, Dance, Music, and Visual Arts through fun and engaging theme-based activities. Preschoolers develop creative expression, movement, motor skills, socialization, language skills and math concepts. Set off on a course of adventure with costumes, props, music, arts and crafts, and imagination!

(Child Only or Parent/Child)

ARTS & CRAFTS FUN

Children will have fun with different themes each week, painting, pasting and drawing. The main focus is on self expression. All materials are included.

ARTS AND CRAFTS

Come join us for an arts and crafts class. We will be working on gluing, cutting, and being creative! Students will work on one to two projects each day and have time to socialize.

ART 101

This course is designed to enable all students from novice to expert to gain specific skills in representational drawing and painting. Through class critiques and teacher demonstrations each student will develop the ability to evaluate their own progress in these skills. Each student will complete 1-2 paintings in class. Each student will have to decide on using either Watercolor, Acrylics, Water-soluble oils, or drawing for this class and purchase supplies. Supply lists will be available after registration.

BASIC ART

Everyone is an ARTIST! This class is for those who have no experience in art and want to learn some great foundations for drawing and painting. Everything from the basic drawing fundamentals will be introduced to learning how to apply the colors. At the end of the course students will be able to take home their completed assignments in their own "Art Folio" created proudly by themselves.

CARTOON DRAWING BASICS

Students will utilize their imagination, while learning the basic techniques of cartooning to create characters and images. This class develops a child's communication skills through self expression and storytelling. All materials are included.

CARTOON -BEGINNING

Students learn the basic techniques of cartooning; drawing characters and images from their imagination. This class develops communication skills through self expression and storytelling. All materials are included.

CARTOON - INTERMEDIATE/ADVANCED

In the intermediate class, students concentrate on shapes and forms, enhancing their work using various mediums. They will learn the techniques of shading, highlighting, and perspective and color theory while creating animals, faces, people and backgrounds. Advanced students create more intricate projects. All materials are included.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs. | Res/Non-Res |
|------------|---------------------------------|-------|--------|-----------|-----------------|--------------|-------|-------------|
| 252.3.0100 | Art 101 | 18+ | Th | 1/27-3/03 | 10:00AM-12:00PM | Franck | 6 | \$89/\$97 |
| 252.3.0103 | Art Adventures (Child Only) | 3-5 | M | 1/24-3/21 | 11:05AM-11:50AM | CLAP | 9 | \$91/\$99 |
| 252.3.0101 | Art Adventures (Parent/Child) | 2-4 | M | 1/24-3/21 | 9:15AM-10:00AM | CLAP | 9 | \$91/\$99 |
| 252.3.0102 | Art Adventures (Parent/Child) | 2-4 | M | 1/24-3/21 | 10:10AM-10:55AM | CLAP | 9 | \$91/\$99 |
| 252.3.0107 | Cartoon Beginning | 6-15 | W | 1/19-3/09 | 5:00PM-6:00PM | Coyle | 8 | \$89/\$97 |
| 252.3.0108 | Cartoon Intermediate-Storybooks | 8-12 | W | 1/19-2/23 | 6:15PM-7:15PM | Coyle | 6 | \$87/\$95 |
| 252.3.0114 | Crafts Galore | 5-9 | M | 1/24-2/14 | 5:00PM-6:00PM | O'Neil | 4 | \$56/\$60 |
| 252.3.0115 | Crafts Galore | 5-9 | M | 2/28-3/21 | 5:00PM-6:00PM | O'Neil | 4 | \$56/\$60 |
| 252.3.0125 | Creative Clay | 8-15 | T | 2/01-2/22 | 4:45PM-6:15PM | E. Cook | 4 | \$61/\$65 |
| 252.3.0126 | Creative Clay-Int | 8-12 | T | 3/01-3/22 | 4:30PM-6:00PM | E. Cook | 4 | \$61/\$65 |
| 252.3.0109 | My First Art Class | 1.5-3 | Th | 1/27-2/17 | 9:30AM-10:30AM | My First Art | 4 | \$47/\$51 |
| 252.3.0111 | My First Art Class | 2-5 | Th | 1/27-2/17 | 10:45AM-11:45AM | My First Art | 4 | \$47/\$51 |
| 252.3.0110 | My First Art Class | 1.5-3 | Th | 2/24-3/17 | 9:30AM-10:30AM | My First Art | 4 | \$47/\$51 |
| 252.3.0123 | My First Art Class | 2-5 | Th | 2/24-3/17 | 10:45AM-11:45AM | My First Art | 4 | \$47/\$51 |
| 252.3.0106 | Playing with Paper-NEW! | 6-8 | Th | 1/20-2/24 | 5:30PM-6:30PM | Vlovovic | 6 | \$70/\$78 |
| 252.3.0118 | Watercolor for Kids-NEW! | 7-11 | T | 1/25-2/22 | 4:00PM-5:00PM | Franck | 5 | \$65/\$69 |
| 252.3.0112 | Watercolor-Beginning | 12+ | Sa | 1/22-2/26 | 9:30AM-11:30AM | Franck | 5 | \$93/\$101 |
| 252.3.0113 | World of Watercolor | 18+ | W | 1/19-3/09 | 6:00PM-8:00PM | Franck | 8 | \$91/\$99 |



ARTS & CRAFTS

CERAMICS

In this beginning to intermediate class students learn to paint and fire lovely ceramic pieces. Students will provide their own ceramic pieces. Firing is included in the cost of the class.

CLAYMANIA!

Turn your imagination into clay! We will be creating colorful, unique, creative clay projects that you can wear and share! Students will learn basic techniques in clay sculpting. Projects include: bowls, animal sculptures, jewelry, pins, pencil holders, and more.

COMIC BOOK ART

Draw your favorite heroes and villains and create your own cast of characters like the pros. Children will have the opportunity to create comic book style characters and develop their own endings to famous comic book stories. All materials are included.

CRAFTS GALORE

Come and join us in creating wonderful art projects. Children will create a variety of craft projects, including puppets, animal art and more. Children will have projects to take home everyday. All materials are included.

CREATIVE CLAY

Children express themselves while learning basic clay hand-building techniques. They will make cups, bowls, and sculptures while building creations of their very own. New and continuing students are always welcome. Your child will create both practical and whimsical creations with Creative Clay. All materials are included.

CROCHET

Students will learn the basic skills of crocheting, how to create stitches and use different colors. They will create fun projects that they can use or give to their friends. Materials are not included; Students will receive a basic supply list after registration. All materials are included.

CREATIVE COLLAGE

Students will learn to plan, draft and create a cohesive collage using a variety of mixed media. These collages will be created using specific planning, drawing, and sketching. Purpose is for the final collages to take on the visual appearance, texture, color, depth, shading, perspective and shape of the subject or person created. Students will observe textures, materials and colors in their world to help apply them to brainstorm and create their art piece. This is not your ordinary cut a magazine and glue on collage class. This class is a combination of basic drawing, cutting, pasting, some painting, gathering mixed-media and using your hidden creative ideas.

DRAWING FOR ADULTS - BEGINNING

Capture the visual imagination that you had as a child. Gather with other Rembrandts and learn everything from drawing basics to advanced techniques. Please bring a 9 x 12 spiral pad to class.

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------------|------|--------|-----------|---------------|------------|------|------------|
| 289.3.0100 | Cartoon Drawing Basic | 5-15 | M | 1/24-3/07 | 4:30PM-5:30PM | Staff | 6 | \$60/\$68 |
| 289.3.0101 | Cartoon Drawing Basic | 5-15 | M | 3/07-4/11 | 4:30PM-5:30PM | Staff | 6 | \$60/\$68 |
| 289.3.0102 | Crochet | 16+ | T | 1/18-2/22 | 6:45PM-7:45PM | Staff | 6 | \$60/\$68 |
| 289.3.0103 | Crochet | 16+ | T | 3/01-4/05 | 6:45PM-7:45PM | Staff | 6 | \$60/\$68 |
| 289.3.0104 | Knitting | 16+ | T | 1/18-2/22 | 5:30PM-6:30PM | Staff | 6 | \$60/\$68 |
| 289.3.0105 | Knitting | 16+ | T | 3/01-4/05 | 5:30PM-6:30PM | Staff | 6 | \$60/\$68 |

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------|------|--------|-----------|-----------------|------------|------|-------------|
| 212.3.0101 | Art Adventures (Child Only) | 3-5 | W | 1/19-3/23 | 10:30AM-11:15AM | CLAP | 10 | \$114/\$122 |
| 212.3.0100 | Art Adventures (Parent/Child) | 2-4 | W | 1/19-3/23 | 9:30AM-10:15AM | CLAP | 10 | \$114/\$122 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------|-------|--------|-----------|----------------|--------------|------|-------------|
| 382.3.0100 | Art Adventures (Child Only) | 3-5 | F | 1/21-3/25 | 4:40PM-5:25PM | CLAP | 10 | \$114/\$122 |
| 382.3.0101 | Art Adventures (Parent/Child) | 2-4 | F | 1/21-3/25 | 3:45PM-4:30PM | CLAP | 10 | \$114/\$122 |
| 382.3.0112 | Basic Art - NEW! | 8-12 | T | 1/25-3/15 | 5:30PM-6:15PM | Staff | 8 | \$70/\$78 |
| 382.3.0104 | Cartoon Beginning | 7-10 | T | 1/25-3/22 | 4:00PM-5:00PM | Tomasi | 8 | \$79/\$87 |
| 382.3.0105 | My First Art Class | 1.5-3 | W | 1/26-3/16 | 9:30AM-10:30AM | My First Art | 4 | \$47/\$51 |



ARTS & CRAFTS

FARM ART

Come on out to the Emma Prusch Farm and get creative! Students in the Farm Art class will get their inspiration from the farm. We will explore the park and gather materials for making barnyard murals, sun prints, leaf rubbings and more. Join us and get ready to have fun and create farm art!

JEWELRY MAKING

Learn jewelry making basics, including bead stringing, earring design, and wire techniques used in making many different types of jewelry. Students provide their own materials and tools; average cost of materials is \$20-\$125.00.

KIDS MEET THE GREATEST PAINTERS

Learn to use yellow like Van Gogh, make funny faces like Picasso, and discover the secrets of Monet's Lily Pads. Kids will learn about the world's greatest painters through stories and anecdotes while studying their most famous paintings. They will paint, draw, glue, make collages, sculpt and have fun testing materials. All materials included.

KNITTING

Students learn the basic skills in knitting; creating stitches, using varying yarn colors. Materials and supplies are not provided; students will receive a basic supply list after registration.

MOMMY/DADDY AND ME ART TIME AT THE FARM

Your child will enjoy letting loose in a creative farm environment and you will learn to explore your own creativity. Spend quality time with your toddler as we make unique artwork that you and your child will be proud of.

MESSY MESSY PAINT

Put your grubbies on and have some fun. We will splatter, drip, and squeeze. You and your child will experience open-ended art and create wonderful messes with paper mache, finger paint, dough and more. It is amazing how much you can do with paint and glue. It is about the process not the product. The goal is to have fun with messy art. This is a parent/child participation class. All materials are included.

MOMMY/DADDY & ME ART TIME

Share creative moments with your toddler as we create unique artwork that any parent would be proud of. You and your child will enjoy letting loose in a fun filled creative environment. This is a parent/child participation class. All materials are included.

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------|-------|--------|-----------|-----------------|--------------|------|------------|
| 382.3.0106 | My First Art Class | 2-5 | W | 1/26-3/16 | 10:45AM-11:45AM | My First Art | 4 | \$47/\$51 |
| 382.3.0111 | Urban Art | 12-17 | T | 1/25-3/15 | 6:30PM-7:30PM | Staff | 8 | \$69/\$77 |
| 382.3.0109 | World of Watercolor | 18+ | Th | 1/27-3/17 | 6:30PM-8:30PM | Le Baudour | 8 | \$91/\$99 |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|------|--------|-----------|-----------------|------------|------|------------|
| 420.3.0705 | Farm Art | 4-15 | Sa | 2/05-2/05 | 12:00PM-2:00PM | Bolger | 1 | \$25/\$29 |
| 420.3.0714 | Farm Art | 4-15 | Sa | 3/19-3/19 | 12:00PM-2:00PM | Bolger | 1 | \$25/\$29 |
| 420.3.0311 | Mommy/Daddy and Me Art Class at The Farm | 2-3 | Sa | 1/29-2/19 | 10:00AM-12:00PM | Wilson | 4 | \$75/\$79 |
| 420.3.0312 | Mommy/Daddy and Me Art Class at The Farm | 2-3 | Sa | 2/26-3/19 | 10:00AM-12:00PM | Wilson | 4 | \$75/\$79 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------|------|--------|-----------|----------------|------------|------|------------|
| 214.3.0101 | Art and Craft Fun | 6-9 | Th | 1/27-3/24 | 4:30PM-5:30PM | Ivers | 8 | \$80/\$88 |
| 214.3.0103 | Cartoon Drawing Basics | 7-10 | Th | 1/27-3/24 | 4:00PM-5:00PM | Nguyen | 8 | \$80/\$88 |
| 214.3.0100 | Claymania! | 7-13 | T | 1/25-3/22 | 4:30PM-5:30PM | Ivers | 8 | \$80/\$88 |
| 214.3.0102 | Jewelry Making | 7-12 | Th | 1/27-3/24 | 5:45PM-6:45PM | Ivers | 8 | \$80/\$88 |
| 214.3.0105 | Mommy/Daddy & Me Art Time | 3-5 | Sa | 1/29-3/26 | 9:30AM-10:30AM | Ivers | 8 | \$80/\$88 |



ARTS & CRAFTS

MY FIRST ART CLASS

Spend quality time with your young child creating art and having fun together! Children explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Wear your grubbies! All classes are parent-participation.

PAINTING THE RAINBOW

Grab your little munchkins and your grubbies for weeks of messy fun. Create colorful, instructive and imaginative art. Join your child in making new friends and enjoy this creative process. This is a parent participation class; registered participants only. All materials are included.

PLAYING WITH PAPER

Learn different ways to have fun with paper. Come explore and experiment with paper while learning about color and design concepts. Projects will range from collages to bookmaking to paper mache. The objective is not the number of projects we complete, but the creative ways we can use paper for art.

RECYCLED CRAFTS

Waste not, want not. Learn to use everyday materials that you have at home to create art. When children learn that they can make arts and crafts out of anything they find at home, their imaginations will run wild with limitless creativity. All materials are included.

STORYBOOK COOKING

Let your child's imagination run wild! Children will be immersed in the fun and excitement of a monthly themed story and then invited into the wonderful world of cooking. Each class will be different and based on a story that they just heard in class. All supplies will be included. Children are encouraged to bring an apron.

URBAN ART

Urban art is a style of art that relates to cities and city life, otherwise known as street art. This class will explore inner city art forms and create visual masterpieces of their own. All materials are included.

WATERCOLOR-BEGINNING/ WATERCOLOR FOR KIDS

Create your own beautiful watercolor paintings. Explore several types of water media, watercolor paint, pencils and ink and learn various tools and techniques including preparing your paper, washes, dry brush, wet-into-wet, resists and more. Students will receive a basic supply list after they have registered.

WORLD OF WATERCOLOR

Enjoy the wonderful world of painting with the flowing medium of watercolor. Students will complete 2-5 small paintings using inspirational materials provided by the instructor. All levels of experience are welcome to sign up for this exciting, engaging class. The instructor will work one-on-one with each student. Students will receive a basic supply list after they have registered.

GARDNER CENTER, 520 W. VIRGINIA ST. (408) 277-4761

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------|------|--------|-----------|-----------------|------------|------|------------|
| 232.3.0111 | Ceramics at Gardner | 18+ | F | 1/21-3/25 | 10:00AM-12:00PM | Branch | 10 | \$50/\$58 |

MAYFAIR CENTER, 2030 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------------|------|--------|-----------|----------------|------------|------|------------|
| 210.3.0100 | Arts and Crafts | 6-11 | T | 2/01-3/08 | 4:00PM-5:00PM | Staff | 6 | \$40/\$48 |
| 210.3.0101 | Arts and Crafts | 18+ | T | 2/01-3/08 | 2:00PM-3:30PM | Staff | 6 | \$45/\$53 |
| 210.3.0111 | Ceramics | 18+ | W | 1/19-3/23 | 9:30AM-11:30AM | Staff | 10 | \$69/\$77 |
| 210.3.0701 | Storybook Cooking-February Fun! | 5-9 | T | 2/01-2/22 | 5:00PM-6:00PM | Staff | 4 | \$50/\$54 |
| 210.3.0702 | Storybook Cooking-March Fun! | 5-9 | T | 3/08-3/29 | 5:00PM-6:00PM | Staff | 4 | \$50/\$54 |
| 210.3.0703 | Storybook Cooking-April Fun! | 5-9 | M-Th | 4/18-4/21 | 5:00PM-6:00PM | Staff | 4 | \$50/\$54 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------------------|------|--------|-----------|---------------|------------|------|------------|
| 234.3.0101 | Drawing for Adults - Beginning | 18+ | Th | 1/20-2/24 | 6:00PM-6:45PM | Staff | 6 | \$65/\$73 |

**SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690** ADDITIONAL CLASSES AVAILABLE, CALL FOR DETAILS

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------|------|--------|-----------|---------------|------------|------|------------|
| 231.3.0100 | Cartoon Beginning | 5-10 | Th | 1/27-3/17 | 4:30PM-5:30PM | Staff | 8 | \$80/\$88 |
| 231.3.0101 | Comic Book Art | 6-12 | Th | 1/27-3/17 | 5:45PM-6:45PM | Staff | 8 | \$80/\$88 |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------------|-------|--------|-----------|-----------------|------------|------|------------|
| 216.3.0100 | Basic Art | 8-12 | Th | 1/27-2/24 | 3:30PM-4:45PM | Staff | 5 | \$78/\$82 |
| 216.3.0101 | Cartoon Drawing Basics | 6-8 | T | 1/25-3/15 | 4:00PM-5:00PM | Staff | 8 | \$89/\$97 |
| 216.3.0102 | Cartoon Drawing Basics | 9-12 | T | 1/25-3/15 | 5:15PM-6:15PM | Staff | 8 | \$89/\$97 |
| 216.3.0105 | Creative Clay | 6-8 | Th | 1/27-3/17 | 4:00PM-5:00PM | Staff | 8 | \$98/\$106 |
| 216.3.0106 | Creative Clay | 9-12 | Th | 1/27-3/17 | 5:15PM-6:15PM | Staff | 8 | \$98/\$106 |
| 216.3.0103 | Creative Collage | 13-17 | Th | 1/27-2/24 | 5:00PM-6:15PM | Staff | 5 | \$78/\$82 |
| 216.3.0104 | Creative Collage | 18+ | Th | 1/27-2/24 | 6:30PM-7:45PM | Staff | 5 | \$78/\$82 |
| 216.3.0107 | Kids Meet the Greatest Painters | 3-5 | W | 1/19-2/16 | 1:00PM-2:00PM | Ryser | 5 | \$55/\$59 |
| 216.3.0108 | Kids Meet the Greatest Painters | 3-5 | W | 3/02-3/30 | 10:00AM-11:00AM | Ryser | 5 | \$55/\$59 |
| 216.3.0109 | Messy, Messy Paint (Parent/Child) | 2-3 | W | 1/19-2/16 | 11:30AM-12:15PM | Ryser | 5 | \$45/\$49 |
| 216.3.0110 | Painting the Rainbow | 3-5 | W | 1/19-2/16 | 10:00AM-11:00AM | Ryser | 5 | \$55/\$59 |
| 216.3.0111 | Painting the Rainbow | 3-5 | W | 3/02-3/30 | 1:00PM-2:00PM | Ryser | 5 | \$55/\$59 |
| 216.3.0112 | Painting the Rainbow (Parent/Child) | 2-3 | W | 3/02-3/30 | 11:30AM-12:15PM | Ryser | 5 | \$45/\$49 |
| 216.3.0113 | Playing with Paper | 6-8 | M | 1/24-3/07 | 5:00PM-6:00PM | Vikovic | 6 | \$70/\$78 |
| 216.3.0114 | Playing with Paper | 9-12 | M | 1/24-3/07 | 6:30PM-7:30PM | Vikovic | 6 | \$70/\$78 |
| 216.3.0115 | Recycled Crafts | 6-8 | W | 1/26-3/02 | 5:00PM-6:00PM | Vikovic | 6 | \$70/\$78 |
| 216.3.0116 | Recycled Crafts | 9-12 | W | 1/26-3/02 | 6:30PM-7:30PM | Vikovic | 6 | \$70/\$78 |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------|------|--------|-----------|---------------|------------|------|------------|
| 294.3.0102 | Cartoon Drawing Basics | 8-12 | F | 1/21-3/11 | 4:00PM-5:00PM | Tomasi | 8 | \$85/\$93 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------|------|--------|-----------|---------------|------------|------|-------------|
| 233.3.0205 | Art Adventures (Parent/Child) | 2-4 | F | 1/21-3/25 | 9:00AM-9:45AM | CLAP | 10 | \$114/\$122 |



Congratulations!
 Your Municipal Rose Garden has been named
America's Best Rose Garden

Thank You for Your Time and Your Votes!





CAMPS

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CAMP B-L-D

In camp Breakfast – Lunch – Dinner kids will take a trip around the Teaching Kitchen and learn how to make meals and snacks for each part of the day. B-L-D camp is a great opportunity for children to foster self-confidence, meet new friends and enjoy tasty meals. Cooking supplies will be provided. Children are encouraged to bring an apron each day of camp and a drink.

CAMP SAN JOSE

At Camp San Jose your child gets an unforgettable, traditional summer camp experience for under \$4 an hour! Your child will be playing crazy games, sports, creating cool arts & crafts projects, singing funny songs and embarking on a weekly, entertaining field trip. Our price includes a low leader to child ratio-10:1, field trips, one Camp San Jose shirt for the summer, skill building, new friendships, disguised learning and much more! Campers need to bring a lunch, water and sunscreen everyday. Check with your local community center for a complete list of field trips and optional payment plan! For your convenience, Camp San Jose drop off starts at 8:00am. Extended care from 3:00-6:00pm is available for an additional cost. Each Camp San Jose session runs for 2-weeks.

CENTER STAGE CAMP

Comedy and laughter are contagious in this truly entertaining program that combines drama, comedy and improv. Theatre games, costuming and props set the stage for a fun-filled time. Program culminates with a fun performance of the material covered in class. Material varies from short plays to comical sketches. Costuming and props provided!

CRAZY CHEMWORKS

This action-packed after school program is the perfect introduction to chemistry. Students will learn and apply the concepts, tools and techniques of real chemists with spectacular hands-on experiments, stunning demonstrations and exciting take-home projects, along with follow-up activities to do at home.

DANCE CAMP

Calling all dancers! This camp will be the perfect blend of all things dance: ballet, tap, jazz, gymnastics, modern dance, hip hop, cheerleading and more! Come learn with our highly trained and energetic staff at the Roosevelt Studio. All parents will be invited to attend a dance recital on the last day of camp. Participants must bring bottled water, snack, and shoes for dancing.

HOLIDAY FUN CAMP

Campers will participate in a variety of activities such as holiday cooking, arts and crafts, games and field trip activities. All materials are included. Do they need to bring snacks, water?

R.O.C.K. AFTERSCHOOL PRESIDENTS / SPRING WEEK CAMP

No school during President's / Spring Week Not a Problem! Come and join your R.O.C.K. staff for a fun filled week of exciting games, challenging sports, and creative arts projects. We will also be headed to an exciting fun filled field trip! Are you ready for an awesome week? Campers are required to provide their own lunch and water everyday. A newsletter, listing the week's activities and trip information, will be distributed the first day of camp. After camp care will feature low key art and recreation activities. We want to make this camp enjoyable for you and your child. Please let us know any accommodations or requests you may have by contacting the community center. All individuals registering for camp must have reached the minimum age requirement on or before the first day of the camp. If a session reaches capacity, your child will be placed on a waiting list. You will be notified by telephone should an opening become available.

SPY ACADEMY CAMP

Look out 007 - the Mad Science Spy Academy is here! From message decoding to metal detectors and night vision, campers will have the opportunity to check out spy equipment and even create their own edible message. Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis. Figure out the science of forensics in a hands-on look at crime scenes. Become a super spy and learn clever ways of performing tasks as we take a hands-on view of the science that spies use. The take-homes for this camp were designed by "Q" himself.

WILLOW GLEN WINTER CAMP

This Willow Glen Winter Camp is being offered during the San Jose Unified School District Winter Break, February 22 through February 25, 2011. 10:00 a.m. to 3:00 p.m. This camp will offer a unique variety of activities. The students will be making their own lunches, complete a science activity daily, an arts and craft activity and an edible craft each day. Games and sports will also be included. There will be one field trip during the week. (All supplies, including lunch is included.) After care available.

WINTER BREAK CAMP

Campers enjoy a variety of activities including arts and crafts, group games, sports and theme days. All materials are included.

ARTS CAMP

This camp will enhance and expand young minds in a variety of creative ways. Each day campers will study a different medium; pencil, paint, color pencils, chalk and water colors.

Don't Miss Out!
Register early because
a class may be cancelled
if it does not meet the
minimum enrollment.



**ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133**

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs. | Res/Non-Res |
|------------|--|------|--------|-----------|----------------|------------|-------|-------------|
| 252.3.0901 | Almaden Athletics - Dodgeball Mini Camp | 8-12 | T-F | 2/22-2/25 | 3:30PM-6:00PM | Staff | 4 | \$60/\$64 |
| 252.3.1009 | Almaden Athletics - Winter Break Basketball Camp | 8-13 | T-F | 2/22-2/25 | 9:00AM-3:00PM | Carr | 4 | \$112/\$116 |
| 252.3.1111 | Camp B-L-D President's Week | 6-10 | T-F | 2/22-2/25 | 8:30AM-12:30PM | Staff | 4 | \$185/\$189 |
| 252.3.1113 | Camp B-L-D Spring Break Week | 6-10 | M-F | 4/11-4/15 | 8:30AM-12:30PM | Staff | 5 | \$209/\$213 |
| 252.3.1003 | Camp Dance - Winter Break | 3-12 | M-F | 2/21-2/25 | 9:30AM-12:30PM | Dance Arts | 5 | \$100/\$104 |
| 252.3.1112 | Movement, Poetry, & Art Spring Camp | 7-14 | M-F | 4/11-4/15 | 8:30AM-3:30PM | Staff | 5 | \$245/\$249 |
| 252.3.1001 | R.O.C.K. Afterschool Presents Presidents Week Camp | 5-11 | T-F | 2/22-2/25 | 9:00AM-6:00PM | Staff | 4 | \$169/\$173 |
| 252.3.1002 | R.O.C.K. Afterschool Presents Spring Break Camp | 5-11 | M-F | 4/11-4/15 | 9:00AM-6:00PM | Staff | 5 | \$189/\$193 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs. | Res/Non-Res |
|------------|--------------------------------------|------|--------|-----------|---------------|------------|-------|-------------|
| 253.3.1001 | Camp San Jose @ Camden extended care | 5-11 | T-F | 2/22-2/25 | 3:00PM-6:00PM | Staff | 4 | \$25/\$25 |
| 253.3.1000 | Camp San Jose @ Camden Winter | 5-11 | T-F | 2/22-2/25 | 9:00AM-3:00PM | Staff | 4 | \$101/\$105 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------|------|--------|-----------|---------------|-------------|------|-------------|
| 214.3.1005 | Crazy Chemworks | 5-12 | T | 1/18-3/15 | 3:30PM-4:30PM | Mad Science | 8 | \$129/\$137 |
| 214.3.1004 | Spy Academy | 5-12 | T-F | 2/22-2/25 | 9:00AM-3:00PM | Mad Science | 4 | \$240/\$244 |

MILLBROOK CENTER, 3200 MILLBROOK DR. (408) 274-1343

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|----------------------------|------|--------|-----------|-----------------|------------|------|------------|
| 214.3.1001 | Art Adventures- Elementary | 5-10 | T-F | 2/22-2/25 | 10:30AM-12:30PM | CLAP | 4 | \$91/\$95 |
| 214.3.1000 | Art Adventures- Preschool | 3-5 | T-F | 2/22-2/25 | 9:30AM-10:15AM | CLAP | 4 | \$91/\$95 |
| 214.3.1002 | Center Stage | 6-12 | T-F | 2/22-2/25 | 1:30PM-3:30PM | CLAP | 4 | \$91/\$95 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------------|------|--------|-----------|---------------|------------|------|------------|
| 234.3.1012 | Extended Care for Winter Break Camp | 5-12 | M-F | 2/21-2/25 | 3:00PM-6:00PM | Staff | 5 | \$15/\$15 |
| 234.3.1011 | Winter Break Camp @ Roosevelt | 5-12 | M-F | 2/21-2/25 | 8:00AM-3:00PM | Staff | 5 | \$68/\$72 |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------------------|------|--------|-----------|---------------|------------|------|-------------|
| 231.3.1092 | Extended Care for Holiday Fun Camp | 5-12 | M/T/W | 1/03-1/05 | 3:00PM-6:00PM | Staff | 3 | \$30/\$30 |
| 231.3.1091 | Holiday Fun Camp @ Seventrees | 5-12 | M/T/W | 1/03-1/05 | 8:00AM-3:00PM | Staff | 3 | \$100/\$108 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------------------|------|--------|-----------|----------------|------------|------|-------------|
| 233.3.1010 | Willow Glen Winter Camp | 5-12 | T-F | 2/22-2/25 | 10:00AM-3:00PM | Staff | 4 | \$173/\$177 |
| 233.3.1011 | Willow Glen Winter Camp After Care | 5-12 | T-F | 2/22-2/25 | 3:00PM-6:00PM | Staff | 4 | \$40/\$40 |



DANCE

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ARGENTINE TANGO

The Argentine Tango is a social dance and a musical genre that originated in Argentina and Uruguay. Learn the fundamentals of Tango while creating a dance connection between you and your partner. Students will learn how to lead and follow basic steps and patterns. Singles and Couples are welcome. No prior experience is required. Wear smooth sole shoes (non grip).

BABY BALLET

This class encourages self-expression and fun! Children learn to respond to music, improve balance and agility, and express their feelings through the art of dance. A wide variety of music and fun props such as scarves, teddy bears, and hula hoops will keep your little one entertained. Wear comfortable clothes to move easily and bare feet or ballet shoes. This class may be offered as a parent/child program or child-only program.

BAILE FOLKLORIC

Baile Folkloric is a traditional folk dance of Mexico. Class includes warm-up, basic movements, and creative choreographies using the basic folkloric steps. The history and culture of the dance will also be taught. Each week there is a traditional dance circle giving students the opportunity to showcase what they have learned.

BALLET & TAP – I

Tippy Toe Turns, Alligator Walks, & Magic Garden Dances! This is a great class which introduces your child to ballet and tap. They will learn ballet steps, tap combinations, use props, and understand dance terminology, while dancing to fun music! All dancers will do an in class performance on the last day of the session. Tap & Ballet shoes required.

BALLET & TAP – II

If your child has taken a few sessions of our beginner Ballet & Tap class, then they would be ready to move into our level II class. Children will learn new ballet and tap steps and combinations, which build on the knowledge they have learned in our beginner class. All dancers will do an in class performance on the last day of the session. Tap shoes required.

BALLET I/II/III

Ballet I introduces your child to basic ballet steps, terminology, proper form and techniques in a fun environment. Ballet II/III students learn the basics of the bar and build upon what was learned in Ballet I with new dance moves. Kids should wear soft bottom shoes and comfortable clothes. Parents are invited to the final class performance. Leotards, ballet pink tights and ballet shoes are optional.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|------------------------------|-------|--------|-----------|-----------------|-------------|------|-------------|
| 252.3.0227 | Ballet & Tap | 3-6 | Th | 1/20-3/10 | 12:00PM-12:55PM | Dance Arts | 8 | \$80/\$88 |
| 252.3.0206 | Ballet & Tap | 3-5 | T | 1/25-3/15 | 3:30PM-4:15PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0283 | Ballet & Tap II | 4-7 | T | 1/25-3/15 | 4:20PM-5:05PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0201 | Dancing Together! | 1.5-3 | T | 1/25-3/15 | 10:55AM-11:25AM | Dance Force | 8 | \$77/\$85 |
| 252.3.0281 | Dancing Together! | 1.5-3 | F | 1/28-3/18 | 10:30AM-11:00AM | Dance Force | 8 | \$77/\$85 |
| 252.3.0229 | Hula Babies - Hawaiian Dance | 3-6 | Th | 1/20-3/10 | 2:00PM-2:55PM | Dance Arts | 8 | \$80/\$88 |
| 252.3.0208 | Kids Hip Hop Boogie | 4-7 | T | 1/25-3/15 | 5:10PM-5:55PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0223 | Parent/Tot Dance & Gym | 1.5-3 | Th | 1/20-3/10 | 10:20AM-10:55AM | Dance Arts | 8 | \$80/\$88 |
| 252.3.0284 | Pop Star Dance | 7-10 | W | 1/26-3/16 | 5:45PM-6:30PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0203 | Preschool Hip Hop Boogie | 3-5 | T | 1/25-3/15 | 12:05PM-12:50PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0280 | Princess Ballet and Tap | 3-5 | F | 1/28-3/18 | 12:00PM-12:45PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0204 | Princess Pre-Ballet | 3-5 | T | 1/25-3/15 | 12:55PM-1:40PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0207 | Princess Pre-Ballet | 3-5 | W | 1/26-3/16 | 4:55PM-5:40PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0202 | Tiny Tots Ballet | 2-3 | T | 1/25-3/15 | 11:30AM-12:00PM | Dance Force | 8 | \$77/\$85 |
| 252.3.0205 | Tiny Tots Ballet | 2-3 | W | 1/26-3/16 | 4:20PM-4:50PM | Dance Force | 8 | \$77/\$85 |
| 252.3.0218 | Tumble Time | 3-5 | W | 1/26-3/16 | 3:30PM-4:15PM | Dance Force | 8 | \$91/\$99 |
| 252.3.0217 | Tumble Together | 2-3.5 | F | 1/28-3/18 | 11:05AM-11:50AM | Dance Force | 8 | \$77/\$85 |



DANCE

BALLET/TAP I/II/III

Kids learn the structure of ballet; learning new steps, using the bar for basic movements and terminology and then add more complex steps. Level II/III increases in complexity for both ballet and tap. Ballet and tap shoes are optional. Parents are invited to a final class performance. This is an inclusion class and welcomes students of all abilities.

BALLET/TAP

Students will begin to learn the structure of traditional ballet classes. Students will have fun learning new steps, how to use the bar for basic movements, and ballet terminology. Parents are allowed to stay for the first 10 minutes on the first day of class and are encouraged to attend the last class for a great recital.

BREAKDANCING- LEVEL 1 & 2

This is a high energy dance class that promotes teamwork, improves coordination, stamina and overall fitness levels. Parents may stay for the first class and attend the final class performance.

BOLLYWOOD FOR KIDS

The long awaited Bollywood dance class for kids has arrived. Learn upbeat and creative dance steps to the most popular Bollywood film songs, folk songs and catchy beats. Parents are invited to a final class performance. Wear comfortable work-out clothing and shoes; bring a water bottle and towel.

DANCING BABIES

Rock out with a parent or grandparent in this music, movement and dance class. Parent (or other adult) participation in class is required. Parents are allowed to stay for the first 10 minutes on the first day of class and are encouraged to attend the last class for a great recital.

DANCING TOGETHER

Children learn the beginning elements of dance in a fun and creative learning environment. The instructor guides your child through listening, moving activities and dances using scarves, teddy bears and other props. Parent or Guardian participation is required.

FOLKLORIC DANCE

Explore the historical and cultural roots of Folkloric Dance. Each class includes a warm-up, instructions in basic movements, creative choreographies incorporating basic steps. Wear hard soled shoes.

HIP HOP

High-energy dance classes provide hours of fun while promoting teamwork and improving coordination, stamina and overall fitness. Dance steps are introduced slowly in easy to understand language. As students sharpen their moves and refine footwork, choreography is introduced. Instruction is broken down to simplify the learning process, thereby helping to instill confidence in all dancers. Program culminates with an exciting costumed presentation!

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|
| 289.3.0200 | Ballet/Tap | 3-6 | T | 1/18-2/22 | 5:00PM-5:55PM | Dance Arts | 6 | \$60/\$68 |
| 289.3.0201 | Ballet/Tap | 7-10 | T | 1/18-2/22 | 6:00PM-6:55PM | Dance Arts | 6 | \$60/\$68 |
| 289.3.0202 | Ballet/Tap | 3-6 | T | 3/08-4/12 | 5:00PM-5:55PM | Dance Arts | 6 | \$60/\$68 |
| 289.3.0203 | Ballet/Tap | 7-10 | T | 3/08-4/12 | 6:00PM-6:55PM | Dance Arts | 6 | \$60/\$68 |

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------|--------|--------|-----------|-----------------|-------------|------|-------------|
| 212.3.0231 | Baby Ballet | 2-3 | Th | 1/20-3/24 | 11:45AM-12:30PM | CLAP | 10 | \$100/\$108 |
| 212.3.0232 | Ballet & Tap | 3-5 | Th | 1/20-3/24 | 12:35PM-1:20PM | CLAP | 10 | \$100/\$108 |
| 212.3.0207 | Breakdancing- Level 1 & 2 | 7-13 | Th | 1/27-3/10 | 6:00PM-7:00PM | Staff | 7 | \$71/\$79 |
| 212.3.0233 | Hip-Hop | 5-7 | Th | 1/20-3/24 | 5:15PM-6:15PM | CLAP | 10 | \$100/\$108 |
| 212.3.0234 | Hip-Hop | 8-14 | Th | 1/20-3/24 | 6:20PM-7:20PM | CLAP | 10 | \$100/\$108 |
| 212.3.0211 | Kids Hip Hop Boogie | 4-7 | Sa | 1/22-3/19 | 11:15AM-12:00PM | Dance Force | 9 | \$103/\$111 |
| 212.3.0213 | Pop Star Dance | 7-10.5 | F | 1/28-3/18 | 5:00PM-5:45PM | Dance Force | 8 | \$91/\$99 |
| 212.3.0235 | Pre-Ballet | 3-5 | F | 1/21-3/25 | 10:30AM-11:15AM | CLAP | 10 | \$100/\$108 |
| 212.3.0210 | Princess Pre-Ballet | 3-5 | Sa | 1/22-3/19 | 10:30AM-11:15AM | Dance Force | 9 | \$103/\$111 |
| 212.3.0202 | Princess Pre-Ballet | 3-5 | F | 1/28-3/18 | 4:15PM-5:00PM | Dance Force | 8 | \$91/\$99 |
| 212.3.0236 | Rhythm & Roll | 2-4 | F | 1/21-3/25 | 11:15AM-12:00PM | CLAP | 10 | \$100/\$108 |
| 212.3.0209 | Tiny Tots Ballet | 2-3 | Sa | 1/22-3/19 | 10:00AM-10:30AM | Dance Force | 9 | \$87/\$95 |



DANCE

HIP-HOP/JAZZ DANCE

Learn both Hip-hop and Jazz dance moves in this high energy class. Parents are allowed to stay for the first 10 minutes on the first day of class and are encourage to attend the last class for a great recital.

HULA BABIES - HAWAIIAN DANCE

Learn to dance authentic Hawaiian dances! Hawaiian dance steps, terms and routines will all be covered. Learn to dance like a Hawaiian native and have a fantastic time! Parents may attend our luau on the final class!

JAZZ

Learn great dance moves, routines and boogie to the most popular songs while increasing fitness levels. Warm ups and cool down exercises are included. This co-ed dance class is best with a lot of people, so encourage your friends and family to join with you.

KIDS HIP HOP BOOGIE

Bounce, Jump & Spin! Your child will learn basic hip hop dance moves to fun kid's music while building confidence, coordination, and rhythm. Movement games, using their imagination, and being creative are all a part of this great class. Kids will perform on the last day of class.

LITTLE DANCE DIVAS

A fun beginning dance class where students will learn Ballet warm-ups, Jazz/ Hip Hop dance and Tap steps! Parents are allowed to stay for the first 10 minutes on the first day of class and are encourage to attend the last class for a great recital.

PARENT / TOT DANCE & GYM

Parent and child will enjoy singing, dancing, and exercising in this class. Children will build confidence and discipline, as well as improved coordination and strength. This is a parent and child class.

POP STAR DANCE

Come be a Star! Dancers will learn current pop, hip hop, and jazz style moves to fun music. Instructors will also help students make up their own choreography to incorporate in their dance. Dancers perform in class on the last day of the session.

POPPING/HIP HOP

This course will be designed to offer the student basic experience in the styles of popping, waving, and hip hop. Class sessions will consist of stretching, warm-up dance exercises, instruction and drills to improve dance technique, cipher sessions (showcasing dance moves), dance battling techniques, learning to dance with musicality, and combinations.

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------|-------|--------|-----------|----------------|-------------|------|------------|
| 212.3.0212 | Tumble Time | 2-3.5 | F | 1/28-3/18 | 3:45PM-4:15PM | Dance Force | 8 | \$77/\$85 |
| 212.3.0219 | Tumble Together | 1.5-3 | Sa | 1/22-3/19 | 9:30AM-10:00AM | Dance Force | 8 | \$77/\$85 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------------|-------|--------|-----------|-----------------|-------------|------|-------------|
| 382.3.0203 | Ballet & Tap | 4-6 | Sa | 1/22-3/19 | 9:35AM-10:20AM | Dance Force | 8 | \$91/\$99 |
| 382.3.0201 | Ballet & Tap | 3-5 | T | 1/25-3/15 | 4:35PM-5:20PM | Dance Force | 8 | \$91/\$99 |
| 382.3.0205 | Ballet & Tap II | 4-7 | T | 1/25-3/15 | 3:45PM-4:30PM | Dance Force | 8 | \$91/\$99 |
| 382.3.0244 | Ballet I | 8-15 | Th | 1/27-3/17 | 6:30PM-7:30PM | L. Cook | 8 | \$82/\$90 |
| 382.3.0234 | Hip Hop | 5-7 | W | 1/19-3/23 | 5:15PM-6:15PM | CLAP | 10 | \$100/\$108 |
| 382.3.0235 | Hip Hop | 8-14 | W | 1/19-3/23 | 6:20PM-7:20PM | CLAP | 10 | \$100/\$108 |
| 382.3.0232 | Kids Hip Hop Boogie | 4-7 | Sa | 1/22-3/19 | 12:25PM-1:10PM | Dance Force | 8 | \$91/\$99 |
| 382.3.0242 | Parent/Tot Dance & Gym | 1.5-3 | W | 1/26-3/16 | 11:00AM-11:55AM | Dance Arts | 8 | \$60/\$68 |
| 382.3.0221 | Pop Star Dance | 6-9 | M | 1/24-3/21 | 4:30PM-5:15PM | Dance Force | 8 | \$91/\$99 |
| 382.3.0229 | Preschool Hip Hop Boogie | 3-6 | Th | 1/27-3/17 | 10:55AM-11:40AM | Dance Force | 8 | \$91/\$99 |
| 382.3.0217 | Princess Pre-Ballet | 3-5 | Sa | 1/22-3/19 | 11:00AM-11:45AM | Dance Force | 8 | \$91/\$99 |
| 382.3.0213 | Princess Pre-Ballet | 3-5 | M | 1/24-3/21 | 5:15PM-6:00PM | Dance Force | 8 | \$91/\$99 |
| 382.3.0215 | Princess Pre-Ballet | 3-5 | Th | 1/27-3/17 | 10:05AM-10:50AM | Dance Force | 8 | \$91/\$99 |



DANCE

PRE-BALLET

In this intro to ballet, children learn basic ballet positions, steps and routines. They dance to a variety of ballet music, use props and have a lot of fun. Children should wear ballet attire and ballet shoes.

PRE SCHOOL HIP HOP BOOGIE

Bounce, Jump & Spin! Your child will learn basic hip hop dance moves to fun kid's music while building confidence, coordination, and rhythm. Movement games, using their imagination, and being creative are all a part of this great class. Kids will perform on the last day of class.

PRINCESS PRE-BALLET

Calling all Princesses! In this magical princess themed class, they will learn ballet, creative dance, individual steps, across the floor movement and dance combinations. While dancing to their favorite princess music they will use fun props like scarves, magic wands & more. All dancers will perform in class on the last day of the session.

PRINCESS BALLET AND TAP

Tippy toe turns, alligator walks, magic garden dances and princess plies. Your little princess will love dancing in this combo ballet and tap class! We use several fun props like magic wands, teddy bears, scarves and flowers. All dancers will perform in class on the last day of the session. Tap and ballet shoes are required.

RHYTHM AND ROLL

This class safely introduces basic gymnastics balancing, rolls, springs and landings, rotations with a dance foundation. Children improve motor skills, coordination, balance and flexibility in a playful atmosphere. Props are also incorporated. Beginning dance moves help develop rhythm, spatial awareness and self-confidence. Parents may stay for the first 10 minutes of the first class.

TINY TOTS BALLET

Magic Wands, Teddy Bears and Tutus! Your child will love this action packed fun class. They will be introduced to ballet, creative movement, learn ballet steps, use props, sing songs, and begin to understand dance terminology. Parents may wait outside of the classroom.

TUMBLE TIME

It's Tumble Time! Children will learn basic tumbling like, somersaults, cartwheels, jumps, bear walks, leap frogs, and bridges. We will do fun movement games and dances to help promote balance, rhythm, and body control. We will practice taking turns, performing in front of each other, working with partners, sing songs, and dance with props!

TUMBLING TOGETHER!

Its time to tumble & play! This is a parent participation class where you will help your child learn basic tumbling, such as: somersaults, crab walks, log rolls, bear walks, leap frogs, and bridges. We will do fun movement games and dances to help promote balance, rhythm, and body control. We will sing songs, play with the parachute, blow bubbles, do the limbo, dance with props, and more!

City Holidays

The following dates are City Holidays. Most Facilities will be closed and no programs held on the following dates:

Jan 17: Martin Luther King Day

Feb 21: Presidents Day

March 31: Cesar Chavez Day

For information on holidays closures for a specific program or facility, please call your local PRNS facility.

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|---------|--------|-----------|-----------------|-------------|------|------------|
| 382.3.0209 | Tiny Tots Ballet | 2-3.5 | Sa | 1/22-3/19 | 10:25AM-10:55AM | Dance Force | 8 | \$77/\$85 |
| 382.3.0219 | Tiny Tots Ballet | 2.5-3.5 | Sa | 1/22-3/19 | 11:50AM-12:20PM | Dance Force | 8 | \$77/\$85 |
| 382.3.0211 | Tiny Tots Ballet | 2-3.5 | T | 1/25-3/15 | 5:25PM-5:55PM | Dance Force | 8 | \$77/\$85 |
| 382.3.0207 | Tiny Tots Ballet | 2-3.5 | Th | 1/27-3/17 | 9:30AM-10:00AM | Dance Force | 8 | \$77/\$85 |
| 382.3.0227 | Tumble Together (Parent Participation) | 1.5-3 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Dance Force | 8 | \$77/\$85 |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------|------|--------|-----------|---------------|------------|------|------------|
| 420.3.0610 | Ballet & Tap | 2-12 | F | 1/21-2/25 | 4:15PM-5:15PM | Ha | 6 | \$71/\$79 |
| 420.3.0611 | Ballet & Tap | 2-12 | F | 3/04-4/08 | 4:15PM-5:15PM | Ha | 6 | \$71/\$79 |
| 420.3.0617 | Ballet & Tap | 2-12 | F | 4/15-5/20 | 4:15PM-5:15PM | Ha | 6 | \$71/\$79 |


EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------------|-------|--------|-----------|-----------------|-------------|------|------------|
| 214.3.0213 | Ballet & Tap | 3-5 | Sa | 1/22-3/19 | 11:50AM-12:35PM | Dance Force | 8 | \$91/\$99 |
| 214.3.0203 | Ballet/Tap Level 1 | 3-5 | M | 1/24-3/21 | 4:10PM-5:00PM | Serpa | 8 | \$80/\$88 |
| 214.3.0204 | Ballet/Tap Level 1 | 7-9 | M | 1/24-3/21 | 5:05PM-5:55PM | Serpa | 8 | \$80/\$88 |
| 214.3.0205 | Ballet/Tap Level 2 & 3 | 7-10 | W | 1/19-3/16 | 6:00PM-6:50PM | Serpa | 8 | \$80/\$88 |
| 214.3.0214 | Bollywood for Kids | 6-12 | Sa | 1/22-3/19 | 10:30AM-11:30AM | Jain | 8 | \$85/\$93 |
| 214.3.0209 | Dancing Together! | 1.5-3 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Dance Force | 8 | \$77/\$85 |
| 214.3.0200 | Dancing Together! | 1.5-3 | M | 1/24-3/21 | 9:30AM-10:00AM | Dance Force | 8 | \$77/\$85 |
| 214.3.0206 | Hip Hop- Beginning | 7-10 | F | 1/21-3/18 | 3:30PM-4:25PM | Nguyen | 8 | \$80/\$88 |
| 214.3.0207 | Hip Hop- Beginning | 11-15 | F | 1/21-3/18 | 4:30PM-5:25PM | Nguyen | 8 | \$80/\$88 |
| 214.3.0208 | Hip Hop-Advanced | 7-15 | F | 1/21-3/18 | 5:30PM-6:25PM | Nguyen | 8 | \$80/\$88 |
| 214.3.0212 | Preschool Hip Hop Boogie | 4-7 | Sa | 1/22-3/19 | 11:00AM-11:45AM | Dance Force | 8 | \$91/\$99 |
| 214.3.0202 | Preschool Hip Hop Boogie | 3-6 | M | 1/24-3/21 | 11:00AM-11:45AM | Dance Force | 8 | \$91/\$99 |
| 214.3.0211 | Princess Pre-Ballet | 3-5 | Sa | 1/22-3/19 | 10:10AM-10:55AM | Dance Force | 8 | \$91/\$99 |
| 214.3.0201 | Princess Pre-Ballet | 3-5 | M | 1/24-3/21 | 10:05AM-10:50AM | Dance Force | 8 | \$91/\$99 |
| 214.3.0210 | Tiny Tots Ballet | 2-3 | Sa | 1/22-3/19 | 9:35AM-10:05AM | Dance Force | 8 | \$77/\$85 |

GARDNER CENTER, 520 W. VIRGINIA ST. (408) 277-4761

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------|------|--------|-----------|---------------|------------|------|------------|
| 232.3.0205 | Baile Folklorico | 5-13 | T/Th | 1/18-3/10 | 4:00PM-6:00PM | Staff | 16 | \$35/\$43 |

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------|------|--------|-----------|---------------|------------|------|------------|
| 210.3.0200 | Ballet & Tap | 3-6 | W | 1/19-3/09 | 5:00PM-5:55PM | Dance Arts | 8 | \$80/\$88 |
| 210.3.0201 | Ballet & Tap | 6-12 | W | 1/19-3/09 | 6:00PM-6:55PM | Dance Arts | 8 | \$80/\$88 |
| 210.3.0204 | Folkloric Dance | 4-6 | T | 1/18-2/22 | 3:30PM-5:00PM | Staff | 6 | \$60/\$68 |
| 210.3.0205 | Folkloric Dance | 7-14 | T | 1/18-2/22 | 5:00PM-6:30PM | Staff | 6 | \$60/\$68 |
| 210.3.0206 | Folkloric Dance | 4-6 | T | 3/01-4/05 | 3:30PM-5:00PM | Staff | 6 | \$60/\$68 |
| 210.3.0207 | Folkloric Dance | 7-14 | T | 3/01-4/05 | 5:00PM-6:30PM | Staff | 6 | \$60/\$68 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------|------|--------|-----------|-----------------|------------|------|------------|
| 234.3.0210 | Baby Ballet | 2-3 | Sa | 1/22-3/19 | 9:15AM-10:00AM | CLAP | 8 | \$80/\$88 |
| 234.3.0211 | Pre-Ballet | 4-6 | Sa | 1/22-3/19 | 10:10AM-10:55AM | CLAP | 8 | \$80/\$88 |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------|------|--------|-----------|-----------------|------------|------|------------|
| 231.3.0217 | Baile Folklorico | 5-10 | T | 2/01-3/08 | 4:00PM-5:00PM | Staff | 6 | \$57/\$65 |
| 231.3.0210 | Ballet | 5-6 | Sa | 1/22-3/19 | 9:00AM-9:45AM | Perez | 8 | \$70/\$78 |
| 231.3.0211 | Ballet | 7-9 | Sa | 1/22-3/19 | 11:00AM-11:45AM | Perez | 8 | \$70/\$78 |
| 231.3.0212 | Ballet II | 5-6 | Sa | 1/22-3/19 | 10:00AM-10:45AM | Perez | 8 | \$70/\$78 |
| 231.3.0213 | Ballet II | 7-9 | Sa | 1/22-3/19 | 12:00PM-12:45PM | Perez | 8 | \$70/\$78 |
| 231.3.0214 | Jazz I | 6-8 | Sa | 1/22-3/19 | 1:00PM-1:45PM | Perez | 8 | \$70/\$78 |

**SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336 *CLASS HELD AT EDENVALE COMMUNITY CENTER**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------|-------|--------|-----------|-----------------|------------|------|------------|
| 216.3.0200 | Ballet | 6-9 | T | 1/25-3/15 | 5:30PM-6:30PM | Perez | 8 | \$80/\$88 |
| 282.3.0893 | Ballet & Tap* | 3-6 | T | 1/18-2/22 | 10:00AM-10:55AM | Dance Arts | 6 | \$60/\$68 |
| 216.3.0201 | Ballet II | 6-9 | Th | 1/27-3/17 | 5:30PM-6:30PM | Perez | 8 | \$80/\$88 |
| 216.3.0204 | Hip Hop | 6-9 | Sa | 1/29-3/26 | 8:30AM-9:30AM | Chin | 8 | \$80/\$88 |
| 216.3.0205 | Hip Hop | 10-12 | Sa | 1/29-3/26 | 9:45AM-10:45AM | Chin | 8 | \$80/\$88 |
| 216.3.0206 | Hip Hop II | 7-12 | Sa | 1/29-3/26 | 11:00AM-12:00PM | Chin | 8 | \$80/\$88 |
| 216.3.0207 | Jazz | 6-9 | T | 1/25-3/15 | 6:45PM-7:45PM | Perez | 8 | \$80/\$88 |
| 216.3.0208 | Jazz II | 6-9 | Th | 1/27-3/17 | 6:45PM-7:45PM | Perez | 8 | \$80/\$88 |
| 216.3.0209 | Little Dance Divas | 3-6 | M | 1/24-3/21 | 4:30PM-5:25PM | Dance Arts | 8 | \$80/\$88 |
| 216.3.0210 | Popping/Hip Hop | 13-17 | Sa | 1/29-3/26 | 1:45PM-2:45PM | Chin | 8 | \$80/\$88 |
| 216.3.0211 | Popping/Hip Hop | 18+ | Sa | 1/29-3/26 | 3:00PM-4:00PM | Chin | 8 | \$80/\$88 |
| 216.3.0212 | Popping/Hip Hop 2 | 13+ | Sa | 1/29-3/26 | 12:30PM-1:30PM | Chin | 8 | \$80/\$88 |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------|-------|--------|-----------|-----------------|------------|------|------------|
| 294.3.0200 | Baby Ballet | 2-3.5 | Sa | 1/22-3/19 | 9:00AM-9:45AM | CLAP | 8 | \$80/\$88 |
| 294.3.0201 | Ballet & Tap | 3.5-5 | Sa | 1/22-3/19 | 9:50AM-10:35AM | CLAP | 8 | \$80/\$88 |
| 294.3.0202 | Hip Hop | 6-10 | Sa | 1/22-3/19 | 10:40AM-11:40AM | CLAP | 8 | \$80/\$88 |
| 294.3.0212 | Rhythm & Roll | 2-4 | Sa | 1/22-3/19 | 11:45AM-12:30PM | CLAP | 8 | \$80/\$88 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|----------------------|------|--------|-----------|-----------------|------------|------|------------|
| 233.3.0202 | Baby Ballet | 2-3 | Sa | 1/22-3/19 | 9:15AM-10:00AM | CLAP | 8 | \$80/\$88 |
| 233.3.0200 | Ballet & Tap | 3-6 | W | 1/19-3/09 | 3:30PM-4:25PM | Dance Arts | 8 | \$80/\$88 |
| 233.3.0204 | Hip Hop | 6-12 | Sa | 1/22-3/19 | 11:00AM-12:00PM | CLAP | 8 | \$80/\$88 |
| 233.3.0201 | Hip-Hop / Jazz Dance | 6-12 | W | 1/19-3/09 | 4:30PM-5:25PM | Dance Arts | 8 | \$80/\$88 |
| 233.3.0203 | Pre-Ballet | 3-5 | Sa | 1/22-3/19 | 10:10AM-10:55AM | CLAP | 8 | \$80/\$88 |

Note to Parents!

We know you care about your child's best interest and, we ask that parents not remain in the dance class after the class has begun. Our instructors have found that the quality of instruction is often affected by parent and sibling distractions and interruptions. We feel it is most beneficial for children to have the recreational time with their peers. Thank you for your cooperation.





EARLY CHILDHOOD RECREATION

pgs. 16-20

FALL FUN

Come and enjoy this exciting season with us. This early childhood class will incorporate Kinder-Tot and Tiny-Tot programs. The emphasis on this one-week class is, fun as we explore and learn new activities including storytelling, music, arts, crafts and much more.

FUN WITH NUMBERS

Join us for an exciting and educational experience as we learn all about numbers. Children will learn through games, crafts, food projects and activities all related to numbers. Snacks will be provided.

KINDERREADY

This class prepares your child for kindergarten with age-appropriate activities, learning concepts, socialization skills and fun. Your child learns alphabet sounds, shapes and colors. The goal is to have fun, participate and learn. Children must be potty trained by the first day of class. *Requirements for parent volunteers, snacks, etc vary by center.

KINDER READY-BILINGUAL IMMERSION

This class prepares your child for kindergarten with age-appropriate activities, learning concepts, socialization skills and fun. Your child learns alphabet sounds, shapes and colors. The goal is fun, participation and learning. Children must be potty trained by the first day of class. * This Class will be taught in English/Spanish**Requirements for parent volunteer, snacks, etc. vary by center. * Must be entering kindergarten in the fall of 2010*

KINDER TOTS

This kindergarten prep class helps your child learn new concepts, socialize with peers, gain independence and have fun while they gain a basic understanding of numbers and the alphabet. Children must be potty trained by the first day of class. * Pre-requisites for parent volunteers vary according to center.

PHONICS AND PRE-READING

This new class combines songs, writing, projects and stories. Kids will review letter sounds, learn simple word blending. This class is for children who know the majority of the alphabet and can write their name. Children must be potty trained by the first day of class. Parent participation is essential and you may be asked to help at least once or twice during the session.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133 *Child must be entering kindergarten in Fall 2011

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|-----------------------------------|---------|--------|-----------|-----------------|------------|------|-------------|
| 252.3.0300 | Kinder Tots* | 4-5 | M/W/F | 1/24-3/18 | 12:30PM-2:30PM | Houston | 24 | \$362/\$370 |
| 252.3.0301 | Kinder Tots* | 4-5 | M/W/F | 1/24-3/18 | 9:15AM-11:45AM | Gardner | 24 | \$420/\$428 |
| 252.3.0302 | Kinder Tots* | 4-5 | T/Th | 1/25-3/17 | 9:30AM-11:30AM | Victorine | 16 | \$271/\$279 |
| 252.3.0310 | Sign Language Mommy & Me | 1.5-2.5 | F | 1/21-3/11 | 3:00PM-4:00PM | Parsons | 8 | \$140/\$148 |
| 252.3.0320 | Tea Time Valentine W/ Teddy Bears | 2-6 | Th | 2/10-2/10 | 12:30PM-2:00PM | Salas | 1 | \$24/\$28 |
| 252.3.0303 | Time for Twos | 2-3 | T | 1/25-3/22 | 9:00AM-10:00AM | Thomas | 8 | \$89/\$97 |
| 252.3.0304 | Time for Twos | 2-3 | T | 1/25-3/22 | 10:30AM-11:30AM | Thomas | 8 | \$89/\$97 |
| 252.3.0305 | Time for Twos | 2-3 | Th | 1/27-3/24 | 9:00AM-10:00AM | Thomas | 8 | \$89/\$97 |
| 252.3.0306 | Time for Twos | 2-3 | Th | 1/27-3/24 | 10:30AM-11:30AM | Thomas | 8 | \$110/\$118 |
| 252.3.0307 | Tiny Tots | 3-4 | M/W/F | 1/24-3/18 | 12:00PM-2:00PM | Thomas | 23 | \$368/\$376 |
| 252.3.0308 | Tiny Tots | 3-4 | M/W/F | 1/24-3/18 | 9:00AM-11:00AM | Thomas | 23 | \$368/\$376 |
| 252.3.0309 | Tiny Tots | 3-4 | T/Th | 1/25-3/17 | 12:30PM-2:30PM | Thomas | 16 | \$257/\$265 |
| 252.3.0324 | Valentine's Day Cupcakes | 7-12 | F | 2/11-2/11 | 4:00PM-6:00PM | Salas | 1 | \$39/\$43 |

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------|------|--------|-----------|----------------|------------|------|-------------|
| 289.3.0300 | Kinder Ready | 4-5 | M/W/F | 1/19-3/25 | 9:00AM-12:00PM | Zarate | 29 | \$260/\$268 |
| 289.3.0301 | Kinder Ready | 4-5 | M/W/F | 1/19-3/25 | 1:00PM-4:00PM | Staff | 29 | \$260/\$268 |
| 289.3.0305 | Kinder Tots - Saturdays | 3-5 | Sa | 1/22-4/02 | 9:00AM-12:00PM | Staff | 10 | \$112/\$120 |
| 289.3.0302 | Time for Twos | 2 | T/Th | 1/18-3/24 | 9:00AM-10:30AM | Zarate | 20 | \$122/\$130 |
| 289.3.0303 | Tiny Tots Wonderland | 3-4 | T/Th | 1/18-3/24 | 11:00AM-2:00PM | Zarate | 20 | \$178/\$186 |
| 289.3.0304 | Winter Fun | 3-5 | M-F | 3/28-4/01 | 9:00AM-12:00PM | Staff | 5 | \$78/\$82 |



EARLY CHILDHOOD RECREATION

SIGN LANGUAGE MOMMY & ME

Mommy & Me Talk to your baby. The ability for a baby to think, develops more rapidly than the ability to talk.. Until they can talk they are limited to pointing, crying, or shaking their heads. By using signing, babies can often communicate their needs months before babies otherwise can do verbally. Looking through picture books, singing songs, playing games, all of which can include signs, can teach your baby to sign in a fun, happy family environment. Come join others and learn together.

THE HATCHERY

"The Hatchery" program is a wonderful exploration of farm life for preschoolers. Activities include caring for farm animals, songs, stories, crafts, garden fun and games. These will develop socialization skills, eye-hand coordination and motor skills. A parent/guardian must assist and provide a snack for at least (2) classes during the session for each enrolled child.

TIME FOR TWOS

Join us for a fun filled time of stories, games, music, singing, and wonderfully messy activities. Your child develops pre-socialization skills and creativity. Parent must attend with registered child. * Requirements for parent volunteers vary by center.

TIME FOR TWOS & THREES / TIME FOR TWO'S AND THREE'S IN THE FARM

The main focus of this class is socialization and learning through play. Children have free choice of activities. The Farm program is a wonderful exploration of farm life for two and three year olds. The children will have the opportunity to feed the animals and learn about the farm. Some activities may be messy, so wear your grubbies. Only enrolled children may attend. Price includes parent and one child. NO SIBLINGS. NO EXEMPTIONS. Parent attendance is mandatory at every class.

TINY TOTS

This class introduces your child to socialization, hand-eye coordination and motor skills through arts, crafts, stories, playtime and simple learning concepts. Children must be potty trained by the first day of class. * Requirements for parent volunteers vary by center.

TINY TOTS WONDERLAND

Ease your little ones into age-appropriate activities by taking this class. The class will introduce them to socialization, hand-eye coordination and motor skills through arts, crafts, stories, playtime and simple learning concepts. The focus of this class is fun and learning. Children must be potty trained by the first day of class. * Requirements for parent volunteers, snacks, etc. vary by center.

SEE PAGE 24 FOR EARLY CHILDHOOD RECREATION REQUIREMENTS

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------------|---------|--------|-----------|----------------|------------|------|-------------|
| 212.3.0300 | KinderReady | 4-5 | M/W/F | 1/24-3/18 | 9:00AM-12:00PM | Tannitad | 24 | \$415/\$423 |
| 212.3.0302 | KinderReady | 4-5 | M/W/F | 1/24-3/18 | 9:00AM-12:00PM | Trivedi | 24 | \$415/\$423 |
| 212.3.0301 | KinderReady PM | 4-5 | M/W/F | 1/24-3/18 | 1:00PM-4:00PM | Tannitad | 24 | \$415/\$423 |
| 212.3.0308 | Time for Twos & Threes (Parent) | 1.5-3.5 | Sa | 1/29-3/26 | 9:30AM-11:30AM | Trivedi | 8 | \$126/\$134 |
| 212.3.0304 | Tiny Tots | 3-4 | T/Th | 1/25-3/17 | 9:00AM-12:00PM | Trivedi | 16 | \$308/\$316 |
| 212.3.0306 | Wee Threes & Fours | 3-4 | T/Th | 1/25-3/17 | 9:00AM-11:00AM | Tannitad | 16 | \$276/\$284 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------------------------|------|--------|-----------|-----------------|------------|------|-------------|
| 382.3.0301 | Kinder Ready | 4-5 | M/W/F | 1/24-3/25 | 9:00AM-11:30AM | Morin | 27 | \$476/\$484 |
| 382.3.0302 | Kinder Ready | 4-5 | T/Th | 1/25-3/24 | 9:00AM-12:00PM | Morin | 18 | \$376/\$384 |
| 382.3.0303 | Kinder Ready- Bilingual Immersion | 4-5 | M/W | 1/24-3/23 | 12:00PM-2:30PM | Morin | 18 | \$376/\$384 |
| 382.3.0304 | Kinder Tots | 3-5 | M/W/F | 1/24-3/25 | 9:00AM-11:30AM | Allende | 27 | \$476/\$484 |
| 382.3.0308 | Time for Twos | 2 | T | 1/25-3/15 | 11:30AM-12:30PM | Allende | 8 | \$95/\$103 |
| 382.3.0311 | Tiny Tots | 3-4 | M/W/F | 1/24-3/25 | 9:00AM-11:30AM | LaRose | 27 | \$399/\$407 |
| 382.3.0312 | Tot's Kitchen | 3-5 | W | 1/26-3/16 | 12:15PM-1:15PM | Allende | 8 | \$117/\$125 |
| 382.3.0313 | Wee Threes | 3 | T/Th | 1/25-3/24 | 9:15AM-11:15AM | Allende | 18 | \$255/\$263 |



EARLY CHILDHOOD RECREATION

TOT'S KITCHEN

Little ones have hands-on fun while cooking and creating delicious food. Tots prepare tasty masterpieces; fruity snowballs, no-bake cookies, and edible play dough. Children improve their fine motor skills, learn about food preparation, and work with numbers. This class emphasizes socialization skills and creativity. All food will be provided for class projects.

VALENTINE'S DAY CUPCAKES

Homemade cupcakes are fun, festive and a great way to celebrate Valentine's Day. Children will get prepare, bake and add their personal touch to 2-3 cupcakes in this one-day class. Children are encouraged to wear an apron and tie back their hair. All supplies are included.

WEE THREES & FOURS

This socialization program emphasizes positive self-esteem, following directions and simple learning concepts through circle time, music, songs, stories and arts and crafts. Food will be provided for cooking activities and may be provided for special events. Children must be potty trained. Parents are essential and may be required to assist the instructor at least once during the session.

TEATIME VALENTINE WITH TEDDY BEAR (MOMMY & ME)

Enjoy an elegant tea time with your little one and make teddy bear crafts. We encourage you to bring your favorite tea cup and teddy bear. Dress in your special tea attire (gloves, hat, boas, fancy dress) tea time will include finger snacks, drink, music and games. Each week you will take home a craft.

WINTER FUN

Need a mini break during the winter? SIGN UP TODAY for a winter wonderland of fun. Each day the class will be filled with exciting activities and discoveries. Amazing crafts will be created to help enhance the motor skills and hand/eye coordination. The class will have games, music and story time to help with socialization skills. It will be a fun class for everyone. The child must be potty trained by the first class meeting.



EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------------------------|------|--------|-----------|----------------|------------|------|-------------|
| 420.3.0300 | The Hatchery | 3-5 | M-F | 2/14-4/08 | 9:30AM-12:00PM | Gutierrez | 38 | \$313/\$321 |
| 420.3.0302 | The Hatchery | 3-5 | M-F | 2/14-4/08 | 12:30PM-3:00PM | Gutierrez | 38 | \$313/\$321 |
| 420.3.0304 | The Hatchery | 3-5 | M-F | 4/18-6/03 | 9:30AM-12:00PM | Gutierrez | 34 | \$313/\$321 |
| 420.3.0305 | The Hatchery | 3-5 | M-F | 4/18-6/03 | 12:30PM-3:00PM | Gutierrez | 34 | \$313/\$321 |
| 420.3.0308 | Time for Twos And Threes in The Farm | 2-4 | T/W/Th | 1/18-2/10 | 9:30AM-11:30AM | Wilson | 12 | \$149/\$157 |
| 420.3.0309 | Time for Twos And Threes in The Farm | 2-4 | T/W/Th | 2/15-3/10 | 9:30AM-11:30AM | Wilson | 12 | \$149/\$157 |
| 420.3.0310 | Time for Twos And Threes in The Farm | 2-4 | T/W/Th | 3/15-4/12 | 9:30AM-11:30AM | Wilson | 12 | \$149/\$157 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------|------|--------|-----------|----------------|------------|------|-------------|
| 214.3.0300 | Kinder Tots | 4-5 | M/W/F | 1/24-3/25 | 9:00AM-12:00PM | Gomez | 24 | \$415/\$423 |
| 214.3.0301 | Kinder Tots | 4-5 | M/W/F | 1/24-3/25 | 1:00PM-4:00PM | Gomez | 24 | \$415/\$423 |
| 214.3.0303 | Kinder Tots | 4-5 | M/W/F | 1/24-3/25 | 9:00AM-12:00PM | Jain | 24 | \$415/\$423 |
| 214.3.0302 | Kinder Tots | 4-5 | T/Th | 1/25-3/24 | 9:00AM-12:00PM | Gomez | 16 | \$344/\$352 |
| 214.3.0304 | Time for Twos & Threes | 2-3 | T/Th | 1/25-3/24 | 9:30AM-11:00AM | Jain | 16 | \$225/\$233 |
| 214.3.0305 | Time for Twos & Threes | 2-3 | T/Th | 1/25-3/24 | 11:30AM-1:00PM | Jain | 16 | \$225/\$233 |
| 214.3.0306 | Tiny Tots | 3-4 | M/W/F | 1/24-3/25 | 9:00AM-12:00PM | Qureshi | 24 | \$415/\$423 |
| 214.3.0307 | Tiny Tots | 3-4 | M/W/F | 1/24-3/25 | 1:00PM-4:00PM | Qureshi | 24 | \$415/\$423 |
| 214.3.0308 | Tiny Tots | 3-4 | T/Th | 1/25-3/24 | 9:00AM-12:00PM | Qureshi | 16 | \$344/\$352 |

**HANK LOPEZ CENTER, 1694 ADRIAN WY. (408) 251-2850**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------|------|--------|-----------|-----------------|------------|------|-------------|
| 211.3.0300 | Kinder Ready | 4-5 | M/W/F | 1/19-3/25 | 9:00AM-12:00PM | Hamilton | 29 | \$260/\$268 |
| 211.3.0301 | Kinder Ready | 4-5 | M/W/F | 1/19-3/25 | 1:00PM-4:00PM | Hamilton | 29 | \$260/\$268 |
| 211.3.0302 | Kinder Tots | 4-5 | T/Th | 1/18-3/24 | 9:00AM-12:00PM | Hamilton | 20 | \$178/\$186 |
| 211.3.0303 | Kinder Ready | 4-5 | T/Th | 1/18-3/24 | 1:00PM-4:00PM | Staff | 20 | \$178/\$186 |
| 211.3.0306 | Kinder Tots | 4-5 | T/Th | 1/18-3/24 | 1:00PM-4:00PM | Staff | 20 | \$178/\$186 |
| 211.3.0307 | Time for Twos | 2 | T/Th | 1/18-3/24 | 10:00AM-11:30AM | Staff | 20 | \$122/\$130 |
| 211.3.0304 | Tiny Tots | 3-4 | M/W/F | 1/19-3/25 | 9:00AM-12:00PM | Staff | 29 | \$260/\$268 |
| 211.3.0305 | Tiny Tots | 3-4 | M/W/F | 1/19-3/25 | 1:00PM-4:00PM | Staff | 29 | \$260/\$268 |
| 211.3.0308 | Winter Fun | 3-5 | M-F | 3/28-4/01 | 9:00AM-12:00PM | Staff | 5 | \$78/\$82 |

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------|------|--------|-----------|-----------------|------------|------|-------------|
| 210.3.0304 | Fall Fun | 3-5 | M-F | 3/28-4/15 | 9:00AM-12:00PM | Perrotta | 15 | \$138/\$146 |
| 210.3.0300 | Kinder Tots | 3-5 | M/W/F | 1/24-4/01 | 9:00AM-12:00PM | Perrotta | 30 | \$260/\$268 |
| 210.3.0301 | Kinder Tots | 3-5 | M/W/F | 1/24-4/01 | 1:00PM-4:00PM | Recendez | 30 | \$260/\$268 |
| 210.3.0305 | Kinder Tots - Saturdays | 3-5 | Sa | 1/22-4/16 | 9:00AM-12:00PM | Staff | 13 | \$112/\$120 |
| 210.3.0302 | Time for Twos | 2 | T/Th | 1/18-3/24 | 10:00AM-11:30AM | Staff | 20 | \$122/\$130 |
| 210.3.0303 | Tiny Tots | 3-4 | T/Th | 1/18-3/24 | 1:00PM-4:00PM | Staff | 20 | \$178/\$186 |

MILLBROOK CENTER, 3200 MILLBROOK DR. (408) 274-1343 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------|------|--------|-----------|----------------|------------|------|-------------|
| 214.3.0309 | Kinder Tots | 4-5 | M/W/F | 1/24-3/25 | 9:00AM-12:00PM | Sotelo | 24 | \$415/\$423 |
| 214.3.0310 | Kinder Tots | 4-5 | M/W/F | 1/24-3/25 | 12:30PM-3:30PM | Sotelo | 24 | \$415/\$423 |
| 214.3.0311 | Kinder Tots | 4-5 | T/Th | 1/25-3/24 | 9:00AM-12:00PM | Sotelo | 16 | \$344/\$352 |
| 214.3.0314 | Time for Twos & Threes | 2-3 | T/Th | 1/25-3/24 | 9:30AM-11:00AM | Chiado | 16 | \$225/\$233 |
| 214.3.0312 | Tiny Tots | 3-4 | M/W/F | 1/24-3/25 | 9:00AM-12:00PM | Chiado | 24 | \$415/\$423 |
| 214.3.0313 | Tiny Tots | 3-4 | M/W/F | 1/24-3/25 | 1:00PM-4:00PM | Chiado | 24 | \$415/\$423 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------|------|--------|-----------|----------------|------------|------|------------|
| 234.3.0331 | Fun with Numbers | 3-5 | T/Th | 1/18-1/27 | 9:00AM-12:00PM | Staff | 4 | \$59/\$63 |
| 234.3.0332 | Fun with Numbers | 3-5 | T/Th | 2/01-2/10 | 9:00AM-12:00PM | Staff | 4 | \$59/\$63 |
| 234.3.0333 | Fun with Numbers | 3-5 | T/Th | 2/15-2/24 | 9:00AM-12:00PM | Staff | 4 | \$59/\$63 |
| 234.3.0334 | Fun with Numbers | 3-5 | T/Th | 3/01-3/10 | 9:00AM-12:00PM | Staff | 4 | \$59/\$63 |
| 234.3.0335 | Fun with Numbers | 3-5 | T/Th | 3/15-3/24 | 9:00AM-12:00PM | Staff | 4 | \$59/\$63 |
| 234.3.0301 | Kinder Tots | 3-5 | M/W/F | 1/19-1/28 | 9:00AM-12:00PM | Staff | 5 | \$66/\$70 |
| 234.3.0302 | Kinder Tots | 3-5 | M/W/F | 1/31-2/11 | 9:00AM-12:00PM | Staff | 6 | \$70/\$78 |
| 234.3.0303 | Kinder Tots | 3-5 | M/W/F | 2/14-2/25 | 9:00AM-12:00PM | Staff | 6 | \$70/\$78 |
| 234.3.0304 | Kinder Tots | 3-5 | M/W/F | 2/28-3/11 | 9:00AM-12:00PM | Staff | 6 | \$70/\$78 |
| 234.3.0305 | Kinder Tots | 3-5 | M/W/F | 3/14-3/25 | 9:00AM-12:00PM | Staff | 6 | \$70/\$78 |

SEE PAGE 24 FOR EARLY CHILDHOOD RECREATION REQUIREMENTS


SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336 *LOCATED AT EDENVALE COMMUNITY CENTER

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------|------|--------|-----------|----------------|----------------------|------|-------------|
| 216.3.0312 | Fun with Numbers | 4-5 | T/Th | 1/25-3/24 | 2:00PM-5:00PM | Huynh | 18 | \$260/\$268 |
| 216.3.0307 | Kinder Tots | 3-4 | T/Th | 1/18-3/29 | 9:30AM-1:00PM | Torres/ Guessford | 21 | \$354/\$362 |
| 282.3.0322 | Kinder Tots* | 3-5 | T/Th | 1/18-3/29 | 9:00AM-12:00PM | Staff | 21 | \$300/\$308 |
| 216.3.0305 | Kinder Tots | 3-4 | M/W/F | 1/19-2/25 | 9:30AM-1:00PM | Torres/ Guessford | 16 | \$269/\$277 |
| 282.3.0320 | Kinder Tots* | 3-5 | M/W/F | 1/19-2/25 | 9:00AM-12:00PM | Staff | 16 | \$230/\$238 |
| 216.3.0306 | Kinder Tots | 3-4 | M/W/F | 2/28-4/01 | 9:30AM-1:00PM | Torres/ Guessford | 15 | \$252/\$260 |
| 282.3.0321 | Kinder Tots* | 3-5 | M/W/F | 2/28-4/01 | 9:30AM-12:00PM | Staff | 15 | \$216/\$224 |
| 216.3.0301 | KinderReady | 4-5 | T/Th | 1/18-3/29 | 9:00AM-12:30PM | Coffee/ Huynh | 21 | \$354/\$362 |
| 216.3.0304 | KinderReady | 4-5 | T/Th | 1/18-3/29 | 8:45AM-12:15PM | Cabrera/ Roth | 21 | \$354/\$362 |
| 216.3.0302 | KinderReady | 4-5 | M/W/F | 1/19-2/25 | 8:45AM-12:15PM | Cabrera/ Roth | 16 | \$269/\$277 |
| 216.3.0300 | KinderReady | 4-5 | M/W/F | 1/19-2/25 | 9:00AM-12:30PM | Coffee/ Huynh | 16 | \$269/\$277 |
| 216.3.0303 | KinderReady | 4-5 | M/W/F | 2/28-4/01 | 8:45AM-12:15PM | Cabrera/ Roth | 15 | \$252/\$260 |
| 216.3.0311 | KinderReady | 4-5 | M/W/F | 2/28-4/01 | 9:00AM-12:30PM | Coffee. Huynh | 15 | \$252/\$260 |
| 216.3.0323 | Phonics and Pre-Reading | 4-5 | M/W/F | 1/24-3/11 | 2:00PM-5:00PM | Guessford | 20 | \$289/\$297 |
| 216.3.0310 | Tiny Tots | 3-4 | T/Th | 1/18-3/29 | 9:00AM-12:30PM | Gavin/ Ortiz | 21 | \$354/\$362 |
| 216.3.0308 | Tiny Tots | 3-4 | M/W/F | 1/19-2/25 | 9:00AM-12:30PM | Gavin/ Ortiz | 16 | \$269/\$277 |
| 216.3.0309 | Tiny Tots | 3-4 | M/W/F | 2/28-4/01 | 9:00AM-12:30PM | Gavin/ Ortiz | 15 | \$252/\$260 |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580 Classes located at Calabazas Park

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------|------|--------|-----------|----------------|------------|------|-------------|
| 294.3.0300 | Kinder Tots | 4-5 | M/W/F | 1/19-3/25 | 9:00AM-12:00PM | Howser | 28 | \$390/\$398 |
| 294.3.0301 | Tiny Tots | 3-4 | T/Th | 1/18-3/24 | 9:00AM-11:30AM | Howser | 20 | \$305/\$313 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|---------|--------|-----------|----------------|------------|------|-------------|
| 233.3.0300 | KinderReady | 4-5 | M/W/F | 1/19-3/11 | 9:00AM-12:00PM | Staff | 22 | \$428/\$436 |
| 233.3.0403 | Sign Language Mommy & Me | 1.5-2.5 | T | 1/18-3/08 | 3:00PM-4:00PM | Staff | 8 | \$140/\$148 |
| 233.3.0704 | Tea Time Valentine W/ Teddy Bears (Mommy & Me) | 2-6 | Sa | 2/12-2/12 | 12:00PM-1:30PM | Staff | 1 | \$24/\$28 |
| 233.3.0301 | Tiny Tots | 3-4 | T/Th | 1/18-3/10 | 9:00AM-12:00PM | Staff | 16 | \$288/\$296 |
| 233.3.0302 | Winter Fun | 3-5 | M-F | 3/21-3/25 | 9:00AM-12:00PM | Staff | 5 | \$88/\$92 |



EDUCATION & ENRICHMENT

pgs. 21-24

AFTER SCHOOL ACHIEVEMENT

Homework is FUN! This class is designed to offer school-aged children with an opportunity to receive one-on-one assistance with reading, spelling, vocabulary and math homework. This can give your child the confidence needed to succeed and offers assistance with skills development. Students must bring homework and books needed to complete assignments.

CHESS

Introduction to chess mats, pieces and how they move, and set up and clean up. Learn to keep score using algebraic chess notation, rules and strategies to improve your game. This is a skill that few people have, and is sure to test and challenge you as you learn this game.

CHESS, ADVANCED

Chess for advance participants will learn how to identify checkmate, how to gain advantage points and solve two-three move checkmate games. Participant will need to take chess for beginners before signing up for this class. This is not a parent participation class. The class will conclude with a chess match on the last class meeting.

CHESS, HOW TO WIN

Learning how to win a chess game is a combination of techniques and skills. Participants will learn how to use tricks, gambits and traps to get a checkmate. Learning how to focus on these areas will help get the best of their opponents. Participants must take chess for beginners and advanced before taking this class to learn the fundamentals of chess. This is not a parent participation class. The class will conclude with an end of session chess match.

COMMUNICATION WITH CONFIDENCE

This is a pre-public speaking course to help your child gain more confidence in speaking in front of a crowd. As your child grows older, they will be requested of their peers. This class will provide your child with the tools they will need for these future assignments. The last class will consist of them performing an assignment in front of their peers and family. It will help boost your child's confidence and rid them of their fear of public speaking!

COMPUTER BASICS

This computer class will get you through the basics. We will show you how to turn on your computer, use your mouse to navigate the internet. Once you are comfortable with your computer, we will show you how to create basic documents using Microsoft Word and Excel to name a few.

CONVERSATIONAL SPANISH

Learn to speak Spanish for everyday use. This class is perfect for people that want to communicate with customers, family, neighbors, or for preparing for trips to Spanish speaking countries.

DEBATE SKILLS FOR MIDDLE SCHOOLERS

This class is an introduction to debate, as well as a refresher course for middle schoolers who are interested in joining their school debate team. Class participation will be emphasized and working as a group will be encouraged. Children will have a chance to improve their speech, critical thinking, and analytical skills.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|---|-------|--------|-----------|-----------------|------------------|------|-------------|
| 252.3.0402 | Debate Skills for Middle Schoolers-NEW! | 11-14 | F | 1/21-3/18 | 4:15PM-5:15PM | Staff | 9 | \$89/\$97 |
| 252.3.0401 | Math & Science Explorers | 6-10 | Th | 2/03-2/24 | 4:45PM-5:45PM | Marshak | 4 | \$85/\$89 |
| 252.3.0407 | Spanish for Adults | 18+ | Th | 1/20-2/24 | 6:15PM-7:45PM | Cifo-Gonzalez | 6 | \$89/\$97 |
| 252.3.0406 | Spanish for Kids-Level 1 | 6-12 | Th | 1/20-2/24 | 5:00PM-6:00PM | Cifo-Gonzalez | 6 | \$79/\$87 |
| 252.3.0718 | Sustainable Vegetable Gardening | 18+ | Sa | 1/22-3/05 | 10:00AM-12:00PM | Master Gardeners | 6 | \$61/\$69 |

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------|------|--------|-----------|-----------------|------------|------|------------|
| 289.3.0400 | Computer Basics | 16+ | T | 1/18-2/22 | 10:00AM-12:00PM | Staff | 6 | \$56/\$64 |
| 289.3.0401 | Computer Basics | 16+ | T | 3/01-4/05 | 10:00AM-12:00PM | Staff | 6 | \$56/\$64 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|--------------------|------|--------|-----------|---------------|---------------|------|-------------|
| 382.3.0410 | Spanish For Adults | 16+ | M | 1/24-3/14 | 6:00PM-7:00PM | Cifo-Gonzalez | 8 | \$89/\$97 |
| 382.3.0412 | Spanish For Kids | 7-15 | M | 1/24-3/14 | 4:30PM-5:30PM | Cifo-Gonzalez | 8 | \$89/\$97 |



EDUCATION & ENRICHMENT

SPANISH INTERMEDIATE

Students with knowledge of the alphabets and numbers or have taken School Age Spanish for beginners are perfect for this intermediate class. Join today to learn more! They will celebrate all that they have learned at the end of the session with a fiesta.

INTRO COMPUTER: TO MICROSOFT OFFICE

Would you like to learn to use different Microsoft Office programs? This class will guide you through programs and make your life easier. This class is perfect if you have little or no knowledge, or would just like a refresher course.

MATH MENTORING

Math tutoring will give your child the confidence needed to succeed and assist with skill development. Students must bring in their math homework, math book, their own pencil and paper to each class. Only six will be students in each class.

MATH & SCIENCE EXPLORERS

Does your child think that Math and Science are only learned in school? Join Mr. Gene in exploring all things mathematical and scientific. We will teach problem solving and exploration through experiments, games, and building.

READING REMEDIES

Reading Remedies course is designed to improve your child's vocabulary, spelling and reading comprehension. Parents will need to provide reading materials requested by the instructor. Please bring a pencil and lined paper to each class. Six students per class.

SPANISH FOR ADULTS

Do you wish you could converse in Spanish at work, home, with friends or during your travels? This class will help you understand and speak Spanish in almost any situation. Vocabulary, grammar, and useful phrases will be taught by a native Spanish speaker. No previous knowledge of Spanish is required.

ROCKETSHIP OF IMAGINATION

In this class student will experiment with various poetic forms including ekphrastic poetry, poetry in response to art, concrete poetry and even collage. Many authors will be introduced to support presented material. We will play language games and write group poetry to reinforce experimentation. Students will write in at least eight different forms including successful forms of repetition using prompts such as On the other side... and I used to be..., but now I am. Students will be encouraged to use poetic tools such as metaphor, simile and sensory details, amongst others. Students will also be encouraged to read their work out loud to develop confidence with public speaking. The opportunity for publication is built into the class because of my involvement with the annual California Poets in the Schools anthology.

SCHOOL AGE SPANISH

It's never too early to educate your kids about another culture by learning the language. Your child will learn the basics of this amazing language through fun, hands-on activities, worksheets, songs, stories, projects and games. They will celebrate all that they have learned at the end of the session with a Fiesta!

SIGN LANGUAGE BEG

Learn useful conversations and greetings in simple sentences. New vocabulary weekly includes finger spelling and use of numbers. Take part in simple conversations requiring asking and answering questions. Continue to improve and add to your vocabulary.

SIGN LANGUAGE COPING HEARING LOSS/SPEECH

This class will help you learn ways to solve problems encountered as a result of having a hearing loss. Take part in discussions with others who have had similar experiences and learn ways to improve your communication. Learn from visiting professionals, doctors and audiologists, how new technologies help improve listening skills. Learn tips and tricks to improve your lip/speech reading skills.

SPANISH FOR KIDS

Your child will learn the basics of this amazing language through fun hands on activities, worksheets, songs, stories, projects, and games. They will celebrate with an end-of-session fiesta to review what they learned.

SPANISH PARA CHIQUITOS (FOR KIDS)

Introduce your little ones to the wonderful Spanish language. The children will enjoy learning phrases, colors, numbers, days of the week through hands-on activities, worksheets, songs, stories, projects and games. The children review all they've learned at an end of class fiesta. All children must be potty trained by the first day of class. There is no parent participation.

SUSTAINABLE VEGETABLE GARDENING

Learn to have a successful, environmentally-responsible garden that provided delicious vegetables and herbs year round. You will learn exceptional gardening practices including water saving methods, composting, integrated pest management, and use of organic fertilizers and soil amendments. You will work both with seeds and seedlings; varieties that do well in our area.

WEB DESIGN

Have you ever wanted to design your own website? This class will teach you all basics in designing a webpage of your own. Learn how to express yourself and your family through the internet.

WORDS AND PLAY

In this class student will hear lots of poetry. We will write many group poems so students have the opportunity to create and participate without the complication of writing it themselves. We will also sing songs to facilitate the connection of music and poetry. Students will write their own poetic lines or stanzas if they are capable, and illustrate their work. At the end of the sessions each student will have a small book of their own poems and illustrations as well as copies of the group poems they contributed to. The opportunity for publication is built into the class because of my involvement with the annual California Poets in the Schools anthology.

**EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262**

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|------------------|------|--------|-----------|---------------|------------|------|-------------|
| 420.3.0612 | Math Mentoring | 5-13 | T/Th | 1/25-2/10 | 3:30PM-4:30PM | Berrospe | 6 | \$71/\$79 |
| 420.3.0613 | Math Mentoring | 5-13 | T/Th | 2/15-3/03 | 3:30PM-4:30PM | Berrospe | 6 | \$71/\$79 |
| 420.3.0410 | Math Mentoring | 5-13 | T/Th | 3/8-3/24 | 3:30PM-4:30PM | Berrospe | 6 | \$71/\$79 |
| 420.3.0614 | Reading Remedies | 5-13 | T/Th | 1/25-2/10 | 4:30PM-5:30PM | Berrospe | 6 | \$71/\$79 |
| 420.3.0615 | Reading Remedies | 5-13 | T/Th | 2/15-3/03 | 4:30PM-5:30PM | Berrospe | 6 | \$71/\$79 |
| 420.3.0616 | Reading Remedies | 5-13 | T/Th | 3/8-3/24 | 4:30PM-5:30PM | Berrospe | 6 | \$71/\$79 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|---------------------------|-------|--------|-----------|-----------------|------------|------|-------------|
| 214.3.0400 | After School Achievement | 7-14 | W | 1/19-3/16 | 4:00PM-5:45PM | Serpa | 8 | \$80/\$88 |
| 214.3.0403 | Chess | 10-15 | Th | 1/27-3/24 | 5:30PM-6:30PM | Nguyen | 8 | \$80/\$88 |
| 214.3.0404 | Math Mentoring | 6-14 | Sa | 1/29-3/26 | 10:00AM-12:00PM | Nguyen | 9 | \$95/\$103 |
| 214.3.0402 | Rocketship of Imagination | 7-10 | W | 1/26-3/23 | 4:45PM-5:35PM | Chiado | 8 | \$95/\$103 |
| 214.3.0401 | Words and Play | 4-6 | M | 1/24-3/21 | 4:45PM-5:35PM | Chiado | 8 | \$95/\$103 |

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|-----------------|-----|--------|-----------|-----------------|------------|------|-------------|
| 210.3.0400 | Computer Basics | 16+ | Th | 1/20-2/24 | 10:00AM-12:00PM | Staff | 6 | \$56/\$64 |
| 210.3.0401 | Computer Basics | 16+ | Th | 3/3-4/14 | 10:00AM-12:00PM | Staff | 6 | \$56/\$64 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|------------------------------------|-------|--------|-----------|-----------------|------------|------|-------------|
| 234.3.0403 | Chess I & II | 7-17 | Sa | 1/22-3/05 | 11:30AM-12:15PM | Staff | 6 | \$60/\$68 |
| 234.3.0411 | Computer Basics | 14-80 | W | 3/02-3/23 | 6:30PM-7:30PM | Staff | 4 | \$45/\$49 |
| 234.3.0410 | Computers: Intro to Microsoft Word | 16-80 | T | 1/18-2/15 | 6:30PM-7:30PM | Staff | 5 | \$45/\$49 |
| 234.3.0412 | Web Design | 16-80 | Th | 2/03-2/24 | 6:30PM-7:30PM | Staff | 4 | \$45/\$49 |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690 ADDITIONAL CLASSES AVAILABLE, CALL FOR DETAILS

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------|------|--------|-----------|---------------|------------|------|------------|
| 231.3.0405 | Chess | 7-16 | Th | 1/27-2/24 | 4:20PM-5:30PM | Staff | 5 | \$30/\$34 |
| 231.3.0404 | Chess | 7-16 | Sa | 1/22-3/26 | 9:00AM-9:50AM | Staff | 5 | \$30/\$34 |
| 231.3.0410 | Conversational Spanish | 18+ | T/Th | 1/29-3/24 | 6:00PM-7:00PM | Staff | 10 | \$92/\$100 |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------------|-------|--------|-----------|---------------|------------|------|-------------|
| 216.3.0400 | After School Achievement | 6-10 | M/W | 1/24-2/23 | 2:30PM-4:30PM | Huynh | 9 | \$105/\$113 |
| 216.3.0402 | After School Achievement | 6-10 | T/Th | 1/25-2/24 | 2:30PM-4:30PM | Huynh | 10 | \$117/\$125 |
| 216.3.0401 | After School Achievement | 6-10 | M/W | 2/28-4/06 | 2:30PM-4:30PM | Huynh | 12 | \$140/\$148 |
| 216.3.0403 | After School Achievement | 6-10 | T/Th | 3/01-4/07 | 2:30PM-4:30PM | Huynh | 12 | \$140/\$148 |
| 216.3.0405 | Chess, Advanced | 7-9 | W | 1/26-3/16 | 5:45PM-6:45PM | Reynolds | 8 | \$80/\$88 |
| 216.3.0404 | Chess, Advanced | 10-13 | W | 1/26-3/16 | 4:30PM-5:30PM | Reynolds | 8 | \$80/\$88 |


SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------|-------|--------|-----------|---------------|------------|------|-------------|
| 216.3.0406 | Chess, Beginners | 7-9 | M | 1/24-3/21 | 4:00PM-5:00PM | Reynolds | 8 | \$80/\$88 |
| 216.3.0407 | Chess, Beginners | 10-13 | M | 1/24-3/21 | 5:30PM-6:30PM | Reynolds | 9 | \$80/\$88 |
| 216.3.0408 | Chess, How To Win | 9-13 | T | 1/25-3/15 | 6:00PM-7:00PM | Reynolds | 8 | \$80/\$88 |
| 216.3.0409 | Communication with Confidence | 5-8 | W | 1/26-3/16 | 3:30PM-4:30PM | Worden | 8 | \$80/\$88 |
| 216.3.0410 | Spanish, Intermediate | 5-10 | W | 1/26-3/30 | 4:00PM-5:00PM | Torres | 10 | \$116/\$124 |
| 216.3.0412 | Math Mentoring | 5-8 | T | 1/25-2/22 | 4:00PM-6:00PM | Lindermann | 5 | \$59/\$63 |
| 216.3.0414 | Math Mentoring | 9-12 | W | 1/26-2/23 | 4:00PM-6:00PM | Lindermann | 5 | \$59/\$63 |
| 216.3.0413 | Math Mentoring | 5-8 | T | 3/01-3/29 | 4:00PM-6:00PM | Lindermann | 5 | \$59/\$63 |
| 216.3.0415 | Math Mentoring | 9-12 | W | 3/02-3/30 | 4:00PM-6:00PM | Lindermann | 5 | \$59/\$63 |
| 216.3.0416 | School Age Spanish | 6-10 | W | 1/26-3/30 | 5:15PM-6:15PM | Torres | 10 | \$116/\$124 |
| 216.3.0418 | Spanish Para Chiquitos | 3-5 | T/Th | 1/25-2/24 | 4:00PM-5:00PM | Torres | 10 | \$116/\$124 |
| 216.3.0420 | Spanish Para Chiquitos | 3-5 | T/Th | 3/01-4/05 | 4:00PM-5:00PM | Torres | 11 | \$116/\$124 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|------|--------|-----------|-----------------|------------|------|------------|
| 233.3.0401 | School Age Spanish | 6-10 | W | 1/19-3/09 | 3:05PM-4:05PM | Morin | 8 | \$94/\$102 |
| 233.3.0405 | Sign Language Coping Hearing Loss/Speech | 18+ | T | 1/18-3/08 | 1:00PM-3:00PM | Staff | 8 | \$70/\$78 |
| 233.3.0404 | Sign Language Beg | 18+ | T | 1/18-3/08 | 10:00AM-12:00PM | Staff | 8 | \$70/\$78 |
| 233.3.0402 | Spanish for Adults | 18+ | W | 1/19-3/09 | 6:00PM-7:00PM | Morin | 8 | \$94/\$102 |
| 233.3.0400 | Spanish Para Chiquitos | 3-5 | W | 1/19-3/09 | 2:00PM-3:00PM | Morin | 8 | \$94/\$102 |

EARLY CHILDHOOD RECREATION REQUIREMENTS

Thinking of registering your child for an Early Childhood Recreation (ECR) class?
Please note:

- Each child must meet the age requirement on the first day of classes; we may request official documents for confirmation
- Each child must be toilet-trained
- Each child may enroll in only one ECR class per season
- Non-registered children are not allowed in the class at any time
- There are no exceptions to these requirements

The City of San Jose Parks, Recreation and Neighborhood Services is not a licensed childcare, we provide recreational programs only.



HEALTH & FITNESS

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AB BLAST

The Pooch, the gut, the flab, the pot belly.... It doesn't matter what it's called; we'll help you banish it forever. This class will focus on a unique combination of cardio, plyometrics, and ab sculpting exercises to help you whittle your middle. Your abs will thank you.

AEROBICS

Work at your own pace to a high-energy format. You will get your overall workout with emphasis on toning muscle, gaining strength, increasing flexibility, while improving cardio. Please bring a floor mat or towel. No children permitted.

BELLY BUSTER

The Pooch, the gut, the flab, the pot belly. It doesn't matter what it's called; we'll help you banish it forever. This class will focus on a unique combination ab sculpting exercises to help you whittle your middle. Your abs will thank you.

BELLY DANCE, SHARQUI, SESSION 1, 2, 3

The SharQui? Belly Dance technique is an anatomical approach to belly dance that works the entire body so that you can work out safer and smarter. Not only will you learn the building blocks of bellydance and have a better understanding of how the body works, but you will gain core strength, speed, isolation and stamina.

BOOTCAMP

This 60-minute outdoor weight-training and aerobic class is designed to achieve your fitness goals using weights, muscle toning, cardio intervals and weight-loss training. This is a progressive exercise class. Please bring your own exercise mat.

BOOTY BEATS, SESSION 1, 2, 3

Booty Beat is the ultimate sexy, fun, cardio dance party! We take our moves straight from the hottest videos and coolest dance floors and incorporate them into a fat burning, super-fun, easy to follow routine to provide the perfect combination of cardio and strength training. You will feel like you are a part of a music video rather than in a cardio crazy, core chiseling, booty toning, and arm sculpting workout class.

CARDIO CIRCUIT

This is a circuit training class with a kick! Utilizing a combination of weight training and cardiovascular stations you are able to get toning and an aerobic workout all in one class. Exercises for the core and a stretch end the class.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|---|-----|--------|-----------|-----------------|------------|------|-------------|
| 252.3.0246 | Ab Blast: Mondays, Session 1 | 14+ | M | 1/24-2/14 | 10:15AM-10:30AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0247 | Ab Blast: Mondays, Session 2 | 14+ | Su/M | 2/28-3/21 | 10:15AM-10:30AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0293 | Ab Blast: Saturdays, Session 1 | 14+ | Sa | 1/08-2/12 | 10:00AM-10:15AM | Burns | 5 | \$49/\$53 |
| 252.3.0294 | Ab Blast: Saturdays, Session 2 | 14+ | Sa | 3/05-4/02 | 10:00AM-10:15AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0244 | Bootcamp, Winery - Mondays, Session 1 | 14+ | M | 1/24-2/28 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0245 | Bootcamp, Winery - Mondays, Session 2 | 14+ | M | 2/28-3/28 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0262 | Bootcamp, Winery - Wednesdays, Session 1 | 14+ | W | 1/19-2/16 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0263 | Bootcamp, Winery - Wednesdays, Session 2 | 14+ | W | 3/02-3/30 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0272 | Cardio Circuit Training, Thursdays, Session 1 | 14+ | Th | 1/20-2/10 | 9:00AM-10:00AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0273 | Cardio Circuit Training, Thursdays, Session 2 | 14+ | Th | 2/24-3/31 | 9:00AM-10:00AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0234 | Group Exercise Membership - JANUARY, ACC | 14+ | M-Sa | 1/03-1/31 | 6:00AM-7:00AM | Staff | 26 | \$39/\$43 |
| 252.3.0235 | Group Exercise Membership - FEBRUARY, ACC | 14+ | M-Sa | 2/01-2/28 | 6:00AM-7:00AM | Staff | 23 | \$49/\$53 |



HEALTH & FITNESS

CARDIO KICKBOXING

Cardio Kickboxing is the ultimate overall workout. It tones muscles, strengthens cardio and promotes weight loss. Get fit and learn self-defense techniques. If you enjoy Tae Bo, you will love this class. You will need cloth fist pads which can be purchased from sporting goods stores or through the instructor.

CARDIO SCULPT

This is a non-competitive co-ed combination of aerobics and muscle toning activities that will increase fitness levels for men and women. Work at your own pace.

CIRCUIT TRAINING

This one hour circuit routine is done using high repetitions and involves all of the major muscle groups. Learn proper technique for utilizing fixed weights and other exercise equipment. Instructors will develop a curriculum designed to your individual workout.

GROUP EXERCISE MEMBERSHIP

With this membership you get full access to all of the group exercise classes listed on the Group X schedule at Roosevelt Community Center, as well as access to their state-of-the-art fitness room, lockers, and showers. Classes include Circuit Training, Boot Camp, Power Pilates, Yoga, and more! Schedule subject to change; see the front desk for most up-to-date schedule

INTERVAL TRAINING

This 60-minute outdoor weight-training and aerobic class is designed to achieve your fitness goals with full body weight, muscle toning, cardio intervals, and weight-loss training. Progressive exercises to keep you motivated. Please bring your own mat.

MOVIN' MIND & MUSCLE

A fun yet complete physical workout for all levels! The exercises change weekly so your body improves quickly, and there is no chance of a plateau! You will get fun and lively cardio segments, and intense body and abdominal exercises to work every inch of your body. This is a great class for people serious about improving their fitness & health! Please bring your own Pilates Mat & Water.

PERSONAL TRAINING

Want serious fitness results? Our personal trainers know the best ways to get them. Our professionally certified trainers will create a customized workout for you. All sessions are by appointment only. You will also receive 1 on 1 advanced fitness coaching.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|---|-----|--------|-----------|-----------------|------------|------|-------------|
| 252.3.0236 | Group Exercise Membership - MARCH, ACC | 14+ | M-Sa | 3/01-3/31 | 6:00AM-7:00AM | Staff | 26 | \$49/\$53 |
| 252.3.0258 | Interval Training, Thursday, Session 1 | 14+ | Th | 1/13-2/10 | 6:00AM-7:00AM | Burns | 5 | \$49/\$53 |
| 252.3.0259 | Interval Training, Thursday, Session 2 | 14+ | Th | 3/03-3/31 | 6:00AM-7:00AM | Burns | 5 | \$49/\$53 |
| 252.3.0256 | Interval Training, Tuesday, Session 1 | 14+ | T | 1/11-2/08 | 6:00AM-7:00AM | Burns | 5 | \$49/\$53 |
| 252.3.0257 | Interval Training, Tuesday, Session 2 | 14+ | T | 2/22-3/22 | 6:00AM-7:00AM | Burns | 5 | \$49/\$53 |
| 252.3.0252 | Physical Blast, Tuesdays, Session 1 | 14+ | T | 1/18-2/15 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0253 | Physical Blast, Tuesdays: Session 2 | 14+ | T | 3/01-3/29 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0264 | Pilates, Mat, Session 1 | 14+ | W | 1/12-2/09 | 9:30AM-10:30AM | Taylor | 5 | \$49/\$53 |
| 252.3.0265 | Pilates, Mat, Session 2 | 14+ | W | 3/02-3/30 | 9:30AM-10:30AM | Taylor | 5 | \$49/\$53 |
| 252.3.0239 | Pilates, Restorative: Fridays, Session 1 | 14+ | F | 1/07-2/04 | 10:00AM-11:00AM | Taylor | 5 | \$50/\$54 |
| 252.3.0237 | Pilates, Restorative: Fridays, Session 2 | 14+ | F | 2/18-3/18 | 10:00AM-11:00AM | Taylor | 5 | \$50/\$54 |
| 252.3.0291 | Pilates, Restorative: Fridays, Session 3 | 14+ | F | 3/25-4/15 | 10:00AM-11:00AM | Taylor | 5 | \$50/\$54 |
| 252.3.0238 | Pilates, Restorative: Tuesdays, Session 1 | 14+ | T | 1/04-2/01 | 9:30AM-10:30AM | Taylor | 5 | \$50/\$54 |



HEALTH & FITNESS

PHYSICAL BLAST

This class will get your heart beating, muscles moving, your mind and body connected, and a good giggle here and there! This fun, energetic class will relieve stress and rev up your metabolism through a variety of tools and exercises that are never boring, sometimes intense, and all fun! Please bring your own Pilates Mat and Water.

PILATES, MAT

Pilates is effective for people of all ages and fitness levels. Build long, lean muscles without bulk. Challenge deep abdominal muscles to support your core. Reduce stress, relieve tension and boost energy through deep stretching. Restore postural alignment. Improve the way your body looks and feels. Wear loose fitting clothing and bring a water bottle.

PILATES, RESTORATIVE

Restorative Pilates is a balanced workout that integrates core strength and proper alignment with awareness of movement and breathing, creating a "mind-body connection" missing from many exercise methods. You will develop deep strength and make lasting postural changes that give a graceful flow of movement in all of your activities.

POWER HOUR, SESSION 1, 2, 3

This workout is for those serious about getting in shape. Workouts consist of a warm-up, intense strength circuit, cardio interval training, abs session, and flexibility training for maximum results. Measurements are taken each month so participants can track their progress.

POWER PILATES

Pilate's uses your body's natural resistance to strengthen, tone and stretch your abdominal, back and leg muscles, improving your posture, building stronger and more flexible muscles, and increasing your energy. This is a more intense Pilate's class. Wear loose fitting clothing and bring a water bottle and mat.

POWER SCULPT

This one hour body sculpting class includes upper and lower body exercises and a special section for abdominals. Hand weights and bands are utilized for an effective workout. Class ends with a full body stretch.

SELF DEFENSE

This class will teach you self defense strategies to help keep you safe in dangerous situations. Increase your knowledge on how to identify potential attackers/dangers.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|---|-----|--------|-----------|-----------------|-------------------|------|-------------|
| 252.3.0240 | Pilates, Restorative: Tuesdays, Session 2 | 14+ | T | 2/08-3/08 | 9:30AM-10:30AM | Taylor | 5 | \$50/\$54 |
| 252.3.0292 | Pilates, Restorative: Tuesdays, Session 3 | 14+ | T | 3/15-4/12 | 9:30AM-10:30AM | Taylor | 5 | \$50/\$54 |
| 252.3.0274 | Power Pilates, Fridays, Session 1 | 14+ | F | 1/14-2/11 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0275 | Power Pilates, Fridays, Session 2 | 14+ | F | 2/25-3/25 | 9:15AM-10:15AM | Cutright | 5 | \$49/\$53 |
| 252.3.0248 | Power Pilates, Mondays, Session 1 | 14+ | M | 1/10-2/07 | 6:00PM-7:00PM | Cutright | 5 | \$49/\$53 |
| 252.3.0249 | Power Pilates, Mondays, Session 2 | 14+ | M | 2/28-3/28 | 6:00PM-7:00PM | Cutright | 5 | \$49/\$53 |
| 252.3.0942 | Power Sculpt, Mondays, Session 1 | 14+ | M | 1/10-2/07 | 9:15AM-10:15AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0243 | Power Sculpt, Mondays, Session 2 | 14+ | M | 2/28-3/28 | 9:15AM-10:15AM | Brotherton | 5 | \$49/\$53 |
| 252.3.0513 | Yoga (Dynamic) | 14+ | Th | 1/13-3/10 | 10:15AM-11:15AM | Eshel | 9 | \$90/\$98 |
| 252.3.0514 | Yoga (Gentle) | 14+ | Th | 1/13-3/10 | 11:30AM-12:30PM | Eshel | 9 | \$90/\$98 |
| 252.3.0510 | Yoga (Hatha) | 14+ | M | 1/10-3/21 | 6:00PM-6:55PM | Yoga Lite, Pickel | 10 | \$108/\$116 |
| 252.3.0511 | Yoga (Hatha) | 14+ | M | 1/10-3/21 | 7:00PM-7:55PM | Yoga Lite, Pickel | 10 | \$108/\$116 |
| 252.3.0512 | Yoga (Hatha) | 14+ | W | 1/12-3/23 | 6:30PM-8:00PM | Yoga Lite, Pickel | 11 | \$162/\$170 |
| 252.3.0278 | Zumba, Saturdays, Session 1 | 14+ | Sa | 1/08-2/12 | 9:00AM-10:00AM | Burns | 5 | \$49/\$53 |



HEALTH & FITNESS

SPIN, SESSION 1, 2, 3

Spin is the original all-level spin class that features a 45 minute cardio ride, including a warm-up and cool-down, followed by core strengthening and stretching. This class is for everyone from the beginner to the highly experienced exerciser. The emphasis is on providing a fun and effective workout for all fitness levels. The instructor incorporates basic to intermediate techniques with a focus on proper form and offers more challenging options for experienced participants.

STRETCHING

Stretching relaxes your mind and makes your body feel more at ease. You will increase your range of motion; help prevent injuries, as you stretch various parts of the body with this workout. Increases flexibility, improves blood flow and you will feel amazing!

TAI CHI

Graceful exercises using slow circular movements and deep breathing. Tai Chi is great in helping the body improve strength and balance, and it helps relieve stress.

YOGA

Increase your strength, flexibility, inner balance and vitality. This class focuses on relieving tension in the back, neck, shoulders and hips through breathing techniques and relaxation with special attention to proper alignment, energy flow and posture. All levels are welcome. Wear loose clothing and bare feet.

YOGA (GENTLE)

In this introduction to the yoga you will learn postures and develop your flexibility and balance as well as coordinate your breathing while doing poses. Gentle yoga will increase your overall relaxation and strength. No experience is required. Wear comfortable clothing and bring a mat to class.

YOGA (HATHA)

You will learn a contemporary blend of traditional and non-traditional Hatha Yoga. Class works on breathing, flexibility, endurance, strength, and relaxation. Students work at their own level. Wear loose clothing and bare feet. Bring a yoga mat or towel

YOGA FOR KIDZ

Children 6 years and older are introduced to basic yoga positions in a fun, non-competitive environment. We will stretch, move our bodies, learn new poses, listen to fun music, and meet new friends will exercising our bodies and minds. Beginners are welcomed. No parent participation and please bring a mat to class.

ZUMBA

This class is an hour of calorie burning and body sculpting, dance combo classes set to Latin, African, Arabic and Hindu music. Get fit, boost cardio-health and tone your body. Before you know it, class will be over and you will already be looking forward to the next time you meet. Wear workout clothes, bring a towel and wear shoes without a tread, like jazz shoes for ease of movement. No partner or dance experience necessary.

ZUMBA/PILATES FUSION, SESSION 1, 2, 3

This class takes two of the most effective, fun workouts and puts them together! Enjoy 40 minutes of hypnotic, calorie torching Zumba, followed by 20 minutes of the best Pilates exercises to strengthen the core and lengthen the muscles. Start your day off right! You deserve it.

ZUMBATOMIC

Kids love to crank up the music, shake, wiggle and have a blast with their friends. So why not get fit while they are at it. The Zumbatomic program fuses hypnotic Latin rhythms and easy to follow moves to create a one of a kind fitness program that will guarantee fun for your child. Our goal is simple: We want your child to love working out!

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|------------------------------|-----|--------|-----------|-----------------|--------------|------|-------------|
| 252.3.0279 | Zumba, Saturdays, Session 2 | 14+ | Sa | 2/26-3/26 | 9:00AM-10:00AM | Burns | 5 | \$49/\$53 |
| 252.3.0250 | Zumba, Thursdays, Session 1 | 14+ | Th | 1/13-2/10 | 7:00PM-8:00PM | Lichtenstein | 5 | \$49/\$53 |
| 252.3.0251 | Zumba, Thursdays, Session 2 | 14+ | Th | 2/24-3/24 | 7:00PM-8:00PM | Lichtenstein | 5 | \$49/\$53 |
| 252.3.0260 | Zumba, Tuesdays, Session 1 | 14+ | T | 1/11-2/08 | 6:00PM-7:00PM | Sam | 5 | \$49/\$53 |
| 252.3.0261 | Zumba, Tuesdays, Session 2 | 14+ | T | 2/22-3/22 | 6:00PM-7:00PM | Sam | 5 | \$49/\$53 |
| 252.3.0266 | Zumba, Wednesdays, Session 1 | 14+ | W | 1/12-2/09 | 10:30AM-11:30AM | Lichtenstein | 5 | \$49/\$53 |
| 252.3.0267 | Zumba, Wednesdays, Session 2 | 14+ | W | 2/23-3/23 | 10:30AM-11:30AM | Lichtenstein | 5 | \$49/\$53 |

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------|------|--------|-----------|---------------|------------|------|------------|
| 289.3.0500 | Self Defense | 18+ | Th | 1/20-3/10 | 4:30PM-5:20PM | Staff | 8 | \$59/\$67 |

**BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------|------|--------|-----------|-----------------|------------|------|------------|
| 213.3.1814 | Aerobics | 18+ | M/W | 1/24-2/21 | 7:00PM-8:00PM | Martin | 9 | \$86/\$94 |
| 213.3.1815 | Aerobics | 18+ | M/W | 2/28-3/28 | 7:00PM-8:00PM | Martin | 9 | \$86/\$94 |
| 213.3.1804 | Aerobics (Saturday) | 18+ | Sa | 1/29-4/09 | 9:00AM-10:00AM | Martin | 10 | \$86/\$94 |
| 213.3.1806 | Cardio Sculpt | 18+ | T/Th | 1/25-2/17 | 6:00PM-7:00PM | Martin | 8 | \$78/\$86 |
| 213.3.1807 | Cardio Sculpt | 18+ | T/Th | 2/22-3/17 | 6:00PM-7:00PM | Martin | 8 | \$78/\$86 |
| 213.3.1808 | Cardio Sculpt | 18+ | T/Th | 2/22-3/17 | 6:00PM-7:00PM | Martin | 8 | \$78/\$86 |
| 213.3.1812 | Yoga (Saturday) | 18+ | Sa | 1/29-4/09 | 10:10AM-11:00AM | Martin | 10 | \$86/\$94 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------------|------|--------|-----------|----------------|-------------------|------|------------|
| 382.3.0502 | Pilates for Beginners | 15+ | T | 1/25-3/15 | 7:00PM-7:50PM | Camp Carter Int'l | 8 | \$69/\$77 |
| 382.3.0525 | Pilates, Mat - Beg | 16+ | T | 1/25-3/15 | 9:00AM-10:00AM | Staff | 8 | \$65/\$73 |
| 382.3.0504 | Stretching | 18+ | W | 1/26-3/16 | 6:00PM-7:00PM | Sam | 8 | \$95/\$103 |
| 382.3.0506 | Yoga | 15+ | T | 1/25-3/15 | 6:00PM-6:50PM | Camp Carter Int'l | 8 | \$69/\$77 |
| 382.3.0508 | Yoga (Gentle) | 18+ | W | 1/26-3/16 | 7:05PM-8:05PM | Sam | 8 | \$95/\$103 |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|
| 420.3.0500 | Zumba | 14+ | Th | 1/20-2/24 | 5:00PM-6:00PM | Staff | 6 | \$48/\$55 |
| 420.3.0501 | Zumba | 14+ | Th | 3/03-4/14 | 5:00PM-6:00PM | Staff | 6 | \$48/\$55 |

GARDNER CENTER, 520 W. VIRGINIA ST (408) 277-4761

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|------------|-------|--------|-----------|---------------|------------|------|-------------|
| 232.5.0511 | Zumba | 14-65 | Sa | 1/22-3/26 | 8:30AM-9:30AM | Armenta | 9 | \$0/\$0 |

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res |
|------------|--------------|------|------|-----------|---------------|------------|------|-------------|
| 210.3.0500 | Self Defense | 18+ | F | 1/21-3/11 | 3:30PM-4:20PM | Staff | 8 | \$59/\$67 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------------|------|--------|-----------|---------------|------------|------|------------|
| 234.3.0510 | Belly Buster | 14+ | T/Th | 1/04-1/27 | 7:30PM-7:50PM | Staff | 8 | \$25/\$33 |
| 234.3.0511 | Belly Buster | 14+ | T/Th | 2/01-2/24 | 7:30PM-7:50PM | Staff | 8 | \$25/\$33 |
| 234.3.0512 | Belly Buster | 14+ | T/Th | 3/01-3/31 | 7:30PM-7:50PM | Staff | 10 | \$25/\$33 |
| 234.3.0541 | Belly Dance, Sharqui, Session 1 | 14+ | M | 1/03-1/31 | 7:00PM-8:00PM | Staff | 5 | \$25/\$29 |
| 234.3.0542 | Belly Dance, Sharqui, Session 2 | 14+ | M | 2/07-2/28 | 7:00PM-8:00PM | Staff | 4 | \$25/\$29 |
| 234.3.0543 | Belly Dance, Sharqui, Session 3 | 14+ | M | 3/07-3/28 | 7:00PM-8:00PM | Staff | 4 | \$25/\$29 |
| 234.3.0513 | Booty Beats, Session 1 | 14+ | Th | 1/06-1/27 | 6:15PM-7:15PM | Staff | 4 | \$25/\$29 |
| 234.3.0514 | Booty Beats, Session 2 | 14+ | Th | 2/03-2/24 | 6:15PM-7:15PM | Staff | 4 | \$25/\$29 |
| 234.3.0515 | Booty Beats, Session 3 | 14+ | Th | 3/03-3/31 | 6:15PM-7:15PM | Staff | 5 | \$25/\$29 |
| 234.3.0516 | Circuit Training | 14+ | Th | 1/06-1/27 | 6:15AM-7:15AM | Clark | 4 | \$25/\$29 |
| 234.3.0517 | Circuit Training, Session 2 | 14+ | Th | 2/03-2/24 | 6:15AM-7:15AM | Clark | 4 | \$25/\$29 |


ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|------|--------|-----------|-----------------|------------|------|-------------|
| 234.3.0518 | Circuit Training, Session 3 | 14+ | Th | 3/03-3/31 | 6:15AM-7:15AM | Clark | 5 | \$25/\$33 |
| 234.3.0500 | Group Exercise Membership @ RCC - January | 14+ | M-Sa | 1/03-1/31 | 6:00AM-8:00PM | Staff | n/a | \$25/\$33 |
| 234.3.0501 | Group Exercise Membership @ RCC - February | 14+ | M-Sa | 2/01-2/28 | 6:00AM-8:00PM | Staff | n/a | \$25/\$33 |
| 234.3.0502 | Group Exercise Membership @ RCC - March | 14+ | M-Sa | 3/01-3/31 | 6:00AM-8:00PM | Staff | n/a | \$25/\$33 |
| 234.3.0503 | Personal Training @ Roosevelt | 14+ | M-Sa | 1/03-4/01 | 6:00AM-8:00PM | Staff | 1 | \$40/\$44 |
| 234.3.0504 | Personal Training Package @ Roosevelt | 14+ | M-Sa | 1/03-4/01 | 6:00AM-8:00PM | Staff | n/a | \$120/\$124 |
| 234.3.0520 | Power Hour, Session 1 | 14+ | M/W/F | 1/03-1/31 | 12:00PM-1:00PM | Kortsen | 13 | \$75/\$83 |
| 234.3.0521 | Power Hour, Session 2 | 14+ | M/W/F | 2/02-2/28 | 12:00PM-1:00PM | Kortsen | 12 | \$75/\$83 |
| 234.3.0522 | Power Hour, Session 3 | 14+ | M/W/F | 3/02-3/30 | 12:00PM-1:00PM | Kortsen | 13 | \$75/\$83 |
| 234.3.0523 | Spin, Session 1 | 14+ | M/W | 1/03-1/31 | 6:45AM-7:45AM | Staff | 9 | \$55/\$63 |
| 234.3.0524 | Spin, Session 2 | 14+ | M/W | 2/02-2/28 | 6:45AM-7:45AM | Staff | 8 | \$55/\$63 |
| 234.3.0525 | Spin, Session 3 | 14+ | M/W | 3/02-3/30 | 6:45AM-7:45AM | Staff | 9 | \$55/\$63 |
| 234.3.0546 | Tai Chi, Session 1 | 14+ | W | 1/05-1/26 | 10:30AM-11:30AM | Staff | 4 | \$25/\$29 |
| 234.3.0547 | Tai Chi, Session 2 | 14+ | W | 2/02-2/23 | 10:30AM-11:30AM | Staff | 4 | \$25/\$29 |
| 234.3.0548 | Tai Chi, Session 3 | 14+ | W | 3/02-3/23 | 10:30AM-11:30AM | Staff | 4 | \$25/\$29 |
| 234.3.0526 | Yoga, Evening, Session 1 | 14+ | W | 1/05-1/26 | 7:00PM-8:00PM | Martin | 4 | \$25/\$29 |
| 234.3.0527 | Yoga, Evening, Session 2 | 14+ | W | 2/02-2/23 | 7:00PM-8:00PM | Martin | 4 | \$25/\$29 |
| 234.3.0528 | Yoga, Evening, Session 3 | 14+ | W | 3/02-3/30 | 7:00PM-8:00PM | Martin | 5 | \$25/\$29 |
| 234.3.0529 | Yoga, Saturday, Session 1 | 14+ | Sa | 1/08-1/29 | 9:15AM-10:15AM | Staff | 4 | \$25/\$29 |
| 234.3.0530 | Yoga, Saturday, Session 2 | 14+ | Sa | 2/05-2/26 | 9:15AM-10:15AM | Staff | 4 | \$25/\$29 |
| 234.3.0531 | Yoga, Saturday, Session 3 | 14+ | Sa | 3/05-3/26 | 9:15AM-10:15AM | Staff | 4 | \$25/\$29 |
| 234.3.0532 | Zumba, Mondays, Session 1 | 14+ | M | 1/03-1/31 | 6:00PM-7:00PM | Fowler | 5 | \$25/\$29 |
| 234.3.0533 | Zumba, Mondays, Session 2 | 14+ | M | 2/07-2/28 | 6:00PM-7:00PM | Fowler | 4 | \$25/\$29 |
| 234.3.0534 | Zumba, Mondays, Session 3 | 14+ | M | 3/07-3/28 | 6:00PM-7:00PM | Fowler | 4 | \$25/\$29 |
| 234.3.0535 | Zumba, Wednesdays, Session 1 | 14+ | W | 1/05-1/26 | 6:00PM-7:00PM | Fowler | 4 | \$25/\$29 |
| 234.3.0536 | Zumba, Wednesdays, Session 2 | 14+ | W | 2/02-2/23 | 6:00PM-7:00PM | Staff | 4 | \$25/\$29 |
| 234.3.0537 | Zumba, Wednesdays, Session 3 | 14+ | W | 3/02-3/30 | 6:00PM-7:00PM | Staff | 5 | \$25/\$29 |
| 234.3.0538 | Zumba/Pilates Fusion, Session 1 | 14+ | F | 1/07-1/28 | 6:45AM-7:45AM | Burns | 4 | \$25/\$29 |
| 234.3.0539 | Zumba/Pilates Fusion, Session 2 | 14+ | F | 2/04-2/25 | 6:45AM-7:45AM | Burns | 4 | \$25/\$29 |
| 234.3.0540 | Zumba/Pilates Fusion, Session 3 | 14+ | F | 3/04-3/25 | 6:45AM-7:45AM | Burns | 4 | \$25/\$29 |
| 234.3.0544 | Zumbatomic | 7-12 | T | 1/18-2/22 | 5:30PM-6:30PM | Fowler | 6 | \$45/\$53 |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------|------|--------|-----------|---------------|------------|------|------------|
| 231.3.0501 | Cardio Kickboxing | 18+ | W | 1/19-2/16 | 6:30PM-7:30PM | Staff | 5 | \$53/\$57 |
| 231.3.0506 | Pilates | 18+ | Sa | 1/22-2/26 | 7:00AM-8:00AM | Staff | 5 | \$53/\$57 |
| 231.3.0505 | Pilates | 18+ | M | 1/24-2/21 | 7:00PM-8:00PM | Staff | 5 | \$53/\$57 |
| 231.3.0507 | Pilates | 18+ | Sa | 3/05-4/02 | 7:00AM-8:00AM | Staff | 5 | \$53/\$57 |
| 231.3.0503 | Zumba | 18+ | T | 1/18-2/15 | 7:00AM-8:00AM | Staff | 5 | \$53/\$57 |
| 231.3.0504 | Zumba | 18+ | T | 1/18-2/15 | 7:00PM-8:00PM | Staff | 5 | \$53/\$57 |

**SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------|------|--------|-----------|-----------------|-------------------|------|-------------|
| 216.3.0500 | Cardio Kickboxing | 16+ | T | 1/18-2/22 | 6:00PM-7:00PM | Johnson | 6 | \$65/\$73 |
| 216.3.0502 | Cardio Kickboxing | 16+ | Th | 1/20-2/24 | 6:00PM-7:00PM | Johnson | 6 | \$65/\$73 |
| 216.3.0504 | Cardio Kickboxing | 16+ | Sa | 1/22-2/26 | 9:00AM-10:00AM | Johnson | 5 | \$55/\$59 |
| 216.3.0501 | Cardio Kickboxing | 16+ | T | 3/01-4/05 | 6:00PM-7:00PM | Johnson | 6 | \$65/\$73 |
| 216.3.0503 | Cardio Kickboxing | 16+ | Th | 3/03-4/07 | 6:00PM-7:00PM | Johnson | 6 | \$65/\$73 |
| 216.3.0505 | Cardio Kickboxing | 16+ | Sa | 3/05-4/09 | 9:00AM-10:00AM | Johnson | 6 | \$65/\$73 |
| 216.3.0506 | Yoga (Gentle) | 16+ | Th | 1/20-2/24 | 7:30PM-8:30PM | Koumoutsakis | 6 | \$65/\$73 |
| 216.3.0508 | Yoga (Gentle) | 16+ | F | 1/21-2/25 | 8:45AM-9:45AM | Koumoutsakis | 6 | \$65/\$73 |
| 216.3.0507 | Yoga (Gentle) | 16+ | Th | 3/03-4/07 | 7:30PM-8:30PM | Koumoutsakis | 6 | \$65/\$73 |
| 216.3.0509 | Yoga (Gentle) | 16+ | F | 3/04-4/08 | 8:45AM-9:45AM | Koumoutsakis | 6 | \$65/\$73 |
| 216.3.0510 | Yoga (Hatha) | 16+ | T | 1/18-2/22 | 5:30PM-7:00PM | Yoga Lite, Pickel | 6 | \$108/\$116 |
| 216.3.0512 | Yoga (Hatha) | 16+ | T | 1/18-2/22 | 7:15PM-8:45PM | Yoga Lite, Pickel | 6 | \$108/\$116 |
| 216.3.0511 | Yoga (Hatha) | 16+ | T | 3/01-4/05 | 5:30PM-7:00PM | Yoga Lite, Pickel | 6 | \$108/\$116 |
| 216.3.0513 | Yoga (Hatha) | 16+ | T | 3/01-4/05 | 7:15PM-8:45PM | Yoga Lite, Pickel | 6 | \$108/\$116 |
| 216.3.0528 | Yoga for Kidz | 6-8 | Th | 1/27-2/24 | 3:45PM-4:25PM | Rodgers | 5 | \$55/\$59 |
| 216.3.0530 | Yoga for Kidz | 9-12 | Th | 1/27-2/24 | 4:30PM-5:10PM | Rodgers | 5 | \$55/\$59 |
| 216.3.0529 | Yoga for Kidz | 6-8 | Th | 3/03-4/07 | 3:45PM-4:25PM | Rodgers | 5 | \$55/\$59 |
| 216.3.0531 | Yoga for Kidz | 9-12 | Th | 3/03-4/07 | 4:30PM-5:10PM | Rodgers | 5 | \$55/\$59 |
| 216.3.0516 | Zumba | 25+ | Th | 1/20-2/24 | 7:15PM-8:15PM | Staff | 6 | \$78/\$86 |
| 216.3.0514 | Zumba | 16+ | Sa | 1/22-3/05 | 8:45AM-9:45AM | Staff | 6 | \$78/\$86 |
| 216.3.0517 | Zumba | 25+ | Th | 3/03-4/07 | 7:15PM-8:15PM | Staff | 5 | \$65/\$69 |
| 216.3.0515 | Zumba | 16+ | Sa | 3/12-4/09 | 8:45AM-9:45AM | Staff | 5 | \$65/\$69 |
| 216.3.0518 | Zumbatomic | 4-7 | Th | 1/20-2/24 | 6:00PM-6:45PM | Staff | 6 | \$78/\$86 |
| 216.3.0520 | Zumbatomic | 4-7 | Sa | 1/22-3/05 | 10:15AM-11:00AM | Staff | 6 | \$78/\$86 |
| 216.3.0522 | Zumbatomic | 8-12 | Sa | 1/22-3/05 | 11:30AM-12:15PM | Staff | 6 | \$78/\$86 |
| 216.3.0519 | Zumbatomic | 4-7 | Th | 3/03-4/07 | 6:00PM-6:45PM | Staff | 5 | \$65/\$69 |
| 216.3.0521 | Zumbatomic | 4-7 | Sa | 3/12-4/09 | 10:15AM-11:00AM | Staff | 5 | \$65/\$69 |
| 216.3.0523 | Zumbatomic | 8-12 | Sa | 3/12-4/09 | 11:30AM-12:15PM | Staff | 5 | \$65/\$69 |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------|------|--------|-----------|-----------------|------------|------|------------|
| 294.3.0500 | Yoga (Gentle) | 18+ | T | 1/18-3/08 | 10:30AM-11:30AM | Staff | 8 | \$63/\$71 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|
| 255.3.1813 | Zumba | 18+ | T | 1/04-1/25 | 6:00PM-7:00PM | Staff | 4 | \$32/\$36 |
| 255.3.1814 | Zumba | 18+ | T | 2/01-2/22 | 6:00PM-7:00PM | Staff | 4 | \$32/\$36 |
| 255.3.1815 | Zumba | 18+ | T | 3/01-3/29 | 6:00PM-7:00PM | Staff | 5 | \$40/\$44 |



MUSIC & THEATER

pgs. 32-37

BRASS IMPROV

Learn the basics of jazz improvisation. You will study and learn major and minor scales. We will listen to different examples of improvise and analyze several solos from a variety of artists. Bring your instrument and we will all get a chance to try a solo. We may introduce different jazz improvise methods available and be ready for a visit by a professional Bay Area jazz musician.

DANCE, ACT, PERFORM!

A unique blend of the art disciplines leads to a one-of-a-kind variety show! From humorous skits to folk tales, hip-hop to jazz, through comedy and drama, students will act, dance, and be guided through the production and performance of their very own entertainment show! This program is about creative expression: exploring, creating, and having fun! Participants build self-esteem, are inspired to develop individual talents, and realize the artist that lies within each of them. This course culminates with a performing arts variety show! Costuming and props are provided.

DRUMS 101

This class will teach basic drum beats, introduction to music notes and develop coordination and rhythm, while having fun in a safe and learning environment. Be sure to take advantage of our one-time introductory rate for this exciting class!

GUITAR – BEGINNING 1, 2

Do you ever see a guitar and wish you could play one? Now's your chance! While focusing on developing great technique, students will learn to play chords, scales and read music. No experience required. Students must have their own guitar

GUITAR - LEVEL 1

Do you ever see a guitar and wish you knew how to play it? Now's your chance! While focusing on developing great technique, students will learn to play chords, scales, read music and most styles that interest them. No experience is required. Students must bring their own guitar to class. Non-refundable materials fee of \$10.00 due 1st meeting.

GUITAR INTERMEDIATE

For students who already know how to play the guitar, but just wanted to learn a few more pieces.

Experienced guitar players will learn to sight read and perform works from a variety of periods and composers in duets, trios or quartets. This course will include and end of the session performance, to show off what they have learned. Bring your own guitar.

GUITAR FOR ADULTS

Designed for aspiring guitar players with little or no experience, the primary goal is to teach students to play chord accompaniments for singers. You'll learn chords, strum patterns, scales. You'll learn to read chord diagram tablature, read song books and play your favorite tunes. Bring your own guitar.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|-------|--------|-----------|-----------------|------------|------|-------------|
| 252.3.0600 | Guitar - Beginning | 10-15 | T | 1/25-3/15 | 5:30PM-6:30PM | Kelly | 8 | \$89/\$97 |
| 252.3.0603 | Guitar - Intermediate | 10-16 | T | 1/25-3/15 | 6:45PM-7:45PM | Kelly | 8 | \$89/\$97 |
| 252.3.0610 | Guitar For Adults | 18+ | M | 1/24-3/21 | 9:00AM-10:00AM | Bermudez | 9 | \$89/\$97 |
| 252.3.0601 | Guitar For Adults | 18+ | T | 1/25-3/15 | 8:00PM-9:00PM | Kelly | 8 | \$89/\$97 |
| 252.3.0608 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | M | 1/24-3/21 | 2:45PM-3:30PM | Noteworthy | 8 | \$91/\$99 |
| 252.3.0604 | Piano Keyboard Level 1 | 6-12 | M | 1/24-3/21 | 3:45PM-4:30PM | Noteworthy | 8 | \$91/\$99 |
| 252.3.0605 | Piano Keyboard Level 1 | 6-12 | M | 1/24-3/21 | 6:30PM-7:15PM | Noteworthy | 8 | \$91/\$99 |
| 252.3.0606 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/21 | 5:35PM-6:20PM | Noteworthy | 9 | \$91/\$99 |
| 252.3.0607 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/21 | 4:40PM-5:25PM | Noteworthy | 8 | \$91/\$99 |
| 252.3.0609 | Semi-Private Guitar Lessons | 18+ | M | 1/24-2/14 | 10:30AM-11:30AM | Bermudez | 4 | \$171/\$175 |

ALUM ROCK CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------------|-------|--------|-----------|-----------------|------------|------|------------|
| 289.3.0610 | Piano Beginning | 18-49 | Th | 1/27-3/17 | 6:30PM-7:20PM | Staff | 6 | \$68/\$76 |
| 289.3.0601 | Piano Beginning | 6-12 | Sa | 3/05-4/09 | 9:00AM-10:00AM | Staff | 6 | \$68/\$76 |
| 289.3.0602 | Piano Intermediate | 6-12 | Sa | 1/22-2/26 | 10:15AM-11:15AM | Staff | 6 | \$68/\$76 |
| 289.3.0603 | Piano Intermediate | 6-12 | Sa | 3/05-4/19 | 10:15AM-11:15AM | Staff | 6 | \$68/\$76 |



MUSIC & THEATER

GUITAR - LEVEL 2

Students will continue to focus on developing great technique, learning to play chords, scales, reading music, and most styles that interest them. Students must bring their own guitar to class.

Non-refundable materials fee of \$10.00 due 1st meeting.

GUITAR SEMI-PRIVATE LEVEL 2 & UP

Designed for a smaller group of 2 to 4 students. This class is for the continuing student who has completed the Level 1 Class. Students will focus on technique, chords, and scales - as well as learn fun contemporary songs. Students must bring their own guitar to class. Non-refundable materials fee of \$10.00 due at 1st meeting.

MUSIC TOGETHER

Music Together is a research-based, developmentally appropriate music and movement program for children and their caregivers. Classes are fun, informal, stimulating experiences for both child and caregiver, regardless of musical abilities. Songs, chants, instrumental play and dance are experienced in a non-performance, mixed-age setting.

MUSICAL STORYTIME/ PARENT PARTICIPATION

A fun class for babies, toddlers and their parents/caregivers! We'll sing songs, experience musical movement and play appropriate instruments for babies and toddlers. All of the songs are centered around the stories that are introduced each class time together! This is a parent participation class

MUSICAL THEATRE

Learn to perform like your favorite stars in High School Musical. Both song and dance instruction are covered. Students learn a great musical theatre routine that they will perform for parents on the final day of class.

PIANO (BEG/INT)

This is a class in elemental piano skills and music reading. Primary development of rhythm, melody, and harmony are taught. Students must bring their own set of headphones with ¼ inch adapter. Keyboards are provided.

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|----------|--------|-----------|-----------------|----------------|------|-------------|
| 212.3.0614 | Guitar Beg. | 7-12 | Sa | 1/29-3/26 | 9:05AM-10:00AM | Gibson | 8 | \$72/\$80 |
| 212.3.0616 | Guitar for Adults | 12+ | Sa | 1/29-3/26 | 11:05AM-12:00PM | Gibson | 9 | \$72/\$80 |
| 212.3.0615 | Guitar Intermediate | 12+ | Sa | 1/29-3/26 | 10:05AM-11:00AM | Gibson | 8 | \$72/\$80 |
| 212.3.0613 | Music Together | 6mos-4.5 | F | 1/21-3/18 | 10:30AM-11:15AM | Harmony Makers | 9 | \$171/\$179 |
| 212.3.0600 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | M | 1/24-3/14 | 1:30PM-2:15PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0617 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | M | 1/24-3/14 | 3:10PM-3:55PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0601 | Piano Keyboard (Parent/Child) - Book 2 | 3-5 | M | 1/24-3/14 | 2:20PM-3:05PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0602 | Piano Keyboard Adult | 13+ | Sa | 1/22-3/19 | 11:25AM-12:10PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0607 | Piano Keyboard Level 1 | 6-12 | Sa | 1/22-3/19 | 9:00AM-9:45AM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0605 | Piano Keyboard Level 1 | 6-12 | M | 1/24-3/14 | 4:00PM-4:45PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0608 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/19 | 9:45AM-10:30AM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0609 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/19 | 10:35AM-11:20AM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0604 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/14 | 4:50PM-5:35PM | Noteworthy | 8 | \$91/\$99 |
| 212.3.0606 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/14 | 5:40PM-6:25PM | Noteworthy | 8 | \$91/\$99 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------|------|--------|-----------|-----------------|------------|------|------------|
| 382.3.0601 | Guitar for Adults- Beg/Inter. | 16+ | W | 1/19-3/09 | 6:00PM-7:00PM | Gibson | 8 | \$85/\$93 |
| 382.3.0625 | Guitar Level 1 | 13+ | Sa | 1/22-3/26 | 1:00PM-1:45PM | Noteworthy | 9 | \$91/\$99 |
| 382.3.0620 | Guitar Level 1 | 6-12 | Sa | 1/22-3/26 | 10:30AM-11:15AM | Noteworthy | 8 | \$91/\$99 |
| 382.3.0622 | Guitar Level 2 | 6-12 | Sa | 1/22-3/26 | 11:20AM-12:05PM | Noteworthy | 8 | \$91/\$99 |



MUSIC & THEATER

PIANO KEYBOARD – ADULT & TEEN

Basic piano skills, music reading and theory are taught as well as rhythm and ear training. Regular access to a piano or keyboard is essential for progress. This class is for all levels of students, including beginners. Students must bring headphones with a ¼" headphone adapter. Non-refundable book fee of \$20.00 due at 1st meeting.

PIANO KEYBOARD (PARENT/CHILD) BOOK 1, BOOK 2 & UP

Together you and your child will learn basic piano skills, note reading, rhythm and melody through games and fun activities. Access to a piano or keyboard is essential for progress. Book 2 & up is for continuing students who have already had experience with Book 1 of the Noteworthy Music Program. Non-refundable book fee of \$15.00 due at 1st meeting.

PIANO KEYBOARD LEVEL 1, 2 & UP

Basic piano skills, music reading and theory are taught as well as rhythm and ear training. Regular access to a piano or keyboard is essential for progress. Level 1 is a class for students with no prior experience. Level 2 & up is for continuing who have completed the level 1 class. Students must bring headphones with a ¼" headphone adapter. Non-refundable book fee of \$10.00 due at 1st meeting.

SEMI-PRIVATE GUITAR LESSONS

This class will introduce the basics of playing the guitar through individual attention from a seasoned guitar instructor. Students will learn how to read simple music. Students must provide their own acoustic guitar.

SEMI PRIVATE PIANO KEYBOARD

This class will introduce the basics of piano. Students will learn through individual attention from a seasoned instructor. Students must bring their own set of headphones.

WGCT (WILLOW GLEN CHILDREN'S THEATRE)

Willow Glen's Theatre Program gives children the chance to act on stage! All participants get a role and even have the opportunity to give their creative input. Our unique approach teaches kids many things they can apply to their regular every day life. All this can be accomplished in our stress-free environment where children also make new friends through the magic of theatre. *Rehearsal schedules and performance dates are posted 2-3 weeks into program.

• **THE GRASS IS GREEN AND THE WEEDS ARE GROWING!**

• **IT MAY BE WINTER, BUT OUR CITY PARKS ARE STILL IN NEED OF VOLUNTEERS TO HELP KEEP THEM CLEAN!**

• **ADOPT-A-PARK OR JOIN US FOR A ONE DAY VOLUNTEER SERVICE EVENT!**

• **FOR MORE INFORMATION:**
• WWW.SJADOPTAPARK.ORG
• PARKVOLUNTEER@SANJOSECA.GOV

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---|------|--------|-----------|---------------|------------|------|-------------|
| 382.3.0615 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | T | 1/18-3/22 | 1:30PM-2:15PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0608 | Piano Keyboard (Parent/Child) - Book 2 & Up | 3-5 | T | 1/18-3/22 | 2:20PM-3:05PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0613 | Piano Keyboard Adults & Teens | 13+ | T | 1/18-3/22 | 6:15PM-7:00PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0610 | Piano Keyboard Level 1 | 6-12 | T | 1/18-3/22 | 3:30PM-4:15PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0611 | Piano Keyboard Level 2 & up | 6-12 | T | 1/18-3/22 | 4:20PM-5:05PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0612 | Piano Keyboard Level 2 & up | 6-12 | T | 1/18-3/22 | 5:10PM-5:55PM | Noteworthy | 10 | \$114/\$122 |
| 382.3.0629 | Semi- Private Guitar Lessons-Adults | 15+ | W | 1/26-3/16 | 7:15PM-8:15PM | Gibson | 8 | \$176/\$184 |
| 382.3.0627 | Semi- Private Guitar Lessons-Beg | 7-15 | Th | 1/27-3/17 | 4:00PM-5:00PM | Gibson | 8 | \$176/\$184 |
| 382.3.0628 | Semi- Private Guitar Lessons-Int | 7-15 | Th | 1/27-3/17 | 5:15PM-6:15PM | Gibson | 8 | \$176/\$184 |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|
| 420.3.0603 | Guitar | 4-14 | F | 1/21-2/25 | 5:00PM-6:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0604 | Guitar | 4-14 | F | 3/04-4/08 | 5:00PM-6:00PM | Rule | 6 | \$71/\$79 |

**EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|
| 420.3.0605 | Guitar | 4-14 | F | 4/15-5/20 | 5:00PM-6:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0600 | Piano | 4-14 | F | 1/21-2/25 | 3:00PM-4:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0601 | Piano | 4-14 | F | 3/04-4/08 | 3:00PM-4:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0602 | Piano | 4-14 | F | 4/15-5/20 | 3:00PM-4:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0606 | Piano 2 | 4-14 | F | 1/21-2/25 | 4:00PM-5:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0607 | Piano 2 | 4-14 | F | 3/04-4/08 | 4:00PM-5:00PM | Rule | 6 | \$71/\$79 |
| 420.3.0608 | Piano 2 | 4-14 | F | 4/15-5/20 | 4:00PM-5:00PM | Rule | 6 | \$71/\$79 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---|------|--------|-----------|-----------------|------------|------|-------------|
| 214.3.0601 | Guitar - 1 | 7-14 | T | 1/18-3/15 | 5:00PM-6:00PM | Martinez | 8 | \$84/\$92 |
| 214.3.0600 | Guitar - 1 | 7-14 | M | 1/24-3/21 | 4:00PM-5:00PM | Martinez | 8 | \$84/\$92 |
| 214.3.0602 | Guitar - 2 | 7-14 | T | 1/18-3/15 | 6:10PM-7:10PM | Martinez | 8 | \$85/\$93 |
| 214.3.0621 | Musical Storytime | 1-3 | F | 1/28-3/11 | 10:30AM-11:15AM | Hassonjee | 6 | \$50/\$58 |
| 214.3.0622 | Musical Storytime | 1-3 | F | 1/28-3/11 | 11:30AM-12:15PM | Hassonjee | 6 | \$50/\$58 |
| 214.3.0620 | Piano Keyboard Teens | 13+ | Sa | 1/22-3/12 | 2:45PM-3:30PM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0604 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | F | 1/21-3/25 | 10:50AM-11:35AM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0606 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | F | 1/21-3/25 | 12:35PM-1:20PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0603 | Piano Keyboard (Parent/Child) - Book 2 & Up | 3-5 | F | 1/21-3/25 | 10:00AM-10:45AM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0605 | Piano Keyboard (Parent/Child) - Book 2 & Up | 3-5 | F | 1/21-3/25 | 11:45AM-12:30PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0607 | Piano Keyboard (Parent/Child) - Book 2 & Up | 3-5 | F | 1/21-3/25 | 1:25PM-2:10PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0608 | Piano Keyboard Level 1 | 6-7 | F | 1/21-3/25 | 3:45PM-4:30PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0609 | Piano Keyboard Level 1 | 8-12 | F | 1/21-3/25 | 4:35PM-5:20PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0614 | Piano Keyboard Level 1 | 6-12 | Sa | 1/22-3/12 | 9:35AM-10:20AM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0610 | Piano Keyboard Level 2 & up | 6-12 | F | 1/21-3/25 | 5:25PM-6:10PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0611 | Piano Keyboard Level 2 & up | 6-12 | F | 1/21-3/25 | 6:15PM-7:00PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0612 | Piano Keyboard Level 2 & up | 6-12 | F | 1/21-3/25 | 7:05PM-7:50PM | Noteworthy | 9 | \$103/\$111 |
| 214.3.0613 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/12 | 8:45AM-9:30AM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0615 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/12 | 10:25AM-11:10AM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0616 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/12 | 11:15AM-12:00PM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0618 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/12 | 1:05PM-1:50PM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0617 | Piano Keyboard Level 2 & up | 8-12 | Sa | 1/22-3/12 | 12:15PM-1:00PM | Noteworthy | 7 | \$80/\$88 |
| 214.3.0619 | Piano Keyboard Semi Private Level 2 & Up | 6-12 | Sa | 1/22-3/12 | 1:55PM-2:40PM | Noteworthy | 7 | \$120/\$128 |

GARDNER CENTER, 520 W. VIRGINIA ST. (408) 277-4761

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--------------|-------|--------|-----------|---------------|------------|------|------------|
| 232.3.0601 | Brass Improv | 15-60 | W | 1/19-3/09 | 4:30PM-5:30PM | Gutierrez | 8 | \$50/\$58 |



MAYFAIR CENTER, 2030 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------|------|--------|-----------|---------------|------------|------|------------|
| 210.3.0600 | Guitar Beginning | 7-15 | M | 1/24-3/07 | 6:45PM-7:45PM | Rule | 6 | \$68/\$76 |
| 210.3.0601 | Guitar Beginning | 7-15 | M | 3/07-4/11 | 6:45PM-7:45PM | Rule | 6 | \$68/\$76 |
| 210.3.0602 | Piano Beginning | 7-15 | M | 1/24-3/07 | 5:30PM-6:30PM | Rule | 6 | \$68/\$76 |
| 210.3.0603 | Piano Beginning | 7-15 | M | 3/07-4/11 | 5:30PM-6:30PM | Rule | 6 | \$68/\$76 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------|------|--------|-----------|-----------------|----------------|------|-------------|
| 234.3.0607 | Dance, Act, Perform | 6-12 | Sa | 1/22-3/19 | 11:00AM-12:00PM | CLAP | 8 | \$91/\$99 |
| 234.3.0604 | Music Together | 0-4 | M | 1/24-3/28 | 9:30AM-10:15AM | Harmony Makers | 10 | \$190/\$198 |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------|-------|--------|-----------|---------------|------------|------|------------|
| 231.3.0620 | Guitar Beginning | 16-49 | M | 1/24-3/21 | 6:30PM-7:20PM | Staff | 8 | \$62/\$70 |
| 231.3.0610 | Piano Beginner | 18-49 | Th | 1/27-3/17 | 6:30PM-7:20PM | Staff | 8 | \$62/\$70 |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---|------|--------|-----------|-----------------|------------|------|------------|
| 216.3.0600 | Guitar | 6-8 | Sa | 1/22-3/19 | 8:30AM-9:30AM | Williams | 8 | \$80/\$88 |
| 216.3.0601 | Guitar | 9-12 | Sa | 1/22-3/19 | 11:30AM-12:30PM | Williams | 8 | \$80/\$88 |
| 216.3.0602 | Guitar, Advanced | 6-12 | Sa | 1/22-3/19 | 10:00AM-11:00AM | Williams | 8 | \$80/\$88 |
| 216.3.0603 | Musical Storytime | 3-5 | Th | 1/20-2/17 | 1:00PM-2:00PM | Ryser | 5 | \$50/\$54 |
| 216.3.0604 | Musical Storytime (Parent Participation) | 2-3 | Th | 1/20-2/17 | 10:00AM-10:45AM | Ryser | 5 | \$40/\$44 |
| 216.3.0605 | Musical Storytime (Parent Participation) | 2-3 | Th | 1/20-2/17 | 11:15AM-12:00PM | Ryser | 5 | \$40/\$44 |
| 216.3.0607 | Musical Theatre | 7-12 | M | 1/24-3/21 | 4:00PM-4:55PM | Dance Arts | 8 | \$80/\$88 |
| 216.3.0606 | Musical Theatre | 3-6 | W | 1/26-3/16 | 5:30PM-6:25PM | Dance Arts | 8 | \$80/\$88 |
| 216.3.0608 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | M | 1/24-3/21 | 1:50PM-2:35PM | Noteworthy | 8 | \$91/\$99 |
| 216.3.0609 | Piano Keyboard (Parent/Child) - Book 2 | 3-5 | M | 1/24-3/21 | 2:40PM-3:25PM | Noteworthy | 8 | \$91/\$99 |
| 216.3.0610 | Piano Keyboard Level 1 | 6-7 | M | 1/24-3/21 | 3:30PM-4:15PM | Noteworthy | 8 | \$91/\$99 |
| 216.3.0611 | Piano Keyboard Level 1 | 8-12 | M | 1/24-3/21 | 4:20PM-5:05PM | Noteworthy | 8 | \$91/\$99 |
| 216.3.0612 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/21 | 5:15PM-6:00PM | Noteworthy | 8 | \$91/\$99 |
| 216.3.0613 | Piano Keyboard Level 2 & up | 6-12 | M | 1/24-3/21 | 6:00PM-6:45PM | Noteworthy | 8 | \$91/\$99 |

**WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|--|------|--------|-----------|-----------------|------------|------|-------------|
| 294.3.0617 | Guitar Level 1 | 6-7 | W | 1/19-3/23 | 3:15PM-4:00PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0620 | Guitar Level 1 | 8-12 | W | 1/19-3/23 | 5:45PM-6:30PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0618 | Guitar Level 2 | 6-12 | W | 1/19-3/23 | 4:05PM-4:50PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0619 | Guitar Level 2 | 6-12 | W | 1/19-3/23 | 4:55PM-5:40PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0604 | Guitar, Learn to Play Just Cords | 18+ | T | 1/18-3/08 | 10:30AM-11:30AM | Gibson | 8 | \$90/\$98 |
| 294.3.0611 | Piano Keyboard Adult | 13+ | W | 1/19-3/23 | 7:30PM-8:15PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0606 | Piano Keyboard Level 1 | 6-12 | W | 1/19-3/23 | 3:15PM-4:00PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0607 | Piano Keyboard Level 2 & up | 6-12 | W | 1/19-3/23 | 4:05PM-4:50PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0608 | Piano Keyboard Level 2 & up | 6-12 | W | 1/19-3/23 | 4:55PM-5:40PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0609 | Piano Keyboard Level 2 & up | 6-12 | W | 1/19-3/23 | 5:45PM-6:30PM | Noteworthy | 10 | \$114/\$122 |
| 294.3.0610 | Piano Keyboard Semi-Private Level 2 and up | 6-12 | W | 1/19-3/23 | 6:35PM-7:20PM | Noteworthy | 10 | \$171/\$179 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---|------|--------|-----------|-----------------|------------|------|-------------|
| 233.3.0606 | Guitar Level 1 | 6-12 | Sa | 1/22-3/19 | 10:05AM-10:50AM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0605 | Guitar Level 2 | 6-12 | Sa | 1/22-3/19 | 10:55AM-11:40AM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0617 | Guitar Semi Private Level 2 & up | 6-12 | Sa | 1/22-3/19 | 11:45AM-12:30PM | Noteworthy | 8 | \$137/\$145 |
| 233.3.0208 | Musical Theatre | 7-12 | W | 1/19-3/09 | 5:30PM-6:25PM | Dance Arts | 8 | \$80/\$88 |
| 233.3.0607 | Piano Keyboard Adults & Teens | 13+ | Th | 1/20-3/24 | 9:00AM-9:45AM | Noteworthy | 10 | \$114/\$122 |
| 233.3.0608 | Piano Keyboard Adults & Teens | 13+ | Th | 1/20-3/24 | 9:50AM-10:35AM | Noteworthy | 10 | \$114/\$122 |
| 233.3.0609 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | Th | 1/20-3/24 | 3:30PM-4:15PM | Noteworthy | 9 | \$103/\$111 |
| 233.3.0600 | Piano Keyboard (Parent/Child) - Book 1 | 3-5 | Sa | 1/22-3/19 | 9:00AM-9:45AM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0601 | Piano Keyboard (Parent/Child) - Book 2 & up | 3-5 | Sa | 1/22-3/19 | 9:50AM-10:35AM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0622 | Piano Keyboard Adult & Teens | 13+ | Th | 1/20-3/24 | 5:10PM-5:55PM | Noteworthy | 9 | \$103/\$111 |
| 233.3.0610 | Piano Keyboard Level 1 | 6-12 | Th | 1/20-3/24 | 4:20PM-5:05PM | Noteworthy | 9 | \$103/\$111 |
| 233.3.0604 | Piano Keyboard Level 1 | 6-12 | Sa | 1/22-3/19 | 12:30PM-1:15PM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0602 | Piano Keyboard Level 2 & Up | 6-12 | Sa | 1/22-3/19 | 10:40AM-11:25AM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0603 | Piano Keyboard Level 2 & up | 6-12 | Sa | 1/22-3/19 | 11:30AM-12:15PM | Noteworthy | 8 | \$91/\$99 |
| 233.3.0631 | WGCT@Booksin | 6-12 | W | 1/19-3/09 | 2:25PM-3:25PM | Staff | 7 | \$70/\$78 |
| 233.3.0630 | WGCT-Theatre Connection | 6-17 | Sa | 1/22-3/19 | 10:00AM-12:00PM | Coffing | 8 | \$105/\$113 |





SPECIALTY

pgs. 38-40

ALMADEN LIL CHEFS

This is a great class for children with all levels of experience. Fun and easy dishes will be emphasized, as well as a basic understanding of kitchen rules and techniques. The children will get to take their tasty treats home after most classes. No additional fees.

ANIMAL ADVENTURES

Do goats really have four stomachs? Do Roosters only crow in the morning? Are pigs really the cleanest animals on the farm. If you have ever found yourself pondering these questions, Animal Adventures is the perfect class for you. This class will teach students about the park's farm animals through games, stories and hands-on interactions with the animals. Don't miss this thrilling opportunity to get up close and personal with Emma's animals.

ANTIQUES: THE INCURABLE COLLECTOR IN ALL OF US

If you are the type of person who enjoys going to a garage sale, antiques show or estate liquidation, this class is for you. Over the 6 week period, the basics of collecting will be covered. Specific discussions include topics, such as; silver, ceramics, glass, paper and furniture styles. Bring a notebook. And for collectors and antiques lovers who have been through workshops that have covered these topics, look at this as a time to review and expand your knowledge. And if you know your teacher, you know he never says anything the same way twice.

ANTIQUES: SELECTED TOPICS

Your instructor, Steven Wayne Yvaska, is your host for another 6-week session covering a variety of subjects of concern to collectors whether you are a novice or advance antiques hobbyist. Bring a notebook and a friend to class.

ANTIQUES: THROUGH THE EYES OF A COLLECTOR

A continuation of informal classes concerning the study of antiques and collectibles. Some of the specific topics to be discussed include kitchen collectibles, World Fair memorabilia, Valentines and vintage metals. No previous class attendance is required, Bring a notebook and invite a friend to sign-up. And for collectors and antiques lovers who have been through workshops that have covered these topics, look at this as a time to review and expand your knowledge. And if you know your teacher, you know he never says anything the same way twice!

AUTUMN ADVENTURE DAYS

Fall is a wonderful time to get outside and enjoy the changing of the seasons, especially at Prusch Park. This class celebrates autumn with fun activities; pumpkin carving, making corn husk figures, starting winter garden, enjoying apple cider and hiking through the park. This is a perfect way to spend time with family and enjoy autumn.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|-----------------------------|-------|--------|-----------|-----------------|------------|------|-------------|
| 252.3.0708 | Almaden Lil' Chefs | 6-9 | Sa | 1/29-2/26 | 10:00AM-11:30AM | Staff | 4 | \$55/\$59 |
| 252.3.0704 | Decadent Desserts | 18+ | Th | 3/03-3/24 | 6:15PM-8:15PM | Staff | 4 | \$105/\$109 |
| 252.3.0701 | Dog Obedience | 12+ | M | 1/24-3/21 | 6:00PM-7:00PM | Green | 8 | \$83/\$91 |
| 252.3.0702 | Dog Obedience | 12+ | M | 1/24-3/21 | 7:10PM-8:10PM | Green | 8 | \$83/\$91 |
| 252.3.0703 | Magic for Kids | 10-16 | Sa | 1/29-3/12 | 11:00AM-12:00PM | Gradowski | 6 | \$65/\$73 |
| 252.3.0709 | Teen Cooking Challenge-NEW! | 11-16 | Sa | 3/05-3/26 | 10:30AM-12:00PM | Staff | 4 | \$120/\$124 |
| 252.1.0705 | Vietnamese Cooking-NEW! | 18+ | Th | 2/03-2/24 | 6:00PM-8:00PM | Staff | 4 | \$115/\$119 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Age | Day(s) | Dates | Time | Instructor | Mtgs | Res/Non-Res |
|------------|-------------------------------|------|--------|-----------|---------------|------------|------|-------------|
| 382.3.0711 | Magic for Kids | 8-12 | M | 1/24-3/21 | 6:00PM-7:00PM | Gradowski | 8 | \$89/\$97 |
| 382.3.0713 | My Dog Could Be a Therapy Dog | 16+ | T | 1/25-3/15 | 7:45PM-8:45PM | Green | 8 | \$79/\$87 |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-----------------------|------|--------|-----------|-----------------|------------|------|------------|
| 420.3.0701 | Animal Adventures | 3+ | Sa | 1/29-1/29 | 10:00AM-11:00AM | Bolger | 1 | \$10/\$14 |
| 420.3.0711 | Animal Adventures | 3+ | Sa | 2/26-2/26 | 10:00AM-11:00AM | Bolger | 1 | \$10/\$14 |
| 420.3.0712 | Animal Adventures | 3+ | Sa | 3/26-3/26 | 10:00AM-11:00AM | Bolger | 1 | \$10/\$14 |
| 420.3.0703 | Autumn Adventure Days | 3+ | Sa | 2/12-2/12 | 10:30AM-12:30PM | Bolger | 1 | \$25/\$29 |



SPECIALTY

COMPOSTING FOR KIDS

This new class at Prusch Park will teach kids all about composting. Students will participate in hands-on activities such as, assembling a composting pile, turning and watering the composting pile and studying the critters that live inside the compost pile. We will visit the worm hotel and learn about worm-composting as well. Wear your grubbies and don't miss this cool new class.

DECADENT DESSERTS

Everyone loves desserts! Be a star at your next gathering with these wonderful desserts you will learn to make at this class. Crème Brûlée, Chocolate Lava Cake, and Pecan Tassies. This class is hands on and you get to take home a dessert.

FEED THE FARM ANIMALS

Kids will have the opportunity to assist park staff in feeding the duck, goats, chickens, rabbits, sheep and miniature pigs. Limited to 20 children.

DOG OBEDIENCE

Students learn to train their dogs to heel, sit, stay, down stay, stand for examination, recall and socialize. Owners learn to problem solve and care for their dogs. Dogs must be at least six months old and be current with all shots and come to class with a leash on. Be sure to bring your furry friend with you.

ELEGANT PARTY FAVORS WITH FLAIR

Are you planning a special event and want to avoid spending the hundreds of dollars it costs to have an event with elegant favors? We are offering a class demonstrating how to create elegant special event favors on a budget. Whether you are just beginning, or a pro, join this class to acquire unique creative ideas. Instructor will offer helpful design tips, and demonstration. Students will complete 2 projects, table place card holder as well as a special event favor. All supplies are included in cost.

FUZION FOOD

Come join us in making fusion cooking featuring Indian, East-Asian and South-East Asian inspired dishes combined to make irresistible cuisines. Spice up your daily meal to something different and healthy too! The dishes are simple to make and delicious for any age. Entertain your guest with exotic meals that are found in ethnic restaurants. Learn to make Karayla, Biryani, Palak, and saabzi; they are not foreign. With salt, pepper, cumin and sage you will create your own fusion delight.

HOLIDAY COOKIE CLASS FOR BEGINNERS

Join us at Emma Prusch Park for a holiday cookie class. Learn to make an assortment of holiday cookies, such as Pumpkin Cookies, Butter Crescents, Snicker doodles, Peanut Butter and Honey Cookies, Double Chocolate Chip and Ginger Snaps. Get into the Holiday Spirit.

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|------------------------------------|------|--------|-----------|-----------------|------------|------|------------|
| 420.3.0702 | Composting for Kids | 5+ | Sa | 1/22-1/22 | 10:00AM-11:30AM | Bolger | 1 | \$20/\$24 |
| 420.3.0713 | Composting for Kids | 5+ | Sa | 3/12-3/12 | 10:00AM-11:30AM | Bolger | 1 | \$20/\$24 |
| 420.3.0707 | Feed The Animals Day | 3+ | Sa | 1/22-1/22 | 9:00AM-10:00AM | Bolger | 1 | \$5/\$5 |
| 420.3.0708 | Feed The Animals Day | 3+ | Sa | 2/12-2/12 | 9:00AM-10:00AM | Bolger | 1 | \$5/\$5 |
| 420.3.0709 | Feed The Animals Day | 3+ | Sa | 3/19-3/19 | 9:00AM-10:00AM | Bolger | 1 | \$5/\$5 |
| 420.3.0710 | Feed The Animals Day | 3+ | Sa | 4/09-4/09 | 9:00AM-10:00AM | Bolger | 1 | \$5/\$5 |
| 420.3.0700 | Holiday Cookie Class for Beginners | 5+ | Sa | 4/02-4/02 | 12:00PM-1:30PM | Bolger | 1 | \$25/\$29 |
| 420.3.0706 | Winter Gardening Basic | 12+ | Sa | 2/05-2/05 | 1:00PM-3:00PM | Bolger | 1 | \$20/\$24 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|-------------------------------------|------|--------|-----------|----------------|------------|------|------------|
| 234.3.0701 | Remodeling 101 Series - Bathroom | 18+ | Sa | 1/29-1/29 | 9:30AM-12:30PM | Staff | 1 | \$25/\$29 |
| 234.3.0704 | Remodeling 101 Series - Bedroom | 18+ | Sa | 2/26-2/26 | 9:30AM-12:30PM | Staff | 1 | \$25/\$29 |
| 234.3.0702 | Remodeling 101 Series - Kitchen | 18+ | Sa | 2/05-2/05 | 9:30AM-12:30PM | Staff | 1 | \$25/\$29 |
| 234.3.0703 | Remodeling 101 Series - Living Room | 18+ | Sa | 2/19-2/19 | 9:30AM-12:30PM | Staff | 1 | \$25/\$29 |



SPECIALTY

MAGIC FOR KIDS

Using everyday objects found around the house, you can fool your friends, build confidence, and amaze everyone with tricks like the magicians you see on T.V. The class will end with a magic show for friends and family to enjoy!

MY DOG COULD BE A THERAPY DOG

Your dog could be a therapy dog, providing comfort and companionship with patients in hospitals, nursing homes and more. This course provided instruction and home training plans to prepare you and your dog for therapy dog certification. A certified Therapy Dogs International (TDI) Evaluator will provide certified testing of all qualifying participants at the final class. Dog must be at least one year old, have taken basic obedience and have proof of required vaccinations (Rabies and DHLP). There is a \$15.00 fee, payable to the instructor.

REMODELING 101 SERIES – BATHROOM, BEDROOM, KITCHEN, LIVING ROOM

Inspiration for your home remodel begins at the next ;Roosevelt Remodeling 101 Series - Bathroom, Kitchen, Living Room, and Bedroom. Workshops. Learn valuable information and gain useful insights about the remodeling process. These workshops share design tips, finish trends, new products, aging in place & more! Lead by industry experts, these workshops are a “must-attend” for anyone considering remodeling their home. You may sign up for one, or all 4.

SEWING BEGINNING

Learn basic sewing skills and use your imagination to create a variety of projects including pillows, tote bags and aprons. You will also learn how to hem, mend and repair your own clothing. Participants must bring their own, Easy-to-use sewing machines, assistance with cutting patterns will be provided. All levels of sewing ability are encouraged to partake in this class. All materials may NOT be included.

TEEN COOKING CHALLENGE

Think you can handle the heat? This class will challenge your teen to be creative and resourceful in the kitchen. We will meet in the Teaching Kitchen and ask the kids to take specific ingredients and create a dish. Each dish will be tested and judged to find a challenge winner each week. All supplies will be included. Kids are asked to bring an apron each day of class and wear their hair tied back.

VIETNAMESE COOKING-NEW!

Learn how to make traditional and fusion style Vietnamese dishes. The skills you will learn can be brought home and shared with your family and friends for years to come.

WINTER GARDENING BASIC

This class is designed to help grow plants with less water. From annual flowers to trees, this class is an introduction to plants that use less water in your garden.

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---|------|--------|-----------|---------------|------------|------|------------|
| 216.3.0700 | Antiques: The Incurable Collector in All of Us | 18+ | W | 1/19-2/23 | 6:30PM-8:30PM | Yvaska | 6 | \$89/\$97 |
| 216.3.0701 | Antiques: Through the Eyes of a Collector | 18+ | W | 3/02-4/06 | 6:30PM-8:30PM | Yvaska | 6 | \$89/\$97 |
| 216.3.0702 | Fuzion Food | 18+ | Th | 1/27-2/24 | 6:00PM-8:00PM | Hason | 5 | \$95/\$99 |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------|------|--------|-----------|-----------------|------------|------|------------|
| 294.3.0702 | Antiques: Selected Topics | 18+ | T | 1/18-2/22 | 10:30AM-12:30PM | Yvaska | 6 | \$89/\$97 |
| 294.3.0700 | Magic for Kids | 8-12 | W | 1/19-3/09 | 6:30PM-7:30PM | Gradowski | 8 | \$79/\$87 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes |
|------------|---------------------------------|------|--------|-----------|-----------------|------------|------|------------|
| 233.3.0700 | Antiques: Selected Topics | 18+ | Th | 1/20-2/24 | 10:00AM-12:00PM | Yvaska | 6 | \$89/\$97 |
| 233.3.0701 | Antiques: Selected Topics | 18+ | Th | 1/20-2/24 | 1:00PM-3:00PM | Yvaska | 6 | \$89/\$97 |
| 233.3.0703 | Elegant Party Favors With Flair | 18+ | W | 2/16-2/16 | 6:30PM-8:30PM | Staff | 1 | \$32/\$36 |
| 233.3.0702 | Sewing Beginning | 18+ | Th | 1/20-3/10 | 7:00PM-8:30PM | Staff | 8 | \$88/\$96 |



SPORT LEAGUES

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ADULT LEAGUES:

BASKETBALL-MEN'S

Adult basketball leagues, all levels; Competitive (high), Recreational A (intermediate) and Recreational B (low) are offered each season at gymnasiums throughout the City of San José. Team registration fees include games, referees, scorekeepers, playoffs and awards for the top two teams. The maximum number of players per roster is 12. Games are scheduled, Monday-Thursday at 7:00pm, 8:00pm and 9:00pm. Locations and times are subject to change.

YOUTH LEAGUES:

COACHES NEEDED!

Volunteer coaches are essential for a successful league. If you are interested in being a volunteer coach, please indicate when you register and include your t-shirt size. Anyone coaching teams involving minors are subject to a criminal background check

BASKETBALL COMPETITIVE CO-ED

A NEW Competitive sports league designed to be a step up from our non-competitive sports league for our younger age groups. Teams will compete against each other to place 1st, 2nd, or 3rd in their age group. All participants will receive a soccer jersey or T-shirt, shin guards, and award. Volunteer coaches are essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include your T-Shirt size. The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

ADULT LEAGUES

CITYWIDE SPORTS, 1300 SENTER RD. (408) 794-6522

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Cost | Location |
|------------|------------------------------|------|--------|-----------|----------------|------|-------|----------------------|
| 381.3.9222 | Adult Basketball-Men's Rec A | 18+ | M | 1/03-3/14 | 7:00PM-10:00PM | 10 | \$700 | Almaden |
| 381.3.9232 | Adult Basketball-Men's Rec A | 18+ | T | 1/04-3/08 | 7:00PM-10:00PM | 10 | \$700 | Moreland West |
| 381.3.9252 | Adult Basketball-Men's Rec A | 18+ | Th | 1/06-3/10 | 7:00PM-10:00PM | 10 | \$700 | Alviso |
| 381.3.9223 | Adult Basketball-Men's Rec B | 18+ | M | 1/03-3/14 | 7:00PM-10:00PM | 10 | \$700 | Berryessa Youth Ctr. |
| 381.3.9233 | Adult Basketball-Men's Rec B | 18+ | T | 1/04-3/08 | 7:00PM-10:00PM | 10 | \$700 | Alum Rock |
| 381.3.9243 | Adult Basketball-Men's Rec B | 18+ | W | 1/05-3/09 | 7:00PM-10:00PM | 10 | \$700 | Moreland West |
| 381.3.9253 | Adult Basketball-Men's Rec B | 18+ | Th | 1/06-3/10 | 7:00PM-10:00PM | 10 | \$700 | Seventrees |

YOUTH LEAGUES

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|---|-------|--------|-----------|---------------|------|------------|----------|
| 252.3.0232 | Almaden Athletics Youth Basketball League | 7-9 | M | 1/24-3/21 | 5:00PM-6:00PM | 8 | \$75/\$83 | Almaden |
| 252.3.0233 | Almaden Athletics Youth Basketball League | 10-13 | W | 1/26-3/23 | 5:00PM-6:00PM | 8 | \$80/\$88 | Almaden |



SPORT LEAGUES

BASKETBALL NON-COMPETITIVE CO-ED

Our non-competitive league is designed to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Volunteer coaches are essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include your T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary week to week. Cost includes t-shirt, award. Coaches needed! The city of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

DODGEBALL CO-ED

This is a competitive dodgeball league with emphasis on team-work. Come out and show your skill and competitive side in this league. Schedules will be passed out on the first day of the league.

DODGEBALL

Come dodge, duck, dive and dodge. Our competitive Dodgeball League will give you the opportunity to perfect the thunderbolt, flinger and boomerang in no time. Game times may vary from week to week. Cost includes official dodgeball t-shirt and medals for all participants.

LITTLE DRIBBLERS

Our non-competitive league is designed to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Volunteer coaches are essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include your T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary week to week. Cost includes t-shirt, award, and a pizza party. Coaches needed! The city of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

ALUM ROCK CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|---|-------|--------|-----------|-----------------|------|------------|-----------|
| 289.3.0903 | Basketball League Competitive Co-Ed | 9-10 | Sa | 1/29-3/26 | 11:30AM-12:30PM | 8 | \$88/\$96 | Alum Rock |
| 289.3.0904 | Basketball League Competitive Co-Ed | 11-13 | Sa | 1/29-3/26 | 12:45PM-1:45PM | 8 | \$88/\$96 | Alum Rock |
| 289.3.0901 | Basketball League Non-Competitive Co-Ed | 5-6 | Sa | 1/29-3/19 | 9:00AM-10:00AM | 7 | \$78/\$86 | Alum Rock |
| 289.3.0902 | Basketball League Non-Competitive Co-Ed | 7-8 | Sa | 1/29-3/19 | 10:15AM-11:15AM | 7 | \$78/\$86 | Alum Rock |

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|-------------------------------------|-------|--------|-----------|----------------|------|-------------|----------------------|
| 212.3.0900 | Basketball Non-Competitive Co-Ed | 5-8 | Sa | 1/29-4/02 | 9:00AM-11:00AM | 9 | \$88/\$96 | Berryessa Youth Ctr. |
| 212.3.0901 | Basketball League Competitive Co-Ed | 9-12 | Sa | 1/29-4/02 | 11:00AM-5:00PM | 9 | \$98/\$106 | Berryessa Youth Ctr. |
| 212.3.0902 | Basketball League Competitive Co-Ed | 13-15 | Sa | 1/29-4/02 | 5:00PM-8:00PM | 9 | \$118/\$126 | Berryessa Youth Ctr. |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|-------------------------------------|------|--------|-----------|-----------------|------|------------|----------|
| 253.3.0903 | Basketball League Co-ed Competitive | 9-11 | Sa | 2/26-4/09 | 12:00PM-1:00PM | 7 | \$79/\$87 | Camden |
| 253.3.0900 | Basketball League Co-ed Funpetive | 5-6 | Sa | 2/26-4/09 | 9:00AM-10:00AM | 7 | \$79/\$87 | Camden |
| 253.3.0901 | Basketball League Co-ed Funpetive | 7-8 | Sa | 2/26-4/09 | 10:30AM-11:30AM | 7 | \$79/\$87 | Camden |
| 382.3.0920 | Dodgeball 18+ Co-Ed | 18+ | F | 1/28-3/25 | 5:00PM-8:00PM | 9 | \$79/\$87 | Camden |

**MILLBROOK CENTER, 3200 MILLBROOK DR. (408) 274-1343**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|----------------------------------|------|--------|-----------|----------------|------|------------|----------|
| 214.3.0901 | Basketball Non-Competitive Co-Ed | 3-6 | Sa | 1/29-3/19 | 9:00AM-10:15AM | 7 | \$75/\$83 | TBD |
| 214.3.0902 | Basketball Non-Competitive Co-Ed | 7-12 | Sa | 1/29-3/19 | 9:00AM-10:15AM | 7 | \$75/\$83 | TBD |

SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|----------------------------------|-------|--------|-----------|-----------------|------|------------|------------|
| 231.3.0915 | Basketball Competitive Co-ed | 11-12 | Sa | 1/22-3/12 | 1:00PM-1:45PM | 7 | \$88/\$96 | Seventrees |
| 231.3.0902 | Basketball Non-Competitive Co-ed | 5-6 | Sa | 1/22-3/12 | 10:00AM-10:45AM | 7 | \$78/\$86 | Seventrees |
| 231.3.0903 | Basketball Non-Competitive Co-ed | 7-8 | Sa | 1/22-3/12 | 11:00AM-11:45AM | 7 | \$78/\$86 | Seventrees |
| 231.3.0914 | Basketball Non-Competitive Co-ed | 9-10 | Sa | 1/22-3/12 | 12:00PM-12:45PM | 7 | \$78/\$86 | Seventrees |
| 231.3.0901 | Little Dribblers Co-ed | 3-4 | Sa | 1/22-3/12 | 9:00AM-9:45AM | 7 | \$78/\$86 | Seventrees |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes | Location |
|------------|----------------------------------|------|--------|-----------|-----------------|------|------------|---------------|
| 294.3.0900 | Basketball Non-Competitive Co-Ed | 5-6 | Sa | 2/05-3/26 | 11:00AM-12:00PM | 8 | \$78/\$86 | Moreland West |
| 294.3.0901 | Basketball Non-Competitive Co-Ed | 7-8 | Sa | 2/05-3/26 | 12:15PM-1:15PM | 8 | \$78/\$86 | Moreland West |
| 294.3.0902 | Basketball Non-Competitive Co-Ed | 9-11 | Sa | 2/05-3/26 | 1:30PM-2:30PM | 8 | \$78/\$86 | Moreland West |

LEISURE CLASS FAQ'S

WHO CAN ENROLL IN CLASSES?

Any person can enroll in classes. See the individual class listing for any specific age requirements.

CAN I REGISTER IF I DO NOT LIVE IN SAN JOSÉ?

Yes, you can register for any class or activity. For fee classes, there is an additional charge for non-residents.

DO I NEED TO PRE-REGISTER FOR CLASSES?

It is recommended that you register online. Many classes fill quickly due to high demand. If a class does not meet the minimum enrollment prior to the first day of class, the class may be cancelled. See "Registration Instructions" for more information.

CAN I REGISTER FOR A CLASS ON THE FIRST DAY?

If there is room in the class and there is no waiting list, you may enroll the first day of class. Please be aware that if a class does not meet the minimum enrollment prior to the first day of class, the class may be cancelled.

HOW DO I KNOW IF I WAS ACCEPTED INTO A CLASS?

If you have provided an email address, an automatic class confirmation will be sent. If an email address has not been provided, you will receive a confirmation in the mail. See "Registration Instructions" for more information.

IF A CLASS FILLS AND I AM PLACED ON A WAITING LIST, WHAT IS THE PROCESS?

Waiting lists are established once a class is filled, with priority given to San José residents. If a space becomes available, the next person on the waiting list will be called.

WHAT HAPPENS IF THE INSTRUCTOR IS ABSENT?

If an instructor is absent, a make-up class will be added to the end of the session.

HOW CAN I GET A REFUND?

Refunds must be requested in writing 14-calendar days prior to the start of the program/class. A \$10 processing fee applies to each activity cancellation requested by the participant.

HOW LONG WILL IT TAKE TO RECEIVE MY REFUND?

When paying by check, there is a 21-day waiting period before refunds can begin to be processed. Cash or check refunds can take up to 6-8 weeks to process. Credit card refunds will be applied back to the original credit card account within one week.

IF THE CLASS IS CANCELLED WILL I RECEIVE A FULL REFUND?

Yes, if a class is cancelled by the City, a full refund is issued.

WHAT HAPPENS IF MY CHECK ACCIDENTALLY BOUNCES?

The City of San José charges a \$28 returned check fee.



SPORTS

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BADMINTON CO-ED

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire; t-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class.

BADMINTON, OPEN PLAY

Come play badminton on a great court, with great people, where attendance is controlled. This class will allow you to reserve your spot so that you don't have down time between matches. Keep your badminton game top notch.

PRISON BALL (DODGEBALL)

If you like dodgeball you'll LOVE Prison Ball. The game is played in a smaller area with less room for balls to go out of bounds resulting in a fast paced game with non stop action. Prison Ball will be a great way for your teenager to start the weekend. Cost includes a shirt

CHEERLEADING 101

Whether your child has never cheered before or your child has experience cheerleading, this class will introduce the sport to them to strengthen the skills they already have. The materials taught will progress each week working towards chants, cheers and jumps. Dance routines will be introduced with popular cheers. In cheerleading 101 A the students will cover the introductory of cheerleading basics and routines. In cheerleading 101B the students will advanced in techniques, skills and more complex routines. The class will conclude with a mini routine performed for family and friends on the last day of class.

FAMILY KARATE (SHOTOKAN)

This class is for adults and families. Get a great workout for everyone. All classes include self-defense and stress the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Please wear loose and comfortable clothing the first day of class. An additional fee for uniforms, belt testing and certification is collected.

FLOOR GYMNASTICS

Do you like to move? Learn basic gymnastics skills such as cartwheels, backbends and more. You will learn to do things just like the real gymnasts do. Parents are allowed to attend the first 10 minutes of the first class and the last day of class for the class performance.

GYM STAR TODDLERS

Calling all active toddlers! Beginning gymnastic skills, tumbling, parachute fun, bubbles and many other gym activities will be taught in this fun class. Parent (or other adult) participation in class is required.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|--------------------------------|-------|------|-----------|-----------------|-------------------|------|-------------|--------------|
| 252.3.0230 | Badminton - Adult Open Play | 16+ | T | 1/04-2/15 | 7:00PM-9:00PM | Staff | 7 | \$28/\$36 | Almaden |
| 252.3.0231 | Badminton - Adult Open Play | 16+ | T | 2/22-4/05 | 7:00PM-9:00PM | Staff | 7 | \$28/\$36 | Almaden |
| 252.3.0226 | Cheerleading | 6-12 | Th | 1/20-3/10 | 3:00PM-3:55PM | Dance Arts | 8 | \$80/\$88 | Almaden |
| 252.3.0224 | Gym Stars | 6-12 | Th | 1/20-3/10 | 4:00PM-4:55PM | Dance Arts | 8 | \$80/\$88 | Almaden |
| 252.3.0803 | Karate Beg/Int (Shotokan) | 5+ | T/Th | 1/18-3/10 | 5:00PM-5:50PM | Camp Carter Int'l | 16 | \$137/\$145 | Almaden |
| 252.3.0804 | Karate Parent/Child (Shotokan) | 5+ | Th | 1/20-3/10 | 6:00PM-6:50PM | Camp Carter Int'l | 8 | \$80/\$88 | Almaden |
| 252.3.0802 | Little Ninja Fitness Fun | 3-5 | T | 1/18-3/15 | 2:15PM-3:00PM | Camp Carter Int'l | 8 | \$57/\$65 | Almaden |
| 252.3.0225 | Mini Gym Stars | 3-6 | Th | 1/20-3/10 | 11:00AM-11:55AM | Dance Arts | 8 | \$80/\$88 | Almaden |
| 252.3.0228 | Mini Gym Stars | 3-6 | Th | 1/20-3/10 | 1:00PM-1:55PM | Dance Arts | 8 | \$80/\$88 | Almaden |
| 252.3.0903 | Prison Ball (Dodgeball) | 13-15 | F | 1/28-3/18 | 3:30PM-4:30PM | Staff | 8 | \$85/\$93 | Almaden |
| 252.3.0810 | Soccer 1 | 5-6 | Th | 1/20-3/10 | 3:35PM-4:20PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0817 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 3:35PM-4:20PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0812 | Soccer 2 | 7-8 | Th | 1/20-3/10 | 4:25PM-5:10PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0818 | Soccer 2 | 7-8 | Sa | 1/22-3/19 | 2:45PM-3:30PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0819 | Soccer 3 | 9-10 | Sa | 1/22-3/19 | 2:45PM-3:30PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0815 | Soccer, Mommy/Daddy & Me | 2-3.5 | Sa | 1/22-3/19 | 11:15AM-11:45AM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0811 | Soccer, Mommy/Daddy & Me | 2-3.5 | M | 1/24-3/14 | 9:30AM-10:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |



SPORTS

GYM STARS

Be a gymnastic star! Learn cartwheels, handstands, rolls, round offs, and much, much more! Parents are allowed to stay for the first 10 minutes on the first day of class and are encourage to attend the last class for a great recital.

JU-JITSU

Brazilian Ju Jitsu is a hands-on grappling style self defense art that teaches children and adults how to defeat bigger and stronger attackers using the principals of leverage. This ancient Japanese Samurai art migrated to Brazil and was refined into a highly technical, highly proficient self defense system. Instructor is a purple belt. No Gi's required.

**KARATE (KENPO)
LEVELS 1 , 2 & 3**

Level 1: Learn a beginning/intermediate form of martial arts that promotes self-esteem and self-confidence. This class teaches the techniques of kicking, punching, blocking, striking and self-defense. Karate uniforms are not required, but are available through the instructor. Students are required to take our Karate Kenpo Level 1 class before registering for the Level 2 class. Students are required to take our Karate Kenpo Level 2 class before registering for the Level 3 class.

**KARATE (SHOTOKAN)
BEGINNER/INTERMEDIATE**

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Katas (forms) and tournament style kumite (sparring) are taught. Class includes self-defense and stresses the importance of self-confidence and mental discipline. All levels are welcome. Please see the instructor for clothing and equipment. An exam fee is additional.

**KARATE PARENT/CHILD
(SHOTOKAN)**

A good physical activity for the whole family! Class is coed. Class promotes healthy activities for family and stresses the importance of exercise. Child must be enrolled with and accompanied by a parent. There is an additional fee for uniform, belt testing and fist pads payable to the instructor. Guests will not be able to stay in the classroom.

LITTLE HOOPSTERS

Basketball is fun and encourages hand eye coordination and motor skills. Through ball play, games and encouragement children learn problem solving, skill development, participation, teamwork and sharing. They playing special games and activities that will help them practice taking turns. Bring water bottle to class; wear close-toed shoes.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|---------------------|-------|------|-----------|-----------------|------------------|------|-------------|--------------|
| 252.3.0809 | Soccer, Pre-Soccer | 4-5 | Th | 1/20-3/10 | 10:05AM-10:40AM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0814 | Soccer, Pre-Soccer | 4-5 | Th | 1/20-3/10 | 2:55PM-3:30PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0816 | Soccer, Pre-Soccer | 4-5 | Sa | 1/22-3/19 | 4:25PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0808 | Soccer, Tot | 3.5-4 | Th | 1/20-3/10 | 9:30AM-10:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0813 | Soccer, Tot | 3.5-4 | Th | 1/20-3/10 | 5:15PM-5:45PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0820 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 5:05PM-5:35PM | Kidz Love Soccer | 8 | \$85/\$93 | Cahalan Park |
| 252.3.0825 | Tennis Beginning | 7-14 | Sa | 1/22-3/19 | 9:00AM-10:00AM | Morgan | 8 | \$75/\$83 | Leland |
| 252.3.0826 | Tennis Beginning | 7-14 | Sa | 1/22-3/19 | 10:10AM-11:10AM | Morgan | 8 | \$75/\$83 | Leland |
| 252.3.0827 | Tennis Intermediate | 8-14 | Sa | 1/22-3/26 | 3:00PM-4:00PM | Morgan | 8 | \$75/\$83 | Leland |
| 252.3.0828 | Tennis Mini | 4-7 | Sa | 1/22-3/05 | 9:00AM-9:45AM | South Bay Tennis | 6 | \$63/\$71 | Castillero |
| 252.3.0829 | Tennis Rallyball 1 | 8-12 | Sa | 1/22-3/05 | 10:00AM-11:00AM | South Bay Tennis | 6 | \$84/\$92 | Castillero |
| 252.3.0830 | Tennis Rallyball 2 | 8-14 | Sa | 1/22-3/05 | 11:05AM-12:05PM | South Bay Tennis | 6 | \$84/\$92 | Castillero |
| 252.3.0824 | Tennis, Adult | 16+ | W | 1/19-3/09 | 6:30PM-7:30PM | Morgan | 8 | \$75/\$83 | Leland |
| 252.3.0241 | Youth Drop-In Gym | 7-16 | T/Th | 1/11-4/14 | 3:30PM-6:00PM | Staff | 26 | \$4/\$8 | Almaden |

ALUM ROCK YOUTH CENTER, 137 N. WHITE RD. (408) 251-5757

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|----------------------------|------|------|-----------|---------------|--------------|------|-------------|-----------|
| 289.3.0806 | Karate Level 1 & 2 (Kenpo) | 5-14 | T | 1/18-3/08 | 5:30PM-6:20PM | Dragon Cloud | 8 | \$69/\$77 | Alum Rock |



SPORTS

LITTLE NINJA FITNESS FUN

This fun filled class will give your child a fun workout! Each little Ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. There is an additional fee for uniform, belt testing, fist pads, payable to the instructor. Parents and guests will not be allowed to stay in the class.

MINI GYM STARS

A great beginner gymnastic class teaching basic gymnastic skills, including movement exploration, balance, and coordination, and at the same time teaching agility and improving motor skills. Parents are allowed to stay for the first 10 minutes on the first day of class and are encourage to attend the last class for a great recital.

SOCCER, MOMMY/DADDY & ME

Introduce yourself and your toddler to the world's most popular game. As you and your child participate in our fun, age-appropriate activities, your child develops their motor and socialization skills. You will enjoy a variety of activities designed around the game of soccer each week.

TENNIS, ADULT

Learn all of the basic strokes with proper technique, fore hand, back hand and serving. Come prepared to learn the different strategies, rules and regulations, and proper game etiquette and technique. Each student should bring a racquet, comfortable clothes and a water bottle.

SOCCER - KIDZ LOVE SOCCER (KLS)

Kids will learn the most popular sport, soccer. Skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive recreational environment. All programs will require shin guards by the second meeting. In case of rain outs, please contact Kids Love Soccer hotline at 1-800-871-2275.

Tot Soccer: Young children will have fun while developing gross motor skills and socialization skills. Ages 31/2-4

Pre-Soccer: Teaches the basic techniques of soccer while building self-esteem and learning to follow instructions. Ages 4-5

Soccer 1: Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small sided soccer matches are gradually introduced. Ages 5-6 years

Soccer 2/Soccer 3: Participants will play the exciting sport of soccer in a fun, non-competitive environment. Equal focus is paid to individual development and team play in small-sided scrimmages. Ages 7-8 & 9-12

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|--------------------------|-------|------|-----------|-----------------|------------------|------|-------------|------------------|
| 212.3.0830 | Karate Level 1 (Kenpo) | 5-14 | M | 1/24-3/14 | 5:30PM-6:20PM | Dragon Cloud | 8 | \$69/\$77 | Berryessa |
| 212.3.0831 | Karate Level 1 (Kenpo) | 5-14 | M/W | 1/24-3/16 | 5:30PM-6:20PM | Dragon Cloud | 16 | \$138/\$146 | Berryessa |
| 212.3.0832 | Karate Level 2 (Kenpo) | 5-14 | M/W | 1/24-3/16 | 4:30PM-5:20PM | Dragon Cloud | 16 | \$138/\$146 | Berryessa |
| 212.3.0816 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 10:15AM-11:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Cataldi Park |
| 212.3.0820 | Soccer 1 | 5-6 | T | 1/25-3/15 | 3:10PM-3:55PM | Kidz Love Soccer | 8 | \$85/\$93 | Penitencia Creek |
| 212.3.0821 | Soccer 2 | 7-8 | T | 1/25-3/15 | 4:00PM-4:45PM | Kidz Love Soccer | 8 | \$85/\$93 | Penitencia Creek |
| 212.3.0817 | Soccer 2 & 3 | 7-10 | Sa | 1/22-3/19 | 11:05AM-11:50AM | Kidz Love Soccer | 8 | \$85/\$93 | Cataldi Park |
| 212.3.0819 | Soccer, Mommy/Daddy & Me | 2-3.5 | T | 1/25-3/15 | 9:00AM-9:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Penitencia Creek |
| 212.3.0815 | Soccer, Pre-Soccer | 4-5 | Sa | 1/22-3/19 | 9:35AM-10:10AM | Kidz Love Soccer | 8 | \$85/\$93 | Cataldi Park |
| 212.3.0814 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Cataldi Park |
| 212.3.0818 | Soccer, Tot | 3.5-5 | T | 1/25-3/15 | 4:50PM-5:20PM | Kidz Love Soccer | 8 | \$85/\$93 | Penitencia Creek |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|------------------------|------|------|-----------|---------------|-------------------|------|-------------|----------|
| 382.3.0802 | Family Karate-Shotokan | 5+ | F | 1/28-3/18 | 6:00PM-6:50PM | Camp Carter Int'l | 8 | \$69/\$77 | Camden |
| 382.3.0826 | Gym Stars | 6-12 | W | 1/26-3/16 | 5:30PM-6:25PM | Dance Arts | 8 | \$80/\$88 | Camden |



SPORTS

**TENNIS BEGINNER/
INTERMEDIATE/ADVANCED**

Tennis has never been easier to play and learn. By using new progression tennis balls and a progressive games-based approach to learning you will learn to rally the ball in the first hour of the first class. Intermediate/Advanced: Previous tennis experience is required. The lessons are fast paced, covering all fundamentals in hitting, movement and strategy. Learn how to shape the ball and improve consistency.

TENNIS RALLEYBALL 1

Join thousands of new tennis players in one of the fastest growing games in the country. But, this is not your traditional tennis lesson! This is Rallyball...the FUN way to learn and play tennis! Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning, players will be able to rally in minutes and learn the fundamentals of the game in a team-oriented environment.

TENNIS RALLEYBALL 2

Must have previous Rallyball experience or similar experience. Not your traditional tennis lesson! This is Rallyball...the FUN way to learn and play tennis! Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning, players will be able to rally in minutes and learn the fundamentals of the game in a team-oriented environment.

YOUTH OPEN GYM

The gymnasium at Almaden Community Center will be open exclusively to youth. The gymnasium will be reserved for shooting hoops and also individual specified interests. There is a \$3.00 flat fee payable at the front desk for each session.

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|--------------------------------|-------|------|-----------|-----------------|----------------------|------|-------------|------------|
| 382.3.0899 | Gymnastics-Beg | 4-6 | M | 1/24-3/14 | 10:00AM-10:50AM | Staff | 8 | \$80/\$88 | Camden |
| 382.3.0803 | Karate Beg/ Int- (Shotokan) | 5+ | M/W | 1/24-3/16 | 4:00PM-4:50PM | Camp Carter Int'l | 16 | \$137/\$145 | Camden |
| 382.3.0501 | Little Ninja Fitness Fun | 3-5 | F | 1/28-3/18 | 10:30AM-11:20AM | Camp Carter Int'l | 8 | \$69/\$77 | Camden |
| 382.3.0801 | Mini Gym Stars | 3-6 | W | 1/26-3/16 | 10:00AM-10:55AM | Dance Arts | 8 | \$80/\$88 | Camden |
| 382.3.0811 | Soccer 1 | 5-6 | W | 1/19-3/09 | 3:25PM-4:10PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0812 | Soccer 1 | 5-6 | Th | 1/20-3/10 | 4:30PM-5:15PM | Kidz Love Soccer | 8 | \$85/\$93 | Doerr Park |
| 382.3.0813 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 10:15AM-11:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0814 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 11:05AM-11:50AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0815 | Soccer 2 | 7-8 | W | 1/19-3/09 | 4:15PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0816 | Soccer 2 | 7-8 | Sa | 1/22-3/19 | 11:55AM-12:40PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0818 | Soccer 3 | 9-10 | W | 1/19-3/09 | 4:15PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0819 | Soccer 3 | 9-10 | Sa | 1/22-3/19 | 11:55AM-12:40PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0806 | Soccer, Mommy/ Daddy & Me | 2-3.5 | W | 1/19-3/09 | 11:00AM-11:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0807 | Soccer, Mommy/ Daddy & Me | 2-3.5 | Th | 1/20-3/10 | 3:45PM-4:15PM | Kidz Love Soccer | 8 | \$85/\$93 | Doerr Park |
| 382.3.0804 | Soccer, Mommy/ Daddy & Me | 2-3.5 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0805 | Soccer, Mommy/ Daddy & Me | 2-3.5 | Sa | 1/22-3/19 | 9:35AM-10:05AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0808 | Soccer, Pre-Soccer | 4-5 | W | 1/19-3/09 | 2:45PM-3:20PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0810 | Soccer, Pre-Soccer | 4-5 | W | 1/19-3/09 | 10:05AM-10:40AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0809 | Soccer, Pre-Soccer | 4-5 | Th | 1/20-3/10 | 3:50PM-4:25PM | Kidz Love Soccer | 8 | \$85/\$93 | Doerr Park |
| 382.3.0817 | Soccer, Pre-Soccer | 4-5 | Sa | 1/22-3/19 | 9:35AM-10:10AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0820 | Soccer, Tot | 3.5-4 | W | 1/19-3/09 | 9:30AM-10:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |


CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|---------------------|-------|------|-----------|-----------------|------------------|------|-------------|------------|
| 382.3.0821 | Soccer, Tot | 3.5-4 | W | 1/19-3/09 | 5:05PM-5:35PM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0822 | Soccer, Tot | 3.5-4 | Th | 1/20-3/10 | 3:15PM-3:45PM | Kidz Love Soccer | 8 | \$85/\$93 | Doerr Park |
| 382.3.0823 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Camden |
| 382.3.0840 | Tennis Beginning | 16+ | Sa | 1/22-3/05 | 8:00AM-9:00AM | South Bay Tennis | 6 | \$69/\$77 | Paul Moore |
| 382.3.0841 | Tennis Mini | 4-7 | Sa | 1/22-3/05 | 9:05AM-9:50AM | South Bay Tennis | 6 | \$47/\$55 | Paul Moore |
| 382.3.0842 | Tennis Ralleyball 1 | 8-12 | Sa | 1/22-3/05 | 10:00AM-11:00AM | South Bay Tennis | 6 | \$63/\$71 | Paul Moore |
| 382.3.0843 | Tennis Ralleyball 2 | 8-14 | Sa | 1/22-3/05 | 11:05AM-12:05PM | South Bay Tennis | 6 | \$63/\$71 | Paul Moore |

EMMA PRUSCH FARM, 647 S. KING RD. (408) 794-6262

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes | Location |
|------------|------------|------|--------|-----------|---------------|------------|------|------------|----------|
| 420.3.0800 | Karate | 5+ | T | 1/20-2/11 | 4:30PM-5:30PM | Staff | 8 | \$71/\$79 | Prusch |
| 420.3.0801 | Karate | 5+ | T | 2/17-3/11 | 4:30PM-5:30PM | Staff | 8 | \$71/\$79 | Prusch |
| 420.3.0802 | Karate | 5+ | T | 3/17-4/14 | 4:30PM-5:30PM | Staff | 8 | \$71/\$79 | Prusch |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|----------------------------|-------|------|-----------|-----------------|------------------|------|-------------|------------------|
| 214.3.0802 | Floor Gymnastics | 3-5 | Th | 1/20-3/17 | 3:00PM-4:00PM | Staff | 8 | \$80/\$88 | Evergreen |
| 214.3.0803 | Floor Gymnastics | 6-8 | Th | 1/20-3/17 | 4:05PM-5:05PM | Staff | 8 | \$80/\$88 | Evergreen |
| 214.3.0804 | Floor Gymnastics | 9-13 | Th | 1/20-3/17 | 5:10PM-6:10PM | Staff | 8 | \$80/\$88 | Evergreen |
| 214.3.0800 | Karate Level 1 (Kenpo) | 5-14 | T/Th | 1/18-3/17 | 4:00PM-4:50PM | Dragon Cloud | 16 | \$138/\$146 | Evergreen |
| 214.3.0801 | Karate Level 2 & 3 (Kenpo) | 5-14 | T/Th | 1/18-3/17 | 5:00PM-5:50PM | Dragon Cloud | 16 | \$138/\$146 | Evergreen |
| 214.3.0805 | Soccer 1 | 5-6 | F | 1/21-3/18 | 3:25PM-4:10PM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0811 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 10:15AM-11:00AM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0806 | Soccer 2 | 7-8 | F | 1/21-3/18 | 4:15PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0812 | Soccer 2 | 7-8 | Sa | 1/22-3/19 | 11:05AM-11:50AM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0807 | Soccer 3 | 9-10 | F | 1/21-3/18 | 4:15PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0813 | Soccer 3 | 9-10 | Sa | 1/22-3/19 | 11:05AM-11:50AM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0830 | Soccer, Mommy/Daddy & Me | 2-3.5 | Sa | 1/22-3/19 | 4:30PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0810 | Soccer, Pre-Soccer | 4-5 | Sa | 1/22-3/19 | 9:35AM-10:10AM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0808 | Soccer, Tot | 3.5-5 | F | 1/21-3/18 | 5:05PM-5:40PM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0809 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 9:00AM-9:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Fowler Creek |
| 214.3.0815 | Tennis Beginning | 16+ | Sa | 1/22-3/05 | 8:30AM-9:30AM | South Bay Tennis | 6 | \$69/\$77 | EV Comm. College |
| 214.3.0816 | Tennis Mini | 4-7 | Sa | 1/22-3/05 | 9:30AM-10:15AM | South Bay Tennis | 6 | \$47/\$55 | EV Comm. College |
| 214.3.0817 | Tennis Ralleyball 1 | 8-12 | Sa | 1/22-3/05 | 10:30AM-11:30AM | South Bay Tennis | 6 | \$63/\$71 | EV Comm. College |
| 214.3.0818 | Tennis Ralleyball 2 | 8-14 | Sa | 1/22-3/05 | 11:35AM-12:35PM | South Bay Tennis | 6 | \$63/\$71 | EV Comm. College |

**MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060**

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|------------------------|------|------|-----------|---------------|--------------|------|-------------|----------|
| 210.3.0801 | Gym Stars | 5-10 | W | 1/19-3/09 | 4:00PM-4:55PM | Dance Arts | 8 | \$80/\$88 | Mayfair |
| 210.3.0805 | Jiu Jitsu (Brazilian) | 5-7 | Th | 1/20-3/10 | 3:30PM-4:30PM | Staff | 8 | \$69/\$77 | Mayfair |
| 210.3.0804 | Jiu Jitsu (Brazilian) | 8-12 | Th | 1/20-3/10 | 2:30PM-3:30PM | Staff | 8 | \$69/\$77 | Mayfair |
| 210.3.0806 | Jiu Jitsu (Brazilian) | 18+ | F | 1/21-4/15 | 4:30PM-5:30PM | Staff | 13 | \$108/\$116 | Mayfair |
| 210.3.0807 | Karate Level 1 (Kenpo) | 5-14 | T/Th | 1/18-3/10 | 4:30PM-5:20PM | Dragon Cloud | 16 | \$138/\$146 | Mayfair |
| 210.3.0808 | Karate Level 1 (Kenpo) | 5-14 | Th | 1/20-3/10 | 4:30PM-5:20PM | Dragon Cloud | 8 | \$69/\$77 | Mayfair |
| 210.3.0809 | Karate Level 2 (Kenpo) | 5-14 | T/Th | 1/18-3/10 | 5:30PM-6:20PM | Dragon Cloud | 16 | \$138/\$146 | Mayfair |
| 210.3.0810 | Karate Level 2 (Kenpo) | 5-14 | Th | 1/20-3/10 | 5:30PM-6:20PM | Dragon Cloud | 8 | \$69/\$77 | Mayfair |
| 210.3.0800 | Mini Gym Stars | 3-6 | W | 1/19-3/09 | 3:00PM-3:55PM | Dance Arts | 8 | \$80/\$88 | Mayfair |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Days | Dates | Time | Instructor | Mtgs | Res/Non-res | Location |
|------------|--------------------------------|-------|------|-----------|-----------------|-------------------|------|-------------|-----------|
| 282.3.0999 | Basketball Fundamentals Clinic | 6-12 | Sa | 1/29-3/19 | 10:00AM-12:00PM | Staff | 7 | \$86/\$94 | Edenvale |
| 282.3.0891 | Cheerleading 101 | 5-7 | T | 1/25-3/01 | 5:30PM-6:30PM | Worden | 6 | \$60/\$68 | Edenvale |
| 282.3.0892 | Cheerleading 101 | 8-10 | Th | 1/27-3/03 | 5:30PM-6:30PM | Worden | 6 | \$60/\$68 | Edenvale |
| 282.3.0895 | Gym Stars | 7-12 | T | 1/18-2/22 | 4:00PM-4:55PM | Dance Arts | 6 | \$60/\$68 | Edenvale |
| 216.3.0883 | Gym Stars | 7-12 | W | 1/19-2/23 | 5:00PM-5:55PM | Dance Arts | 6 | \$60/\$68 | Southside |
| 216.3.0885 | Gym Stars | 7-12 | W | 3/02-3/23 | 5:00PM-5:55PM | Dance Arts | 4 | \$40/\$44 | Southside |
| 216.3.0880 | Karate (Shotokan) | 5+ | M/W | 1/24-3/21 | 6:00PM-7:00PM | Camp Carter Int'l | 16 | \$137/\$145 | Southside |
| 216.3.0881 | Karate (Shotokan) | 5+ | M/W | 1/24-3/21 | 7:00PM-8:00PM | Camp Carter Int'l | 16 | \$137/\$145 | Southside |
| 282.3.0896 | Little Hoopsters | 3-5 | Sa | 1/22-3/19 | 9:00AM-9:45AM | Staff | 8 | \$90/\$98 | Edenvale |
| 216.3.0882 | Little Ninja Fitness Fun | 3-5 | Th | 1/27-3/17 | 11:45AM-12:30PM | Camp Carter Int'l | 8 | \$69/\$77 | Southside |
| 282.3.0894 | Mini Gym Stars | 3-6 | T | 1/18-2/22 | 11:00AM-11:55AM | Dance Arts | 6 | \$60/\$68 | Edenvale |
| 216.3.0884 | Mini Gym Stars | 3-6 | W | 1/19-2/23 | 6:00PM-6:55PM | Dance Arts | 6 | \$60/\$68 | Southside |
| 216.3.0886 | Mini Gym Stars | 3-6 | W | 3/02-3/23 | 6:00PM-6:55PM | Dance Arts | 4 | \$40/\$44 | Southside |
| 216.3.0887 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 2:45PM-3:30PM | Kidz Love Soccer | 8 | \$85/\$93 | La Colina |
| 216.3.0888 | Soccer 2 | 7-8 | Sa | 1/22-3/19 | 3:35PM-4:20PM | Kidz Love Soccer | 8 | \$85/\$93 | La Colina |
| 216.3.0889 | Soccer, Pre Soccer | 4-5 | Sa | 1/22-3/19 | 4:25PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | La Colina |
| 216.3.0890 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 5:05PM-5:35PM | Kidz Love Soccer | 8 | \$85/\$93 | La Colina |

WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes | Location |
|------------|---------------------------|-------|--------|-----------|-----------------|------------------|------|------------|---------------|
| 294.3.0811 | Badminton-Coed | 6-10 | Sa | 1/22-3/12 | 4:00PM-5:00PM | Le | 8 | \$88/\$96 | Moreland West |
| 294.3.0819 | Soccer 1 | 5-6 | Sa | 1/22-3/19 | 9:30AM-10:15AM | Kidz Love Soccer | 8 | \$85/\$93 | Calabazas Pk |
| 294.3.0820 | Soccer, Mommy/ Daddy & Me | 2-3.5 | Sa | 1/22-3/19 | 3:00PM-3:30PM | Kidz Love Soccer | 8 | \$85/\$93 | Calabazas Pk |
| 294.3.0821 | Soccer, Pre-Soccer | 4-5 | Sa | 1/22-3/19 | 10:20AM-10:55AM | Kidz Love Soccer | 8 | \$85/\$93 | Calabazas Pk |
| 294.3.0824 | Soccer, Tot | 3.5-4 | Sa | 1/22-3/19 | 11:00AM-11:30AM | Kidz Love Soccer | 8 | \$85/\$93 | Calabazas Pk |
| 294.3.0802 | Tennis Beginning | 16+ | T | 1/18-3/01 | 6:15PM-7:17PM | South Bay Tennis | 6 | \$69/\$77 | Murdock Park |


WEST SAN JOSE CENTER, 3707 WILLIAMS RD. (408) 249-6580

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes | Location |
|------------|---------------------|------|--------|-----------|---------------|------------------|------|------------|--------------|
| 294.3.0803 | Tennis Intermediate | 16+ | T | 1/18-3/01 | 7:30PM-8:30PM | South Bay Tennis | 6 | \$69/\$77 | Murdock Park |
| 294.3.0816 | Tennis Mini | 4-7 | T | 1/18-3/01 | 3:15PM-4:00PM | South Bay Tennis | 6 | \$47/\$55 | Murdock Park |
| 294.3.0808 | Tennis Mini | 4-7 | Sa | 1/22-3/05 | 1:00PM-1:45PM | South Bay Tennis | 6 | \$47/\$55 | Murdock Park |
| 294.3.0817 | Tennis Ralleyball 1 | 8-12 | T | 1/18-3/01 | 4:05PM-5:05PM | South Bay Tennis | 6 | \$63/\$71 | Murdock Park |
| 294.3.0809 | Tennis Ralleyball 1 | 8-12 | Sa | 1/22-3/05 | 2:00PM-3:00PM | South Bay Tennis | 6 | \$63/\$71 | Murdock Park |
| 294.3.0818 | Tennis Ralleyball 2 | 8-14 | T | 1/18-3/01 | 5:10PM-6:10PM | South Bay Tennis | 6 | \$63/\$71 | Murdock Park |
| 294.3.0810 | Tennis Ralleyball 2 | 6-12 | Sa | 1/22-3/05 | 3:05PM-4:05PM | South Bay Tennis | 6 | \$63/\$71 | Murdock Park |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Res/NonRes | Location |
|------------|----------------------------------|-------|--------|-----------|-----------------|-------------------|------|------------|-------------------|
| 233.3.0800 | Gym Star Toddlers (Parent Tot) | 1.5-3 | M | 1/24-3/21 | 2:30PM-3:25PM | Dance Arts | 8 | \$80/\$88 | Willow Glen |
| 233.3.0802 | Gym Stars | 7-12 | M | 1/24-3/21 | 4:30PM-5:25PM | Dance Arts | 8 | \$80/\$88 | Willow Glen |
| 233.3.0804 | Karate - Family Class (Shotokan) | 5+ | W | 1/19-3/09 | 7:15PM-8:00PM | Camp Carter Int'l | 8 | \$51/\$59 | Willow Glen |
| 233.3.0803 | Little Ninja Fitness Fun | 3-5 | W | 1/19-3/09 | 1:45PM-2:30PM | Camp Carter Int'l | 8 | \$51/\$59 | Willow Glen |
| 233.3.0801 | Mini Gym Stars | 3-6 | M | 1/24-3/21 | 3:30PM-4:25PM | Dance Arts | 8 | \$80/\$88 | Willow Glen |
| 233.3.0812 | Soccer 1 | 5-6 | Th | 1/20-3/10 | 3:25PM-4:10PM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0816 | Soccer 1 | 5-6 | M | 1/24-3/14 | 3:50PM-4:35PM | Kidz Love Soccer | 7 | \$74/\$82 | Lincoln Glen Park |
| 233.3.0813 | Soccer 2 | 7-8 | Th | 1/20-3/10 | 4:15PM-5:00PM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0817 | Soccer 2 | 7-8 | M | 1/24-3/14 | 3:50PM-4:35PM | Kidz Love Soccer | 7 | \$74/\$82 | Lincoln Glen Park |
| 233.3.0808 | Soccer, Mommy/Daddy & Me | 2-3.5 | Th | 1/20-3/10 | 5:15PM-5:45PM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0807 | Soccer, Mommy/Daddy & Me | 2-3.5 | Sa | 1/22-3/12 | 11:30AM-12:00PM | Kidz Love Soccer | 7 | \$74/\$82 | Lincoln Glen Park |
| 233.3.0810 | Soccer, Pre-Soccer | 4-5 | Th | 1/20-3/10 | 10:15AM-10:50AM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0811 | Soccer, Pre-Soccer | 4-5 | Th | 1/20-3/10 | 2:45PM-3:20PM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0818 | Soccer, Pre-Soccer | 4-5 | M | 1/24-3/14 | 4:40PM-5:15PM | Kidz Love Soccer | 7 | \$74/\$82 | Lincoln Glen Park |
| 233.3.0809 | Soccer, Tot | 3.5-4 | Th | 1/20-3/10 | 9:40AM-10:10AM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0814 | Soccer, Tot | 3.5-4 | Th | 1/20-3/10 | 5:05PM-5:35PM | Kidz Love Soccer | 8 | \$85/\$93 | Lincoln Glen Park |
| 233.3.0815 | Soccer, Tot | 3.5-4 | M | 1/24-3/14 | 3:15PM-3:45PM | Kidz Love Soccer | 7 | \$74/\$82 | Lincoln Glen Park |



ACTIVE ADULTS CLASSES 50+

pgs. 51-55

ART OF CAKE BAKING AND DECORATING

This course will include perfecting intermediate techniques of the culinary art of cake baking and decorating. Please inform instructor if you have food allergy. Bring your own container for food take out.

BAKING 101

This course introduces participants to the ingredients, procedures and processes of basic baking. It includes concepts in formulas, measuring and scaling. This course also provides an overview of baking – things to remember, what to buy, and good recipes to start with. Includes a variety of breads, cookies, pastries, pies and cake making and finishing techniques. Please inform instructor if you have food allergy. Bring your own container for food take out.

BALLROOM DANCE

Join us and our group of volunteer organizers in the fabulous floor studio for a fun afternoon of dancing to your favorite songs. All are welcome! There will be some informal instruction available.

CITIZENSHIP CLASS

Are you preparing for U.S. Citizenship Exam? Would you like to have the chance to learn U.S. history, civics, and practice the interview process? If your answer is “YES”, here is the class for you. This class will cover everything you need to pass the American history and government section of the citizenship interview. Reading materials and instruction will be appropriate for English Language Learners (ESL).

CREATIVE ARTS

Join other participants who enjoy making jewelry, fabric arts and a variety of crafts. Students teach each other new techniques and crafts.

CREATIVE WRITING

If you have ever felt the need to put your feelings into a poem or a short story or if you have a desire to get your memoirs down for the grandkids, this is the place for you. No experience needed.

DECIPHERING THE LANGUAGE OF LOVE

Take your relationship to a whole new level. Through this workshop you will discover how to effectively communicate with your partner while creating new ways to relate to one another. Enhance your relationship for a lifetime. Fee is per person.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|----------------------------------|------|--------|-----------|-----------------|------------|------|------|
| 252.3.1802 | Deciphering the Language of Love | 50+ | W | 1/12-2/16 | 6:00PM-8:00PM | Strickland | 6 | \$49 |
| 252.3.1808 | Feldenkrais | 50+ | F | 1/14-2/18 | 9:40AM-10:30AM | McCarten | 6 | \$34 |
| 252.3.1809 | Feldenkrais | 50+ | F | 3/04-4/08 | 9:40AM-10:30AM | McCarten | 6 | \$34 |
| 252.3.1810 | Feldenkrais | 50+ | F | 4/22-5/27 | 9:40AM-10:30AM | McCarten | 6 | \$34 |
| 252.3.1811 | Geneology | 50+ | T | 1/18-2/22 | 9:30AM-11:30AM | Erickson | 6 | \$34 |
| 252.3.1815 | Geneology | 50+ | T | 3/01-4/05 | 9:30AM-11:30AM | Erickson | 6 | \$34 |
| 252.3.1816 | Geneology | 50+ | T | 4/12-5/10 | 9:30AM-11:30AM | Erickson | 5 | \$29 |
| 252.3.1817 | Hanna Somatic | 50+ | T | 1/11-2/15 | 6:00PM-7:00PM | Kerber | 6 | \$34 |
| 252.3.1818 | Hanna Somatic | 50+ | W | 1/12-2/16 | 10:00AM-11:00AM | Kerber | 6 | \$34 |
| 252.3.1820 | Hanna Somatic | 50+ | T | 3/08-4/12 | 6:00PM-7:00PM | Kerber | 6 | \$34 |
| 252.3.1819 | Hanna Somatic | 50+ | W | 3/09-4/13 | 10:00AM-11:00AM | Kerber | 6 | \$34 |
| 252.3.1825 | Line Dance Beginner | 50+ | Th | 1/06-3/03 | 8:45AM-10:15AM | P. Boesel | 8 | \$24 |
| 252.3.1826 | Line Dance Beginner | 50+ | Th | 3/10-4/28 | 8:45AM-10:15AM | P. Boesel | 6 | \$19 |
| 252.3.1830 | Line Dance Intermediate | 50+ | Th | 1/06-3/03 | 10:30AM-12:00PM | P. Boesel | 8 | \$24 |
| 252.3.1831 | Line Dance Intermediate | 50+ | Th | 3/10-4/28 | 10:30AM-12:00PM | P. Boesel | 6 | \$19 |
| 252.3.1840 | Living Happily | 50+ | W | 1/12-2/16 | 10:00AM-12:00PM | Strickland | 6 | \$34 |
| 252.3.1838 | Living Happily | 50+ | W | 2/23-3/30 | 6:00PM-8:00PM | Strickland | 6 | \$34 |
| 252.3.1841 | Living Happily | 50+ | W | 3/09-4/13 | 10:00AM-12:00PM | Strickland | 6 | \$34 |



ACTIVE ADULTS CLASSES 50+

EASY CARDIO CIRCUIT TRAINING

This is a non-competitive co-ed combination of aerobics and muscle toning activities that will increase fitness levels for men and women. Work at your own pace.

ENHANCE FITNESS

A group exercise class for older adults age 55+. This class will improve your balance, flexibility, bone density, endurance, coordination, mental sharpness and decrease your risk of falling. Each class is one hour and meets for three days a week for ten weeks.

FELDENKRAIS

Awareness through movement. Help improve your flexibility and reduce muscular tension while enhancing mobility, balance, and coordination. Safe comfortable movement sequences from a certified teacher. Ideal for people with arthritis, fibromyalgia, and other painful conditions.

FRESHEN YOUR HOME WITH FENG SHUI

Use color, fabric, furniture placement and Feng Shui "cures" to align your home with happy, natural energy. Bring a simple sketch of your "home / space" including compass directions.

GARDENING BASICS AND BEYOND

You can have a big yard, or a small patio. The instructor will teach you tips and techniques to use in your own beautiful garden for healthy soil, bulbs, plants, organic vegetables, controlling pests, and more! Participants will also spend some of the class time in the bulb garden located at the Center.

GENEALOGY

Discover proof of your family's ancestry as we dig through records available around the Bay Area and on the Internet. Monthly field trips to libraries and archives give hands-on experience after participating in class discussions.

GENTLE YOGA

Stretches based on the Feldenkrais method to increase flexibility and balanced mobility in the mature body.

HANNA SOMATIC EDUCATION

Hanna Somatic Education is a natural, gentle and safe way to end chronic pain, relieve stress and restore freedom of movement. You will learn how to release tension patterns you may not be aware of that have lingered with you for days or even years resulting from injury, trauma, surgery, minor falls or even the stress of daily life. Wear comfortable clothing and bring a mat or towel.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|-----------------------------------|------|--------|-----------|-----------------|------------|------|------|
| 252.3.1850 | Memoir Writing | 50+ | M | 1/24-3/07 | 10:30AM-12:00PM | Knight | 6 | \$34 |
| 252.3.1851 | Memoir Writing | 50+ | M | 3/14-4/25 | 10:30AM-12:00PM | Knight | 6 | \$34 |
| 252.3.1853 | Morning Stretch/Body Conditioning | 50+ | M/W/F | 1/03-6/17 | 8:00AM-8:40AM | Staff | 69 | \$10 |
| 252.3.1854 | Morning Stretch/Body Conditioning | 50+ | M/W/F | 1/03-6/17 | 8:50AM-9:30AM | Staff | 69 | \$10 |
| 252.3.1858 | Piano Keyboarding 1A | 50+ | F | 1/14-4/01 | 9:30AM-10:15AM | Seifert | 12 | \$15 |
| 252.3.1860 | Piano Keyboarding 1A | 50+ | F | 4/08-7/01 | 9:30AM-10:15AM | Seifert | 12 | \$15 |
| 252.3.1859 | Piano Keyboarding 1B | 50+ | F | 1/14-4/01 | 10:30AM-12:00PM | Seifert | 12 | \$15 |
| 252.3.1861 | Piano Keyboarding 1B | 50+ | F | 4/08-7/01 | 10:30AM-12:00PM | Seifert | 12 | \$15 |
| 252.3.1863 | Self Defense | 50+ | W | 1/12-2/16 | 10:30AM-11:30AM | Schachner | 6 | \$34 |
| 252.3.1864 | Self Defense | 50+ | W | 2/23-3/30 | 10:30AM-11:30AM | Schachner | 6 | \$34 |
| 252.3.1866 | Tai Chi | 50+ | W | 1/12-2/16 | 10:30AM-11:30AM | Robertson | 6 | \$34 |
| 252.3.1867 | Tai Chi | 50+ | W | 3/02-4/06 | 10:30AM-11:30AM | Robertson | 6 | \$34 |
| 252.3.1868 | Tai Chi | 50+ | W | 4/13-5/18 | 10:30AM-11:30AM | Robertson | 6 | \$34 |
| 252.3.1890 | Voice Lessons | 50+ | T | 1/18-4/05 | 3:00PM-5:00PM | Tan | 12 | \$34 |
| 252.3.1812 | Yoga (Gentle) | 50+ | F | 1/14-2/18 | 10:40AM-12:00PM | McCarten | 6 | \$34 |
| 252.3.1813 | Yoga (Gentle) | 50+ | F | 3/04-4/08 | 10:40AM-12:00PM | McCarten | 6 | \$34 |
| 252.3.1814 | Yoga (Gentle) | 50+ | F | 4/22-5/27 | 10:40AM-12:00PM | McCarten | 6 | \$34 |
| 252.3.1895 | Zumba Platinum | 50+ | M | 1/24-3/07 | 11:00AM-11:45AM | Fowler | 6 | \$29 |
| 252.3.1896 | Zumba Platinum | 50+ | M | 3/14-4/18 | 11:00AM-11:45AM | Fowler | 6 | \$29 |



ACTIVE ADULTS CLASSES 50+

LAPIDARY

Specialized craft using machines to cut and polish rocks and gemstones into decorative items (not for re-sale). Participants must register in advance.

LINE DANCE - BEGINNING

Come find out how much fun it is to Line Dance. Lessons are easy and provide great exercise. You do not need a partner or any experience in dance. You will learn classic line dances and popular ones. Dance shoes work best! Don't forget to bring a water bottle to quench your thirst as you dance away.

LINE DANCE INTER.

Come join in on the fun of intermediate line dancing, where partners are not needed. Advanced steps and movement will be introduced and practice. A minimum of six months of line dancing experience required before attending class.

LIVING HAPPILY

One of the most important goals in life is to be happy! This is a class to learn about ways to bring more positivity into your life. Learn what the experts say; think about what would enhance your life. It's about past, present and future positivity. Remembering happy memories--letting the negative ones go. Purposefully bringing up enjoyable conversation topics today. Talking happy talk about the future. Planning for fun. Of course life brings challenges so we can't replace emotional support during stressful times or problem solving. But we can be more intentional about making our lives more satisfying and increasing our well-being.

MEMOIR WRITING

Have you always wanted to write your story? Have you already started and need help putting it together in an easy to read book? Join this class to find inspiration & information on how to write your story.

MORNING STRETCH / BODY CONDITIONING

Come for a head-to-toe workout. Improve your cardiovascular, respiratory, and circulatory systems and increase muscle tone and improve flexibility.

NEWS AND VIEWS

Engaging conversation with other adults on national and local current events. Feel free to bring topics of interest and your historical perspective on them. There is no instructor for this class. A volunteer leads the class on each topic.

ORGAN & PIANO INT/ADV

Join others who enjoy playing the organ and piano.

CAMDEN COMMUNITY CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|----------------------------------|------|---------|-----------|-----------------|------------|------|------|
| 257.3.1804 | Creative Writing | 50+ | Th | 1/13-3/03 | 9:00AM-11:00AM | | 8 | \$30 |
| 257.3.1801 | Enhanced Fitness | 50+ | T/Th/Sa | 1/04-3/12 | 10:30AM-11:30AM | Cutright | 10 | \$30 |
| 257.3.1808 | Enhanced Fitness | 50+ | M/W/F | 1/10-3/21 | 1:30PM-2:30PM | | 30 | \$30 |
| 257.3.1803 | Feldenkrais | 50+ | T | 1/11-3/01 | 1:30PM-2:30PM | | 8 | \$32 |
| 257.3.1807 | Freshen Your Home with Feng Shui | 50+ | Sa | 3/05-3/05 | 9:30AM-11:30AM | | 1 | \$12 |
| 257.3.1805 | Wise Women's Saturday | 50+ | Sa | 2/05-2/05 | 9:30AM-12:30PM | | 1 | \$12 |

CYPRESS SENIOR CENTER, 403 S. CYPRESS AVE. (408) 244-1353

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|--------------------------|------|--------|-----------|---------------|------------|------|------|
| 256.3.1885 | Square Dance, Member | 50+ | W | 3/09-3/30 | 1:30PM-3:30PM | Woods | 4 | \$16 |
| 256.3.1887 | Square Dance, Member | 50+ | W | 4/06-4/27 | 1:30PM-3:30PM | Woods | 4 | \$16 |
| 256.3.1881 | Square Dance, Member | 50+ | W | 1/05-1/26 | 1:30PM-3:30PM | Woods | 4 | \$16 |
| 256.3.1883 | Square Dance, Member | 50+ | W | 2/02-2/23 | 1:30PM-3:30PM | Woods | 4 | \$16 |
| 256.3.1882 | Square Dance, Non-Member | 50+ | W | 1/05-1/26 | 1:30PM-3:30PM | Woods | 4 | \$20 |
| 256.3.1886 | Square Dance, Non-Member | 50+ | W | 3/09-3/30 | 1:30PM-3:30PM | Woods | 4 | \$20 |
| 256.3.1888 | Square Dance, Non-Member | 50+ | W | 4/06-4/27 | 1:30PM-3:30PM | Woods | 4 | \$20 |
| 256.3.1884 | Square Dance, Non-Member | 50+ | W | 2/02-2/23 | 1:30PM-3:30PM | Woods | 4 | \$20 |



ACTIVE ADULTS CLASSES 50+

PIANO/KEYBOARDING

Students share portable keyboards and learn how to read music and play simple, popular pieces. Beginning piano music is welcomed. However, Alfred's Basic Piano Adult All-In-One course book is strongly recommended.

PIANO INT /ADV FOR SENIORS

Come practice your favorite songs on the piano with your friends.

SELF DEFENSE

Never feel vulnerable again! Take this class geared for seniors. Learn how to fend off any attacker with some simple techniques.

SOUL LINE DANCING

Our Soul Line Dancing class will give you a low impact cardio work out. With classic foot tapping R&B music and variations on many Soul Line Dancing Routines, students are bound to leave energized and full of nostalgia.

SQUARE DANCE - BEGINNER

If you like to square dance or want to learn to square dance, this is the class for you.

TAI CHI

This is a graceful exercise using slow circular movements and deep breathing. Tai Chi is great in helping the body improve strength and balance, and it helps relieve stress.

STRENGTH & BALANCE CLASS

An exercise program consisting of strength building and weight-bearing activities in order to improve balance, and increase muscle strength and bone mass, thereby curtailing one of the main dangers for older adults; falling and breaking bones. This exercise program has been proven to reduce bone loss and in some cases, build back bone mass. This class is subject to an Activity Fee.

SURVIVAL ENGLISH - ENGLISH AS SECOND LANGUAGE

Through Conversations, grammar review and vocabulary-building exercise, this class will help you to learn to speak English in everyday situation.

VOICE LESSONS

The goals of this class are to teach proper singing techniques including breathing, voice production, diction, expression and posture. Reading and understanding music as well as music theory & interpretation. A wide range of music repertoire will be offered, including classical, popular, musicals and opera. As well as songs from different countries and in different languages.

WATER COLOR & PASTEL

Enjoy exploring different techniques in watercolor using a variety of papers and materials. Use pastels focusing on portraits and still life compositions. Design ways for using pastels and watercolor in combinations. Prerequisite: one year in Mixed Media Art.

WISE WOMEN'S SATURDAY

A woman's sharing group. Explore early traditions in which women were the core of all cultures. Share a green circle to enhance intuition, manifest life goals, and explore relationships. (Wear comfortable clothing)

YOGA – BEGINNING

This gentle exercise is beneficial for anyone wanting to get fit. Wear comfortable clothing and bring a mat or towel.

ZUMBA PLATINUM

Zumba Platinum Fitness & Dance class is geared toward the active older adult. Set to a variety of music this class will have you dancing and smiling in no time!

CYPRESS SENIOR CENTER, 403 S. CYPRESS AVE. (408) 244-1353

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|--------------------------------------|------|--------|-----------|----------------|------------|------|------|
| 256.3.1811 | Strength & Balance Class, Member | 50+ | Tu/F | 1/11-3/04 | 9:00AM-10:00AM | Ramirez | 16 | \$44 |
| 256.3.1813 | Strength & Balance Class, Member | 50+ | Tu/F | 3/15-5/06 | 9:00AM-10:00AM | Ramirez | 16 | \$44 |
| 256.3.1812 | Strength & Balance Class, Non-Member | 50+ | Tu/F | 1/11-3/04 | 9:00AM-10:00AM | Ramirez | 16 | \$49 |
| 256.3.1814 | Strength & Balance Class, Non-Member | 50+ | Tu/F | 3/15-5/06 | 9:00AM-10:00AM | Ramires | 16 | \$49 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220 NO PROGRAMS WEEK OF 2/21

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|-------------------------|------|--------|-----------|----------------|------------|------|------|
| 215.3.1806 | Line Dance Advanced | 50+ | W | 1/19-3/09 | 1:00PM-2:30PM | Megginson | 8 | \$24 |
| 215.3.1804 | Line Dance Beginning | 50+ | Th | 1/20-3/10 | 9:00AM-10:00AM | Megginson | 8 | \$15 |
| 215.3.1805 | Line Dance Intermediate | 50+ | Th | 1/20-3/03 | 2:30PM-3:30PM | Megginson | 7 | \$15 |
| 215.3.1808 | Zumba Platinum | 50+ | F | 1/14-3/04 | 1:00PM-2:00PM | Staff | 8 | \$33 |

**SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690**

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|--|------|--------|-----------|-----------------|-------------|------|------|
| 239.3.1813 | Art of Cake Baking and Decorating | 50+ | T | 1/18-2/15 | 4:10PM-6:10PM | Staff | 5 | \$35 |
| 239.3.1814 | Art of Cake Baking and Decorating | 50+ | T | 2/22-3/22 | 4:10PM-6:10PM | Staff | 5 | \$35 |
| 239.3.1811 | Baking 101 | 50+ | T | 1/18-2/15 | 2:00PM-4:00PM | Staff | 5 | \$35 |
| 239.3.1812 | Baking 101 | 50+ | T | 2/22-3/22 | 2:00PM-4:00PM | Staff | 5 | \$35 |
| 239.3.1800 | Ballroom Dance with Style | 50+ | Th | 1/27-3/24 | 1:00PM-2:00PM | Staff | 9 | \$15 |
| 239.3.1810 | Citizenship Class | 50+ | Th | 1/20-3/24 | 11:00AM-12:00PM | Staff | 10 | \$12 |
| 239.3.1801 | Line Dance | 50+ | W/F | 1/19-2/18 | 1:00PM-3:00PM | Del Rosario | 10 | \$23 |
| 239.3.1802 | Line Dance | 50+ | W/F | 2/23-3/25 | 1:00PM-3:00PM | Del Rosario | 10 | \$23 |
| 239.3.1806 | Senior Balance Training | 50+ | T | 1/18-2/15 | 10:30AM-11:30AM | Staff | 5 | \$10 |
| 239.3.1807 | Senior Balance Training | 50+ | T | 2/22-3/22 | 10:30AM-11:30AM | Staff | 5 | \$10 |
| 239.3.1803 | Soul Line Dancing | 50+ | Th | 1/06-2/03 | 1:00PM-3:00PM | Croft | 5 | \$14 |
| 239.3.1804 | Soul Line Dancing | 50+ | Th | 2/17-3/24 | 1:00PM-3:00PM | Croft | 6 | \$17 |
| 239.3.1809 | Survival English - English as Second Language | 50+ | Th | 1/20-3/24 | 9:45AM-10:45AM | Staff | 10 | \$12 |
| 239.3.1805 | Yoga | 50+ | Th | 1/20-3/24 | 10:45AM-11:45AM | Staff | 10 | \$22 |
| 239.3.1808 | Zumba Platinum | 50+ | T | 1/18-3/22 | 10:45AM-11:45AM | Staff | 10 | \$30 |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|------------|------|--------|-----------|---------------|------------|------|------|
| 219.3.1824 | Line Dance | 50+ | M | 1/10-3/14 | 1:30PM-3:30PM | Shannon | 8 | \$36 |

WILLOW GLEN CENTER, 2175 LINCOLN AVE. (408) 978-7681

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Instructor | Mtgs | Cost |
|------------|----------------------------------|------|--------|-----------|-----------------|------------|------|------|
| 255.3.1807 | Creative Arts | 50+ | W | 1/05-3/30 | 10:00AM-12:00PM | Volunteer | 13 | \$26 |
| 255.3.1806 | Creative Writing | 50+ | W | 1/05-3/30 | 1:00PM-3:00PM | Volunteer | 13 | \$26 |
| 255.3.1816 | Enhanced Fitness- WG Members | 50+ | M/W/F | 1/10-3/18 | 10:15AM-11:15AM | Faber | 29 | \$20 |
| 255.3.1817 | Enhanced Fitness- WG Non-Members | 50+ | M/W/F | 1/10-3/18 | 10:15AM-11:15AM | Faber | 29 | \$30 |
| 255.3.1818 | Feldenkrais | 50+ | M | 1/10-2/28 | 8:30AM-9:30AM | Staff | 7 | \$30 |
| 255.3.1819 | Feldenkrais | 50+ | M | 3/07-3/28 | 8:30AM-9:30AM | Staff | 4 | \$24 |
| 255.3.1811 | Gardening Basics and Beyond | 50+ | T | 2/11-3/15 | 10:00AM-12:00PM | Staff | 6 | \$40 |
| 255.3.1800 | Lapidary | 50+ | F | 1/07-1/28 | 9:00AM-12:00PM | Volunteer | 4 | \$20 |
| 255.3.1801 | Lapidary | 50+ | F | 2/04-2/25 | 9:00AM-12:00PM | Volunteer | 4 | \$20 |
| 255.3.1802 | Lapidary | 50+ | F | 3/04-3/25 | 9:00AM-12:00PM | Volunteer | 4 | \$20 |
| 255.3.1812 | News and Views | 50+ | F | 1/07-3/25 | 9:30AM-11:30AM | Volunteer | 12 | \$24 |
| 255.3.1803 | Organ & Piano Int/Adv | 50+ | M | 1/03-3/28 | 9:30AM-12:30PM | Volunteer | 12 | \$28 |
| 255.3.1804 | Piano Int /Adv for Seniors | 50+ | T | 1/04-3/29 | 1:00PM-3:00PM | Volunteer | 13 | \$26 |
| 255.3.1809 | Tai Chi | 50+ | Th | 2/03-2/24 | 8:30AM-9:30AM | Staff | 4 | \$18 |
| 255.3.1810 | Tai Chi | 50+ | Th | 3/03-3/31 | 8:30AM-9:30AM | Staff | 5 | \$22 |
| 255.3.1805 | Watercolor, Int | 50+ | F | 1/07-3/25 | 12:30PM-2:30PM | Volunteer | 12 | \$24 |



ACTIVE ADULTS PROGRAMS 50+

pgs. 56-61

As you are aware, the City of San Jose as well as other Cities, and the State are experiencing tough economic times. In order to help offset costs and to continue offering programs and activities for the Senior Programs at the Senior and Community Centers, we are selling Activity Cards for drop in activities and senior center club programs. All City of San Jose Senior Centers and Programs will be charging the same fees. Each center will have a list of drop in activities or programs that will fall under the activity card guidelines. The prices for the Activity Cards are as follows:

\$1.00 per drop in activity*

\$5 for 6 activities*

\$10 for 12 activities*

\$20 for 25 activities*

*Drop-in activities meeting for more than two hours will require additional fees

To find out the drop-in programs, please visit your local community/senior center.

ACRYLIC PAINTING DROP - IN GROUP

A perfect place to create your masterpieces! Everyone is welcome to join us in studio with your own art project and be with other artists for friendship, sharing and critique.

BALLROOM DANCE

Come join others for some various dancing and fun socializing. Dress is casual and singles are welcomed. Come try out the exciting world of ballroom dancing; including the slow gliding foxtrot to sensuous rumba, to a vivacious cha cha... there is something for everyone. No partners or previous experience needed, just a desire to have some fun!

BODY CONDITIONING/ TAI CHI

Achieve enhanced body line, strength, and flexibility. Strengthen and lengthen your major muscle groups, while exercising to popular music.

BRIDGE

Come on out and join other active adults who enjoy playing a game of bridge. Some Centers offer duplicate bridge. Check with the Center to see if you need to be an intermediate or advanced player. Kirk offers beginning bridge classes.

CALLIGRAPHY

Join others in learning the beautiful art of Calligraphy writing.

CARDS

Need a card partner? Join us in a variety of card games where wonderful friendships are formed. You will learn from fellow classmates and have great conversations.

CERAMICS

Enjoy socializing in class while molding and painting your own beautiful ceramic pieces. Supplies are not included and the instructor will inform you of what is needed for the class.

CHINESE BRUSH PAINTING

Join others in painting beautiful portraits using the art of brush painting.

CONVERSATIONAL ENGLISH CLASS

This is a special class designed to practice the English language and join in on the discussions of current events and other topics. (This is not an ESL class)

CRAFTER'S WHO CARE

This volunteer group makes handcrafted blankets and sweaters that will go to a sick, abused or traumatized child in our area. People who like to knit or crochet, and those who would like to learn are invited to join. For more information about joining them, call the Center for more information.

CREATIVE ARTS

For two hours a week experience the variety of creative crafts and fun of successful crafting sessions with others. If you're a "I can't" person find yourself becoming an "I can" person "and I did it myself"!

CRIBBAGE

We have a great group and more are always welcome to play this card and board game. Enjoy lots of fun and laughter.

CROCHET AND KNITTING

Socialize and learn off of each others skills on how to crochet and knit.

CURRENT EVENTS

Join others in keeping up with the worlds current events in this social class.

DANCE SOCIAL

Live Ballroom Dance Music the first three Tuesdays of the Month and DJ Music on the 4th and 5th Tuesdays of the Month. Cost: \$4.00 for Members and \$5.00 for Non-Members on Live Music days and \$2.00 for Members and \$3.00 for Non-Members on DJ days.

DOUG'S ART WORKSHOP

A perfect place to paint and create masterpieces! Everyone is welcome to join us in the studio with your own art project and be with other artists for friendship, sharing and critique!

DUPLICATE BRIDGE

Duplicate Bridge is called duplicate because the same bridge hand (i.e. arrangement of cards) is duplicated at other tables, in order to allow a fair comparison of playing skill and reduce "luck of the cards". In this way, every hand, whether good or bad, is played in competition with others playing the identical cards, and the element of skill is heightened whilst that of chance is reduced.



ACTIVE ADULTS PROGRAMS 50+

EVERGREEN CUT UPS

If you are interested in joining a quilting group, please call Liz Gill at (408) 238-4621. Cost: \$1.00 per daily session.

EVERGREEN SINGERS

For those who love to sing, join us! If you play an instrument, stop by when the group meets. No singing experience is required. Please call the Center at (408) 270-2220 for current practice dates.

EXERCISE WITH VIDEO

Grab your shoes and join this great exercise class. This volunteer led class works out to a variety of exercise videos for all levels and abilities.

EXPLORING LITERATURE

Join this book club to read and discuss short stories, novels, plays and poetry. Enroll, read, discuss and enjoy!

FITNESS OVER 50

Light Aerobic exercise at your own pace.

HEARING IMPAIRED

We have a Hearing Impaired Support Group that meets on the 1st and 3rd Wednesdays of the Month.

HORSESHOE CLASS

Please enjoy your morning while having fun playing the fun game of horseshoes.

INSTRUCTIONAL BRIDGE

Do you want to learn how to play bridge? This is the class for you. Join others in the beginning lessons of bridge. Instructor will inform you of any material cost.

KARAOKE

Be a star and sing your heart out! You don't have to sing, participants are welcome to come and listen. Karaoke singers must provide their own Karaoke CD's. The center provides the sound system and mic. Beginners are welcome!

KNIT AND CROCHET-HANDWORK FOR OTHERS

Enjoy socializing with others while making wonderful blankets and clothing items for donations.

KNITTING

Come and knit with us! We have an instructor that will be here to teach you if you are beginning and we also welcome experienced knitters that want to socialize while knitting.!

KOREAN DANCE GROUP

If you are interested in dancing, come and join this fun group as they dance to Korean Music come to Cypress Senior Center on Tuesdays in Room 5 from 1:00pm to 3:00pm. Subject to Activity Fee

LINE DANCING

Put on your dancing shoes or boots and join the fun! Participants dance to a variety of songs. Dancers must have at least six months experience in line dancing.

MAH JONG

Pull up a chair and join this popular tile game that is similar to rummy. American, Jewish and Chinese Mah Jong are played at certain senior programs. Call your nearest senior center to find out which version will suit your needs. All levels welcome.

MIXED MEDIA DROP-IN

Spend time working on your ongoing art projects with the mediums of oil painting, acrylics and watercolors with other participants. Bring your own art materials. Cost: \$1.00 for daily session.

NEEDLEWORK ANGELS

This group of ladies gets together each week to sew, knit, crochet, needlepoint and enjoy each other's company. They donate the fruits of their labor to deserving charities each December.

PAINTING GROUP

This is a drop in painting opportunity for intermediate and experienced painters in a supportive classroom environment - open to all media. Subject to an Activity Fee

PINOCHLE

Play Pinochle and enjoy socializing with a great group of participants.

PHIL'S TRIO

If you like to listen or play music come out with Phil and the group to hear music from Jazz to Hawaiian music.

PINOCHLE CLUB

If you enjoy making friends while exercising your mind, join this fun and friendly group. Come and practice your skills with others. You just need to walk in and be ready to play. We are recruiting new players, so don't be shy and come play!

POKER

If you like to play poker this is a fun bunch of people who love to play poker, come out play a hand or two etc. There is a Mandatory Activity Fee.

PAINTING

Join others socializing while painting your favorite portraits.

PING PONG

Challenge your friends or others to a game of ping pong or just enjoy socializing over a friendly game.

QUILTERS

Quilting is done on bed spreads, art quilt wall hangings, clothing, and a variety of textile products. This group loves to design beautiful, unique quilts. They work on individual and group projects and love heirloom projects. For beginners or experienced quilters - lots of helpful advice available.

ROMEOS

This is a men's support group that discusses issues on health, policies, and life experiences.



ACTIVE ADULTS PROGRAMS 50+

SENIOR HEALTH

This program references modern medicine and medical practices designed especially for seniors by SACRAMENTO HEALTH CARE DECISIONS in union with local hospitals and medical care program. Subject matter will include 1) the changing role of medicine and our changing view of death 2) quality of life 3) how to communicate your decisions to your loved ones 4) tools of communication 5) building a partnership with your doctor 6) living and dying in a caring community. Printed material will be given to each participant and discussion and study will be open.

SOUTHSIDE THEATER

Join this group in practicing plays and presentations for others to enjoy. No previous acting experience required.

SPANISH FOR BEGINNERS

Be prepared for your next visit to a Spanish speaking country. Learn the basics of conversational Spanish. Learn basic counting, alphabet and essential vocabulary.

STITCHERY & HANDIWORK FOR OTHERS

If you like to volunteer your time on sharing your talents to make knitted and crocheted articles for distribution to Valley Medical Center and Martha's Kitchen. Or come and learn to knit or crochet to help others.

TABLE TENNIS

Table tennis is the most popular racket sport in the world! Table tennis, also known as ping pong, is a sport in which two or four players hit a lightweight, hollow ball back and forth with rackets. The game takes place on a hard table divided by a net. Join the Kirk Senior Table Tennis group at Hogue Park – (Bldg. 1) and play with other table tennis enthusiasts! This is a great group and there is the opportunity for tournaments and competitions in house.

TAI CHI

The ancient art of Tai Chi uses gentle flowing movements to reduce stress, improve balance and coordination and improve health. Some knowledge of Tai Chi is required. Please join us anytime.

TAP PRACTICE

This group of tappers gets together to hone their skills and practice for performances around the Bay Area.

THE GOLDEN AGE OF THE MOVIE COWBOY LECTURE SERIES

Join guest lecturer, Mike Davis, as he starts his new: The Golden Age of the Movie Cowboy? Series here at Camden. Mike's Dad was award winning producer, Art Davis, from Looney Tunes cartoons, and Mike grew up in the middle of Hollywood where his family friends were your favorite silver screen legends such as Roy Rogers and Walt Disney.

VIDEO EXERCISE

If you like a low impact aerobic exercise program, this is the class for you and its fun.

VISTA CENTER FOR THE BLIND

This is a support group for seniors who are visually impaired to address problems of living with vision loss. Subject to an Activity Fee.

WALKING CLUB

The group. in the breezeway and walk in the surrounding neighborhoods.

WATER COLOR & PASTEL

Enjoy exploring different techniques in watercolor using a variety of papers and materials. Use pastels focusing on portraits and still life compositions. Design ways for using pastels and watercolor in combinations. Prerequisite: one year in Mixed Media Art.

WII BOWLING

If you like to Bowl, you must try Wii Bowling. So come join us and have some fun.

WII GAMES

Seniors Wii Games Drop In Time. If you want to learn how to play the Wii to keep up with the kids in your family this is the time for you.

YOGA

This gentle exercise is beneficial for anyone wanting to get fit. Wear comfortable clothing and bring a thick mat or towel.

YUAN CHI DANCE

Enjoy this unique form of exercise. Traditional Chinese dance brings energy, enjoyment, and well-being to the body while the mind enjoys the harmony of the music bringing peace and balance.

YUAN JI DANCE

Enjoy this artistic dance and join in with a great group of participants.

**ALMADEN CENTER, 6445 CAMDEN AVE. (408) 268-1133**

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|-------------------------------|------|------------|-----------------|
| 252.5.1907 | Ballroom Dancing | M | 4/12-12/12 | 1:00PM-3:00PM |
| 252.5.1908 | Ballroom Dancing | F | 4/16-12/16 | 6:30PM-8:00PM |
| 252.5.1916 | Belly Dancing-Introduction | T | 8/17-12/13 | 9:30AM-10:45AM |
| 252.5.1918 | Bridge Beginning | Th | 4/15-12/15 | 9:30AM-12:00PM |
| 252.5.1917 | Bridge Intermediate | T | 4/13-12/13 | 10:00AM-3:00PM |
| 252.5.1995 | Creative Arts | F | 8/20-12/16 | 10:00AM-12:00PM |
| 252.5.1919 | Creative Writing | T | 4/13-12/13 | 1:30PM-3:00PM |
| 252.5.1930 | Gametime | F | 4/16-12/16 | 1:00PM-4:00PM |
| 252.5.1926 | Happy Singers (Group Singing) | F | 8/20-12/16 | 12:30PM-3:30PM |
| 252.5.1927 | History Club | W | 8/18-12/14 | 10:30AM-12:00PM |
| 252.5.1925 | Knitting & Crochet | F | 4/16-12/16 | 10:00AM-12:00PM |
| 252.5.1932 | Line & Salsa Dance | W | 9/01-12/14 | 1:30PM-2:33PM |
| 252.5.1923 | Line Dance | T | 4/13-12/13 | 8:30AM-9:30AM |
| 252.5.1921 | Mah Jong | W | 4/14-12/14 | 1:00PM-4:00PM |
| 252.5.1922 | On Our Own | W | 4/14-12/14 | 12:30PM-3:30PM |
| 252.5.1911 | Pinochle | M | 4/12-12/12 | 1:00PM-4:00PM |
| 252.5.1912 | Pinochle Beginning | Th | 4/15-12/15 | 1:00PM-4:00PM |
| 252.5.1931 | Popcorn & Movie | T | 8/10-6/07 | 2:00PM-4:03PM |
| 252.5.1900 | Senior Health | W | 8/18-12/14 | 9:00AM-10:30AM |
| 252.5.1901 | Table Tennis/Ping Pong | M | 4/12-12/12 | 9:45AM-11:30AM |
| 252.5.1902 | Table Tennis/Ping Pong | W | 4/14-12/14 | 1:30PM-4:30PM |
| 252.5.1903 | Table Tennis/Ping Pong | Th | 4/15-12/15 | 1:30PM-4:30PM |
| 252.5.1933 | Views on the News | T | 4/13-12/13 | 10:00AM-12:00PM |

BERRYESSA CENTER, 3050 BERRYESSA RD. (408) 251-6392

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|-----------------------|------|-------------|----------------|
| 213.5.1913 | Spanish For Beginners | F | 10/02-3/11 | 8:40AM-10:00AM |
| 213.5.1905 | Yuan Chi Dance | T | 10/06-10/06 | 8:30AM-10:00AM |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|----------------------|------|------------|----------------|
| 257.5.1938 | Ballroom Dancing | M | 1/10-6/27 | 2:00PM-3:30PM |
| 257.5.1930 | Bridge Drop In | F | 1/07-6/24 | 9:00AM-3:00PM |
| 257.5.1939 | Bridge Duplicate | M/Th | 1/04-6/30 | 10:30AM-4:00PM |
| 257.5.1937 | Cribbage | T | 1/04-6/28 | 12:00PM-3:00PM |
| 257.5.1931 | Doug's Art Workshop | F | 1/07-6/24 | 9:00AM-12:30PM |
| 257.5.1924 | Exploring Literature | Th | 1/06-6/16 | 9:00AM-11:30AM |
| 257.5.1935 | Kirk Quilters | W | 1/05-6/29 | 9:30AM-11:30AM |
| 257.5.1909 | Kirk Quilters | W | 4/07-12/29 | 9:30AM-11:30AM |
| 257.5.1929 | Mah Jong | F | 1/07-6/24 | 12:45PM-2:45PM |
| 257.5.1934 | Needlework Angels | W | 1/05-6/29 | 9:00AM-10:00AM |
| 257.5.1927 | Table Tennis | T | 1/04-6/28 | 10:00AM-4:30PM |
| 257.5.1925 | Table Tennis | F | 1/07-6/24 | 10:00AM-4:30PM |
| 257.5.1928 | Table Tennis | M | 1/10-6/27 | 1:00PM-5:00PM |


CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|---|------|-----------|-----------------|
| 257.5.1933 | Tai Chi | W | 1/05-6/29 | 8:45AM-9:45AM |
| 257.5.1932 | Tap Practice | Th | 1/06-6/23 | 10:00AM-11:00AM |
| 257.5.1923 | The Golden Age of the Movie Cowboy Lecture Series | W | 1/05-6/15 | 1:00PM-4:00PM |

CYPRESS SENIOR CENTER, 403 S. CYPRESS AVE. (408) 244-1353

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|----------------------------------|------|-------------|-----------------|
| 256.5.1914 | Acrylic Painting Drop -In Group | T | 12/15-12/21 | 9:30AM-11:30AM |
| 256.5.2129 | Adult Resources | Th | 12/17-12/16 | 10:00AM-11:00AM |
| 256.5.1920 | Bridge | W | 12/16-12/15 | 12:30PM-3:30PM |
| 256.5.1937 | Bridge Duplicate | F | 12/18-12/17 | 10:00AM-2:00PM |
| 256.5.1935 | Bridge Intermediate | F | 12/18-12/17 | 12:30PM-3:30PM |
| 256.5.1913 | Dance Social | T | 12/15-12/21 | 1:15PM-3:15PM |
| 256.5.1924 | Hearing Impaired | W | 12/16-12/15 | 9:00AM-3:30PM |
| 256.5.1915 | Korean Dance Group | T | 12/15-12/21 | 1:00PM-3:00PM |
| 256.5.2109 | Newcomers Orientation | T | 1/12-12/14 | 9:30AM-12:00PM |
| 256.5.1907 | Painting Group | M | 12/14-12/20 | 12:30PM-2:30PM |
| 256.5.2021 | Phil's Trio | W | 12/16-12/29 | 9:00AM-10:00AM |
| 256.5.1934 | Poker | F | 12/18-12/17 | 9:00AM-11:00AM |
| 256.5.1927 | ROMEOS | Th | 12/17-11/18 | 9:30AM-11:30AM |
| 256.5.2133 | Stitchery & Handiwork for Others | Th | 12/17-12/16 | 1:00PM-3:30PM |
| 256.5.1901 | Video Exercise Program | M/W | 12/14-12/20 | 9:00AM-10:00AM |
| 256.5.1919 | Vista Center for the Blind | W | 1/13-12/08 | 10:00AM-11:30AM |
| 256.5.2118 | Walking Group | Tu/F | 12/15-12/21 | 9:00AM-10:30AM |
| 256.5.1911 | Wii Bowling | T | 9/01-12/27 | 1:00PM-3:00PM |
| 256.5.1902 | Wii Games | M | 8/30-12/26 | 10:30AM-12:00PM |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 270-2220

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|----------------------------|-------|------------|-----------------|
| 215.5.1905 | BINGO | T | 4/27-4/29 | 1:15PM-3:45PM |
| 215.5.1909 | Body Conditioning/ Tai Chi | W | 4/28-4/30 | 10:00AM-11:00AM |
| 215.5.1911 | Body Conditioning/ Tai Chi | W | 5/05-5/01 | 10:01AM-11:01AM |
| 215.5.1903 | Bridge Drop In | M | 4/12-11/04 | 12:30PM-3:30PM |
| 215.5.2102 | Crafter Who Care | F | 5/14-5/17 | 10:00AM-12:00PM |
| 215.5.1907 | Evergreen Cut Ups | W | 5/05-5/08 | 1:00PM-3:30PM |
| 215.5.1912 | Evergreen Singers | Th | 5/06-5/09 | 1:00PM-2:15PM |
| 215.5.1904 | Mixed Media Drop-In | T | 4/13-11/05 | 12:30PM-3:30PM |
| 215.5.1910 | Tai chi | W | 4/28-4/30 | 3:00PM-4:00PM |
| 215.5.1908 | Tai Chi | W | 5/05-5/08 | 3:00PM-4:00PM |
| 215.5.1901 | Video Exercise | M/F | 4/12-11/08 | 9:45AM-11:00AM |
| 215.5.1906 | Yoga | M/W/F | 4/28-4/30 | 8:45AM-9:45AM |

**SEVEN TREES CENTER, 3590 CAS DR. (408) 794-1690**

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|------------------------------------|--------|-----------|-----------------|
| 239.5.1904 | Cards | T/W/Th | 1/18-3/24 | 10:00AM-3:00PM |
| 239.5.1900 | Current Events with Special Events | M | 1/24-3/21 | 12:30PM-2:30PM |
| 239.5.1903 | Exercise with Video | T | 1/18-3/22 | 9:00AM-10:00AM |
| 239.5.1908 | Group Line Dance | W/F | 1/19-3/25 | 11:00AM-12:00PM |
| 239.5.1909 | Karaoke | W/F | 1/19-3/25 | 9:00AM-11:30AM |
| 239.5.1905 | Mah Jong Club | M-F | 1/18-3/25 | 9:00AM-2:00PM |
| 239.5.1911 | Open Studio | Th | 1/20-3/24 | 10:00AM-12:00PM |
| 239.5.1907 | Yuan Chi Dance/Tai Chi | W/F | 1/19-3/25 | 9:00AM-11:00AM |

SOUTHSIDE CENTER, 5585 COTTLE RD. (408) 629-3336

| Class No. | Class Name | Ages | Day(s) | Time |
|------------|--------------------------------------|-------|------------|-----------------|
| 219.5.1908 | Ballroom Dancing | Th | 4/08-12/09 | 1:30PM-3:30PM |
| 219.5.1914 | Bridge Instructional | F | 4/09-12/10 | 1:00PM-4:00PM |
| 219.5.1915 | Bridge Practice | W | 4/07-12/08 | 1:00PM-4:00PM |
| 219.5.1929 | Calligraphy | M | 9/20-12/13 | 1:00PM-3:00PM |
| 219.5.1916 | Cards | T/Th | 4/06-12/09 | 9:00AM-12:00PM |
| 219.5.1920 | Ceramics | M | 9/13-12/06 | 9:30AM-12:00PM |
| 219.5.1930 | Ceramics | T | 9/14-12/28 | 9:30AM-12:00PM |
| 219.5.1902 | Chair Exercises | M | 5/03-12/13 | 1:00PM-1:45PM |
| 219.5.1927 | Chinese Brush Painting | F | 4/09-12/10 | 9:00AM-12:00PM |
| 219.5.1909 | Conversational English | M/F | 4/05-12/13 | 10:00AM-12:00PM |
| 219.5.1926 | Crochet and Knitting | F | 4/09-12/03 | 9:30AM-12:30PM |
| 219.5.1928 | Current Events Club | M | 4/05-12/13 | 9:30AM-12:00PM |
| 219.5.1901 | Fitness Over 50 | M/W/F | 5/03-12/13 | 8:30AM-9:30AM |
| 219.5.1919 | Horseshoe Club | T | 4/06-12/07 | 10:30AM-12:00PM |
| 219.5.1921 | Horseshoe Club | F | 4/09-12/10 | 9:30AM-11:30AM |
| 219.5.1918 | Knit and Crochet-Handwork for Others | M/Th | 4/05-12/13 | 9:30AM-12:30PM |
| 219.5.1922 | Mah Jong | T | 4/06-12/07 | 9:00AM-3:00PM |
| 219.5.1917 | Painting | W | 4/07-12/08 | 12:00PM-3:00PM |
| 219.5.1913 | Ping Pong | M/W | 4/05-12/13 | 1:00PM-4:30PM |
| 219.5.1923 | Pinochle | Th | 4/08-12/09 | 1:00PM-4:00PM |
| 219.5.1925 | Quilting Club | T | 4/06-12/07 | 9:00AM-12:00PM |
| 219.5.1910 | Southside Theater Group | W | 4/07-12/08 | 1:30PM-4:00PM |
| 219.5.1924 | Spanish Club | M | 4/05-12/13 | 9:00AM-12:00PM |
| 219.5.1905 | Tai Chi-Advanced | F | 5/07-12/10 | 3:00PM-4:00PM |
| 219.5.1904 | Tai Chi-Intermediate | F | 5/07-12/10 | 2:00PM-3:00PM |
| 219.5.1903 | Tai Ji Quan | F | 5/07-12/10 | 9:00AM-11:30AM |
| 219.5.1907 | Tap Dancing | W | 4/07-12/08 | 10:00AM-12:00PM |
| 219.5.1906 | Yuan Ji Dance | W | 4/07-12/08 | 9:00AM-11:00AM |



ACTIVE ADULTS SERVICES 50+

Aging Services

5730 Chambertin Drive, San José 95118

Phone: 408-979-7912

Fax: 408-979-0536

Bus Line: 27

Types of Programs: Information and assistance, volunteer placement, assessment, support services, tax assistance, and wellness programs.

Programs designed for those age 50+ unless otherwise noted.

CITYWIDE SERVICES

INCOME TAX PREPARATION

Trained volunteers are available at your local center by appointment to prepare your Federal and State income tax. Call your local center for an appointment. If you are interested in becoming a volunteer tax counselor, please call the Aging Services at 408-979-7906 for training information.

OLDER ADULT RESOURCE PROGRAM

Older Adult Resource Specialists visit each community or senior center once a week to provide information and linkage to services and resources that promote independent living. The Specialist will work with the senior and/or their family to identify needs through an assessment process (can be conducted in the senior's home). Specialist will assist with reviewing options and coordinating resources to meet identified needs. Pick up the Senior Center Service Directory for more information or contact 408-979-7904.

RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

RSVP provides older adults (age 55+) with opportunities to volunteer at sites throughout the San José area including senior centers, libraries and hospitals. Volunteers serve without compensation, but may be reimbursed for certain expenses such as mileage. All volunteers are covered by accident and liability insurance. The RSVP program also offers free income tax preparation assistance and home owners and renters assistance (described under Income Tax Assistance). Contact the Aging Services at 408-979-7906 for further details.

SENIOR CITIZENS COMMISSION

The fifteen member commission is appointed by City Council and advises the Mayor and City Council on matters of importance to San José seniors including housing, transportation, health and safety. The public is invited to attend the monthly meeting held the second Thursday of every month from 1:30-4:30pm. Contact 408-979-7915 for further details and locations of the meeting.

SENIOR COMPANION PROGRAM (SCP)

The Senior Companion Program recruits and trains seniors aged 60+ to become companions to other elders who are home bound or in frail health. A Senior Companion volunteers 20 hours per week and receives a stipend. Senior Companion clients are elders who are at risk of becoming institutionalized without outside assistance. If you are interested in the SCP, please contact 408-979-7904.

SOCIAL SERVICES

The Aging Services offers a variety of Citywide Services and Programs to older adult residents to help them maintain an active and independent life style. Most programs are designed for those age 50 and over and are offered through your local Senior and Community Centers. Below is a comprehensive listing of all programs and activities offered at the various Senior Centers.

***Please note: Not all programming is offered at each center.**

ADVISORY COUNCILS

Each center has an Advisory Council consisting of volunteers who provide input to the center staff on programs and senior issues. Most Advisory Councils sponsor fund-raising activities for their center and meet once per month.

BLOOD PRESSURE CHECK

Time and date varies by center. Call local center for more information.

BROWN BAG

If you are aged 60+ or disabled age 55+, you may be eligible to receive a weekly supplemental bag of groceries if you meet the income requirements. Maximum monthly household income for one person is \$1,325; two people are \$1,790 and three people are \$2,256.

DEFENSIVE DRIVING CLASSES

AARP 55 Alive driving classes are offered throughout the year. Class includes a refresher of driving skills. A certificate is provided upon completion of class which many insurance companies accept for a discount on rates. Cost for the class is \$12; Non-AARP \$14. Call your center to inquire about upcoming dates.

FREE BREAD PROGRAM

Please bring your own plastic bag. (Schedule subject to change and is dependent upon bread availability.) Times vary by center, call your center for more information.

BOUTIQUE (WILLOW GLEN & SOUTHSIDE ONLY)

Hand crafted items for sale made by fellow seniors. Come to shop or become an artist. Open Monday-Friday 10:00am-2:00pm.



ACTIVE ADULTS SERVICES 50+

HAIRCUTS FREE

Volunteers cut hair for both men and women at various centers. Appointments for Seniors only. Call your center office for appointments. Please shampoo your hair before the appointment. Tips are not allowed.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

The Health Insurance Counseling and Advocacy Program, available at centers (see Senior Service Directory on page 71-72) is free of charge. Trained counselors will assist you with Medicare, Medi-Cal, supplemental insurance "D" prescription drug coverage and long-term care insurance information or issues. Counselors can also help you fill out claim forms. Please call your local center for an appointment.

LENDING LIBRARY

On site libraries at senior centers offer seniors a selection of book and video rentals available at no cost. Varies by center, call your center for times.

NEWCOMERS' ORIENTATION

Each month a Newcomers' Orientation is held to provide an overview of the programs and services offered at each center. Most centers include a tour, free luncheon and an opportunity to meet staff, advisory council members and ask questions. Check with your local center for the day and time of its Newcomers' Orientation.

NOTARY SERVICE (ALMADEN ONLY)

Notary Service is available at some centers. This is a free service. Please call ahead to make an appointment as the Notary may not be available for drop-ins. Donations to the center are accepted.

NUTRITION PROGRAM \$2.50 SUGGESTED DONATION

Reservations are required. Please call your center, at least one day in advance, to reserve your meal. Lunch is served Monday-Friday at 12:00pm (11:30am at Willows) Suggested donation is \$2.50 for seniors age 60+. A monthly menu is available at the center. Some sites open Sat or Sun.

PARKINSON SUPPORT GROUP

This group meets the 1st Wednesday of every month at 1:00pm. This meeting is open to anyone with Parkinson's disease and their family and friends.

SENIOR ADULT LEGAL ASSISTANCE (SALA)

SALA provides legal assistance by trained counselors for seniors aged 60 and over at most centers. Appointments are available by contacting your local center. Counselors can help you with Durable Power of Attorney, elder abuse, Social Security or SSI issues and simple wills.

SENIORNET LEARNING CENTER OF SAN JOSÉ

SeniorNet's mission is to provide older adults education for and access to computer technology to enhance their lives and enable them to share their knowledge and wisdom. SeniorNet, a nonprofit organization, teaches adults (age 50 plus) how to use computers and the Internet. Classes are designed for the beginner to the intermediate student with offerings changing every eight weeks. For more information on current offerings visit the SeniorNet.

SENIOR TRIP PROGRAM

Royal Coach Tours offers a senior trip program. We have day trips and overnight trips, come by any center and pick up the trip flyers. For information on the trips, call Royal Coach Tours 408-279-4801.

TRANSPORTATION

Transportation is available to most centers by City Van and/or by the VTA Paratransit Outreach program at no charge. Please contact your local center for details.

TRANSPORTATION DISCOUNT TICKETS: FLASH PASS & BART

Most centers offer BART tickets to those aged 65+. Each \$9 ticket is good for \$24 worth of BART rides. In addition, the VTA Monthly Flash Passes (unlimited monthly rides on County transit buses and light rail) are available to seniors over age 65 for \$20. Seniors need to have a VTA ID Card to purchase the FLASH PASS.

VIAL OF LIFE

The Vial of Life kit enables emergency responders to quickly locate medical information about you in case you are unable to speak for yourself. A small vial stored in your refrigerator and glove compartment provides all you pertinent medical information. Paramedics, Police and Firefighter are trained to look for the Vial of Life sticker on your refrigerator or glove compartment. Pick up your Vial of Life from your local center.





| | ALMA | ALMADEN | ALVISO | BERRYESSA | CYPRESS | EVERGREEN | GARDNER |
|--|------|---------|--------|-----------|---------|-----------|---------|
| ADVISORY COUNCILS | ■ | ■ | | ■ | ■ | ■ | |
| ADULT EDUCATION | | ■ | | ■ | ■ | ■ | |
| BINGO | ■ | ■ | | ■ | ■ | ■ | ■ |
| BLOOD PRESSURE CHECK | ■ | ■ | | | ■ | ■ | ■ |
| BUS LINE | 82 | 63 | | 61 | 23 | 31, 77 | 64 |
| BROWN BAG | ■ | | | | ■ | | ■ |
| CASE MANAGEMENT SERVICES | | | | | | | |
| COMPUTER CLASSES | | ■ | | ■ | ■ | | ■ |
| COMPUTER OPEN LAB | | ■ | | | | | ■ |
| DEFENSIVE DRIVING CLASS | | ■ | | ■ | ■ | ■ | |
| DROP-IN ACTIVITIES (CALL CENTERS FOR FULL LISTINGS) | ■ | ■ | | ■ | ■ | ■ | ■ |
| EXERCISE OPEN GYM | | ■ | | | | | ■ |
| FLASH PASS & BART DISCOUNTS | | | | ■ | ■ | ■ | |
| FREE BREAD PROGRAM | ■ | ■ | | ■ | ■ | | |
| GIFT SHOP | | | | | | | |
| HAIRCUTS (FREE) | | ■ | | ■ | ■ | ■ | |
| HICAP | ■ | ■ | | | | | |
| LIBRARY (ON-SITE) | | ■ | | | ■ | | |
| MEMBERSHIP CARDS | | ■ | | ■ | ■ | ■ | ■ |
| NEWCOMERS' ORIENTATION | ■ | | | ■ | ■ | | ■ |
| NOTARY SERVICE | | ■ | | | | | |
| NUTRITION LUNCH PROGRAM | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| OLDER ADULT RESOURCE SERVICES | ■ | ■ | | ■ | ■ | ■ | ■ |
| PARKINSON SUPPORT GROUP | | | | ■ | | | |
| SALA | ■ | ■ | | ■ | ■ | ■ | |
| SENIORNET LEARNING CTR OF SAN JOSE | | ■ | | | ■ | | |
| SENIOR TRIP PROGRAM (DAY AND/OR OVERNIGHT TRIPS) | ■ | ■ | | ■ | ■ | ■ | ■ |
| TRANSPORTATION | | | | | ■ | | ■ |
| VETERANS' SERVICES | | | | | | | |
| VIAL OF LIFE | | ■ | | ■ | | | ■ |
| WALKING PROGRAM | ■ | ■ | | ■ | ■ | ■ | ■ |
| WOMEN'S FRIENDSHIP CLUB | | | | | | | |



| | SEVEN TREES | KIRK @ CAMDEN | MAYFAIR | SOUTHSIDE | ROOSEVELT | WILLOW GLEN |
|---|-------------|------------------|---------|-----------|-----------|-------------|
| ADVISORY COUNCILS | ■ | ■ | ■ | ■ | ■ | ■ |
| ADULT EDUCATION | ■ | | ■ | | ■ | |
| BINGO | ■ | | ■ | ■ | | ■ |
| BLOOD PRESSURE CHECK | ■ | | ■ | ■ | ■ | ■ |
| BUS LINE | | 37, 42 | 77 | 27,68 | 22 | 26, 64 |
| BROWN BAG | ■ | | ■ | ■ | | |
| CASE MANAGEMENT SERVICES | ■ | | | ■ | | |
| COMPUTER CLASSES | ■ | ■ | | ■ | | ■ |
| COMPUTER OPEN LAB | | | ■ | ■ | ■ | ■ |
| DEFENSIVE DRIVING CLASS | | ■ | | ■ | | ■ |
| DROP-IN ACTIVITIES (CALL CENTERS FOR FULL LISTINGS) | ■ | ■ | ■ | ■ | ■ | ■ |
| EXERCISE OPEN GYM | | ■ | ■ | | | |
| FLASH PASS & BART DISCOUNTS | | ■ | ■ | ■ | ■ | |
| FREE BREAD PROGRAM | ■ | ■ | ■ | ■ | | ■ |
| Gift Shop | | | | ■ | | ■ |
| HAIRCUTS (FREE) | | ■ | ■ | | | ■ |
| HICAP | ■ | ■ | | ■ | ■ | ■ |
| LIBRARY (ON-SITE) | | ■ | | | | ■ |
| MEMBERSHIP CARDS | ■ | ■ | ■ | ■ | | ■ |
| NEWCOMERS' ORIENTATION | | | ■ | | | |
| NOTARY SERVICE | | | | | | |
| NUTRITION LUNCH PROGRAM | ■ | ■ | ■ | ■ | ■ | ■ |
| OLDER ADULT RESOURCE SERVICES | ■ | ■ | ■ | ■ | ■ | ■ |
| PARKINSON SUPPORT GROUP | | | | | | |
| SALA | ■ | ■ | ■ | ■ | ■ | ■ |
| SENIORNET LEARNING CENTER | | | | | | ■ |
| SENIOR TRIP PROGRAM (DAY AND/OR OVERNIGHT TRIPS) | | ■ | ■ | ■ | | ■ |
| TRANSPORTATION | ■ | ■ | ■ | ■ | | ■ |
| VETERANS' SERVICES | | | | | | |
| VIAL OF LIFE | | ■ | | ■ | | ■ |
| WALKING PROGRAM | ■ | ■ | | ■ | ■ | ■ |
| WOMEN'S FRIENDSHIP CLUB | | | | ■ | | |



ACTIVE ADULTS EVENTS

MANGIA MANGIA PASTA PARTY (252.3.2003)

Almaden Community Center
Tuesday, January 25, 2011
1:00PM-3:00PM

Enjoy this delicious pasta party with the Almaden Seniors. For more information call (408) 268-1133

MARDI GRAS (252.3.2001)

Almaden Community Center
Tuesday, February 15, 2011
1:00PM-3:30PM

Mardi Gras has been celebrated all over the world for centuries. Let's join in and celebrate this special time set aside for merriment. Bring those masks, wear your festive outfits and come prepared for good food & a good time. Be sure to wear your dancing shoes for an around the room march of fun. \$10 for member \$14 for non-members. Ticket sale dates will be announced in the monthly brochure. To find out more information visit us on-line at www.almadenseniors.org.

ST. PATRICK'S DAY CELEBRATION (252.3.2005)

Almaden Community Center
Thursday, March 17, 2011
1:00PM-3:30PM

Councilmember Nancy Pyle & the Almaden Senior Nutrition program present a St. Patrick's Day Celebration. Join us for a delicious lunch of corned beef & cabbage, potatoes, carrots, coffee & dessert. Lively entertainment will be provided. \$8 for members \$12 for non-members. Ticket sale dates will be announced in the monthly bulletin. For more information refer to the www.almadenseniors.org website.

BLACK & WHITE BALL (239.3.2002)

Seven Trees Community Center
Saturday, March 19, 2011
2:00PM-5:00PM

Come dress on your black and white attire, and enjoy an evening of music, refreshments and dancing. Members \$3.00, non-members \$5.00.

BLACK HISTORY MONTH LUNCHEON (239.3.2001)

Seven Trees Community Center
Saturday, February 19, 2011
10:00AM-3:00PM

February is BLACK HISTORY MONTH. Join our Advisory Board to celebrate this important month at our annual Black History Month Luncheon. Enjoy Soul food, music, entertainment...etc.

DR. MARTIN LUTHER KING, JR. BIRTHDAY CELEBRATION (239.3.2000)

Seven Trees Community Center
Thursday, January 20, 2011
10:00AM-2:00PM

Come join us for this special day to celebrate and honor the legacy of the Rev. Dr. Martin King Jr.

MEMBERS PANCAKE BREAKFAST (255.3.2001)

Willow Glen Community Center
Saturday, February 12, 2011
9:00AM-10:30AM

We would like to thank our Members for renewing their 2011 Membership with a Members Pancake Breakfast. Enjoy pancakes, sausage, eggs and juice while listening to entertainment. Tickets are \$1.00 with the purchase of your 2011 Membership to the Willow Glen Senior Center.

NEW YEAR'S BALL (255.3.2000)

Willow Glen Community Center
Wednesday, January 12, 2011
1:30PM-3:30PM

Help us celebrate the New Year at the New Year's Ball. There will be a live band, refreshments, and more. Cost is just \$5.00 for members and \$7.00 for non-members

ST. PATRICK'S DAY LUNCHEON (255.3.2002)

Willow Glen Community Center
Thursday, March 17, 2011
11:00AM-1:00PM

Join us as we celebrate St. Patrick's Day with a traditional Corned Beef and Cabbage Lunch at Willow Glen Senior Center - Willows Cafe. Lunch is a suggested donation of \$2.50 for adults age 60+ and a \$5.00 guest fee for adults under age 60. Please make a reservation before spaces are filled by calling 408-265-0915. Reservations for this event begin March 1, 2011.



ALL ACCESS SPORTS & FITNESS

pgs. 67-68

ADAPTED BOWLING

It's a strike! Come join us for our immensely popular bowling program at the newly remodeled 300 Bowling Alley, 5420 Thornwood Lane in San Jose on Tuesdays from 3:30pm-5:00pm. Register today, the lanes are going fast.

ADAPTED FITNESS

Don't put it off any longer! The time has come to jump start your fitness level. This program is located at the fully equipped Camden Community Fitness Center, and ages 18 and up are welcome. Join us Monday, Wednesday, and Friday from 1-3:30 PM.

FITNESS FIESTA

Get fit and have fun too! Exercise and have a great time listening to energizing music. Empower yourself through dynamic exercises using yoga balls, therapeutic bands, free weights, dancing DVD's and more. Improve your confidence, flexibility, strength, balance and overall health! Staff ratio is 1 to 5. Class will be geared toward the level of fitness for the group.

TEAM FITNESS*

What is your team waiting for? The time has come to jump start your fitness lifestyle. This program is located at the fully equipped Roosevelt Community Fitness Center, and ages 18 and up are welcome. Stay in shape using treadmills, exercise bikes, weight machines and much more. This class is especially designed for adult day programs, group homes and other organizations working with adults with cognitive disabilities. You will be guided through an individually tailored workout program specifically designed with your goals, abilities and priorities in mind. Staff from your agency/organization will accompany the group and our fitness staff will design individualized workout plans. Sign up and make an appointment for a series of four sessions or one workshop on your schedule.

INTRO. TO FITNESS

What are you waiting for? The time has come to jump start your fitness lifestyle. Stay in shape using treadmills, exercise bikes, weight machines and much more. You will be guided through an individually tailored workout program specifically designed with your goals, abilities and priorities in mind. This class is especially designed for adults with cognitive disabilities. Join us Monday, Wednesday, and Friday from 4:00-5:00-PM.

POWER SOCCER

Do you use a power chair? Join the San Jose Steamrollers in the electrifying and growing sport of power soccer! Whether you just want to learn the sport or aspire to compete in tournaments, this is the program for you. Practice is held Saturdays from 9am-2PM at the Alviso Youth Center, 5040 North First Street, San Jose for ages 5 and up. Tournaments are held throughout the Bay Area.

WHEELCHAIR BASKETBALL

Nothin' but net! Come join the San Jose Spokes to shoot some hoops. Tournament opportunities are available for big gamers. This program meets in the Camden Community Center gym on Mondays from 6:30-8:30PM for ages 13 and up. Don't miss out!

WHEELS ON FIRE

Basketball, Rugby, Soccer, Bocce, you play it and we offer it! Wheels on Fire is a sports team designed for athletes who enjoy a variety of sports. No wheelchair? No problem. Athletes of all abilities are welcome. The team practices basic sports skills, team cooperation and rules of competitive play. They also engage in; derby car racing, bowling, movies, field trips and holiday parties.

ALVISO CENTER, 5050 N. FIRST ST. (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|-------------|------|--------|-----------|---------------|------|------------|
| 261.3.1103 | Powersoccer | 5+ | Sa | 1/22-4/09 | 9:00AM-2:00PM | 11 | \$80/\$88 |

CAMDEN CENTER, 3369 UNION AVE. (408) 559-8553

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|----------------------------------|------|--------|-----------|---------------|------|-------------|
| 261.3.1101 | Adapted Fitness | 18+ | M/W/F | 1/10-4/01 | 1:00PM-3:30PM | 35 | \$136/\$144 |
| 261.3.1104 | Wheelchair Basketball | 13+ | M | 1/10-3/28 | 6:45PM-8:45PM | 11 | \$65/\$73 |
| 261.3.1109 | Wheelchair Basketball Division 3 | 13+ | M | 1/10-3/28 | 6:45PM-8:45PM | 11 | \$100/\$108 |
| 261.3.1105 | Wheels on Fire | 5+ | Sa | 1/22-3/26 | 1:30PM-4:30PM | 9 | \$90/\$98 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555 *For persons with disabilities.

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|------------------------|-------|--------|-----------|-----------------|------|------------|
| 234.3.0811 | Team Fitness* | 18-65 | M-Sa | 1/03-3/31 | 10:00AM-11:00AM | n/a | \$12/\$16 |
| 234.3.0812 | Group Fitness Workshop | 18-65 | M-Sa | 1/03-3/31 | 6:00AM-8:00PM | n/a | \$3/\$7 |
| 234.3.0813 | Intro. To Fitness | 18-70 | M/W/F | 1/05-2/02 | 4:00PM-5:00PM | 12 | \$40/\$48 |
| 234.3.0814 | Intro. To Fitness | 18-70 | M/W/F | 2/04-3/02 | 4:00PM-5:00PM | 12 | \$40/\$48 |
| 234.3.0815 | Intro. To Fitness | 18-70 | M/W/F | 3/04-3/30 | 4:00PM-5:00PM | 12 | \$40/\$48 |

OFF SITE CITYWIDE THERAPEUTIC PROGRAMS, (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|-----------------|------|--------|-----------|---------------|------|------------|
| 261.3.1100 | Adapted Bowling | 11+ | T | 1/11-3/15 | 3:30PM-5:00PM | 10 | \$90/\$98 |



ALL ACCESS RECREATION

pgs. 68-71

SOCIAL RECREATION CLASSES OFFER PARTICIPANTS WITH COGNITIVE DISORDERS FRIENDS, FUN ACTIVITIES AND ENRICHMENT.

ART ADVENTURES

From the ocean to the jungle, castles to safari, children set off on a course of adventure with costumes, props, music, crafts and imagination. A different theme is explored each day incorporating the basic concepts of color, style, form and design by creating collages, masks, abstracts, clay sculptures and much more. All materials are included Ages 8-11.

ARTS AND CRAFTS

Come join us for an arts and crafts class. We will be working on gluing, cutting, and being creative! Students will work on one to two projects each day and have time to socialize. Staff ratio is approximately 1 to 3

AROUND THE TOWN CLUB

Join us for a night on the town! This social club utilizes community trips to improve socialization, leisure awareness and independent living skills. Past activities have included movies, restaurants, Golfland, bowling and nights at the theatre. The first night of the program will be held at Camden Community Center, location varies thereafter. Members must be able to participate with minimal assistance. Snacks are provided.

BALLET/TAP INCLUSION

Learn the basics of tap dancing and ballet with graceful moves that improve coordination and balance. Students must wear hard soled shoes and loose fitting clothes or leotard.

This is an inclusion class; children of all abilities join the fun. Parents may stay for the first 10 minutes of the first class and attend a final class performance.

COOPERATIVE DANCE

Music moves everyone. This class is for individuals with disabilities ages 13 and up who want to express the joy of movement through dance. Co-sponsored and hosted by the Therapeutic Recreation programs of the cities of San Jose, Santa Clara, and Sunnyvale. Registration is accepted at the door only. Please call 408-369-6446 for more information or to receive the annual calendar.

ALMADEN CENTER, 6445 CAMDEN AVE. (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|----------------------------------|-------|--------|-----------|----------------|------|-------------|
| 263.3.1101 | Fun for All (formerly Kinderfun) | 5-11 | Sa | 1/22-3/19 | 9:30AM-12:30PM | 8 | \$100/\$108 |
| 263.3.1104 | Simply Cooking | 16+ | W | 2/02-3/09 | 6:30PM-8:00PM | 6 | \$60/\$68 |
| 263.3.1110 | Teen Social Club | 12-17 | F | 1/28-3/25 | 6:00PM-8:00PM | 8 | \$60/\$68 |

CAMDEN CENTER, 3369 UNION AVE. (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|----------------------|------|--------|-----------|---------------|------|------------|
| 263.3.1100 | Around the Town Club | 18+ | Th | 1/20-3/10 | 7:00PM-9:00PM | 8 | \$40/\$48 |
| 263.3.1103 | Leisure Club West | 18+ | W | 1/19-3/09 | 7:00PM-8:30PM | 8 | \$56/\$64 |

EVERGREEN CENTER, 4860 SAN FELIPE RD. (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|-------------------|------|--------|-----------|---------------|------|------------|
| 263.3.1102 | Leisure Club East | 18+ | T | 1/18-3/08 | 7:00PM-8:30PM | 8 | \$56/\$64 |

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|------------------------|------|--------|-----------|-----------------|------|------------|
| 210.3.1104 | Arts and Crafts | 6-11 | T | 1/25-3/01 | 4:00PM-5:00PM | 6 | \$40/\$48 |
| 210.3.1105 | Arts and Crafts | 18+ | T | 1/25-3/01 | 2:00PM-3:30PM | 6 | \$45/\$53 |
| 210.3.1111 | Ballet & Tap Inclusion | 3-7 | W | 1/19-2/23 | 5:00PM-5:55PM | 6 | \$60/\$68 |
| 210.3.1151 | Fitness Fiesta | 18+ | Sa | 1/29-2/19 | 1:30PM-2:30PM | 4 | \$20/\$24 |
| 210.3.1152 | Fitness Fiesta | 18+ | Sa | 2/26-3/19 | 1:30PM-2:30PM | 4 | \$20/\$24 |
| 210.3.1145 | Friday Fun | 18+ | F | 1/28-2/18 | 2:00PM-3:30PM | 4 | \$28/\$32 |
| 210.3.1146 | Friday Fun | 18+ | F | 2/25-3/18 | 2:00PM-3:30PM | 4 | \$28/\$32 |
| 210.3.1118 | Group Arts Class | 18+ | Th/F | 1/06-1/28 | 11:00AM-12:00PM | 8 | \$6 |



ALL ACCESS RECREATION

FITNESS FIESTA

Get fit and have fun too! Exercise and have a great time listening to energizing music. Empower yourself through dynamic exercises using yoga balls, therapeutic bands, free weights, dancing dvd's and more. Improve your confidence, flexibility, strength, balance and overall health! Staff ratio is 1 to 5. Class will be geared toward the level of fitness for the group.

FRIDAY FUN

Join us for some Friday Fun at Mayfair Community Center. We will have a wide variety of activities for adults with disabilities including art, computers, game room, and games! You will help plan the session on the first day. bring a lunch to program and let staff know of any special eating accommodations or allergies. Food for any cooking projects will be provided.

FUN FOR ALL (FORMERLY KINDER FUN)

A play program designed for children with developmental disabilities including those with Autism Spectrum Disorders. The class includes music, games, arts and crafts, movement activities, and field trips. Food will be provided for all cooking projects. Children should bring a sack lunch to class each week.

GROUP ARTS CLASS

Check out the Mayfair Community Center and relax with some arts and crafts. This program is geared towards groups of people with disabilities and designed to improve fine motor skills, creativity and social skills. You will be guided through art projects, gardening and specialty crafts. Staff must accompany clients in a 3:1 ratio. Program design is flexible. Please call Liz at 794-1065 to schedule your group.

INTRO TO FITNESS

What are you waiting for? The time has come to jump start your fitness lifestyle. This program is located at the fully equipped Community Fitness Center, and ages 18 and up are welcome. Stay in shape using treadmills, exercise bikes, weight machines and much more. You will be guided through an individually tailored workout program specifically designed with your goals, abilities and priorities in mind. This class is especially designed for adults with cognitive disabilities.

MAYFAIR CENTER, 2039 KAMMERER AVE. (408) 794-1060

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|----------------------------------|-------|--------|-----------|-----------------|------|------------|
| 210.3.1119 | Group Arts Class | 18+ | Th/F | 2/03-2/25 | 11:00AM-12:00PM | 8 | \$6/\$6 |
| 210.3.1120 | Group Arts Class | 18+ | Th/F | 3/03-3/31 | 11:00AM-12:00PM | 9 | \$6/\$6 |
| 210.3.1112 | Hip Hop Dance - Kids | 6-12 | M | 1/24-3/07 | 4:00PM-4:45PM | 6 | \$40/\$48 |
| 210.3.1114 | Hip Hop Dance - Teens and Adults | 13+ | M | 1/24-3/07 | 5:00PM-5:45PM | 6 | \$40/\$48 |
| 210.3.1126 | HIRLN Bowling | 18+ | T | 3/15-3/15 | 6:00PM-10:00PM | 1 | \$20/\$24 |
| 210.3.1125 | HIRLN Pizza and a Movie | 18+ | T | 1/11-1/11 | 6:00PM-10:00PM | 1 | \$20/\$24 |
| 210.3.1116 | Leisure Club Mayfair | 18+ | M | 1/24-2/14 | 6:00PM-7:30PM | 4 | \$28/\$32 |
| 210.3.1117 | Leisure Club Mayfair | 18+ | M | 2/28-3/21 | 6:00PM-7:30PM | 4 | \$28/\$32 |
| 210.3.1110 | Mardi Gras Dance | 18+ | F | 3/11-3/11 | 6:30PM-9:00PM | 1 | \$5/\$5 |
| 210.3.1131 | Monthly Social | 18+ | T | 1/25-1/25 | 6:30PM-8:00PM | 1 | \$5/\$5 |
| 210.3.1132 | Monthly Social | 18+ | T | 2/22-2/22 | 6:30PM-8:00PM | 1 | \$5/\$5 |
| 210.3.1133 | Monthly Social | 18+ | T | 3/29-3/29 | 6:30PM-8:00PM | 1 | \$5/\$5 |
| 210.3.1123 | Teen Camp | 12-17 | T/W/Th | 2/22-2/24 | 10:00AM-2:00PM | 3 | \$80/\$84 |

ROOSEVELT CENTER, 901 E. SANTA CLARA ST. (408) 794-7555

| Class No. | Class Name | Age | Day(s) | Dates | Time | Mtgs | Res/NonRes |
|------------|-----------------|-------|--------|-----------|----------------|------|------------|
| 234.3.1118 | Art Adventures | 8-10 | M | 1/24-3/21 | 6:30PM-7:30PM | 9 | \$50/\$58 |
| 234.3.1100 | Fun for All | 3-12 | Sa | 1/22-2/12 | 9:30AM-12:30PM | 4 | \$50/\$54 |
| 234.3.1111 | Fun for All | 3-12 | Sa | 2/26-3/19 | 9:30AM-12:30PM | 4 | \$50/\$54 |
| 234.3.1117 | Playcamp | 5-11 | T-F | 2/22-2/25 | 10:00AM-2:00PM | 4 | \$80/\$84 |
| 234.3.1113 | Urban Explorers | 15-45 | Sa | 1/22-3/19 | 1:30PM-5:30PM | 8 | \$80/\$84 |

CITYWIDE THERAPEUTIC PROGRAMS, (408) 369-6438

| Class No. | Class Name | Ages | Day(s) | Dates | Time | Location | Res/NonRes |
|------------|-------------------|------|--------|-----------|---------------|-----------|------------|
| 263.3.1120 | Cooperative Dance | 13+ | F | 2/18-2/18 | 7:00PM-9:30PM | Sunnyvale | \$5/\$5 |



ALL ACCESS RECREATION

TEAM FITNESS

What is your team waiting for? The time has come to jump start your fitness lifestyle. This program is located at the fully equipped Community Fitness Center, and ages 18 and up are welcome. Stay in shape using treadmills, exercise bikes, weight machines and much more. This class is especially designed for adult day programs, group homes and other organizations working with adults with cognitive disabilities. You will be guided through an individually tailored workout program specifically designed with your goals, abilities and priorities in mind. Staff from your agency/organization will accompany the group and our fitness staff will design individualized workout plans. Sign up and make an appointment for a series of four sessions or one workshop on your schedule.

HIP HOP DANCE

Come learn some hip hop dance moves! This class will have great music, a great instructor, and great friends. Staff will be on hand to provide extra help. Please wear comfortable clothes and bring a water bottle to class.

HIRLN BOWLING

Head Injury Recreation and Leisure Network is a social club for survivors of head injuries and strokes. Join us for a bowling. Please call Liz Best @ 794-1065 to receive a flyer or with any questions.

HIRLN PIZZA AND A MOVIE

Head Injury Recreation and Leisure Network is a social club for survivors of head injuries and strokes. Join us for a movie and pizza.

LEISURE CLUB

Come out and meet new friends! This club is a leisure education program designed to develop leisure awareness interests and social skills for individuals with developmental disabilities. Activities include crafts, games, music, and special events. There may be some opportunities for field trips. Participants must be able to understand simple directions and require minimal supervision. Snacks are provided.

MARDI GRAS DANCE

Come join us for a Mardi Gras Dance at the Mayfair Community Center.

MONTHLY SOCIAL

Last Tuesday of the month, come join us for a movie, bingo or other social events. Registration is required.

PLAYCAMP

These day camps are for children with disabilities. These camps are designed to serve children who need higher level of staff assistance for participation. Staff ratio is approx. 1 to 2. Activities will include arts and crafts; games circle time, a field trip and more.

SIMPLY COOKING

This introductory course for adults with developmental disabilities covers basic kitchen safety, basic menu planning, shopping and preparing simple dishes. Menu items will include breakfast, lunch, dinner and desserts. Students will receive instructional materials to take home each week. Class is taught in a teaching kitchen utilizing gas burners. Staffing ratio is 4:1.

TEEN CAMP

This camp is full of fun and games! We have a wide variety of cool structured activities for teens. We will do some arts and crafts, maybe a field trip or two, and some other special events. There may be an opportunity for inclusion with the teen center participants. These camps are designed for teens with cognitive disabilities.

TEEN SOCIAL CLUB

Why sit at home when you could be hanging out at a teen center near you. Play pool, air hockey, foosball, video games and more. Hang out with friends old and new. We'll also do some arts and crafts, maybe a field trip, and some other special events. This club is designed for teens with cognitive disabilities. Teens must be able function in a 1 to 5 staff ratio.

URBAN EXPLORERS

Get out and explore! Did you know that there are twenty-four unique trail systems and over 50 miles of trails throughout San Jose? Some may already be in your neighborhood! This is a Saturday hike and walking club directed towards teens and young adults with disabilities. Each week, we will meet at the Roosevelt Community Center and travel using public transportation to different trails and walks in the area. San Jose has a lot to offer its urban dwelling explorers. We'll learn about our unique natural and cultural history while meeting new friends and getting a little exercise. Participants must be able to participate in a 5:1 ratio.





MENTAL HEALTH

pgs. 72-74

AEROBICS

The purpose of aerobics is to promote cardiovascular fitness, tone and strengthen muscles and increase range of motion. The fabulous Richard Simmons, whose workout style suits all fitness levels, leads this group via video, with the support of GCCC staff

ANGER MANAGEMENT

Open group for people to come and process personal experiences with anger and receive support and coaching with how to express anger in healthiest ways.

ART STUDIO

Art Studio is designed for individuals with limited to extensive art experience. The fundamentals and techniques of art are taught to build expertise and confidence. Various media are utilized, including pastels, charcoals and watercolor. Field trips to local museums and art galleries are periodically scheduled.

ART THERAPY

This specialized program uses art therapy techniques, to help individuals work through their issues and express themselves through creative projects. Qualified clinical professionals lead the groups, one hour per week.

ARTS AND CRAFTS

Individuals gain self-confidence and enjoyment through creating art projects they can take home, give as gifts or display at the center. A wide variety of fun and creative projects are offered in this class, including card making, collages, mosaics, doll making and more.

COMPUTER LAB

With the help of two very special community volunteers, GCC now has five computers available for those who have basic computer skills to use independently.

BASKETBALL

GCC's Basketball program encourages healthy competition for the ambitious player, builds communication and teamwork skills, and promotes fitness and exercise.

BEADING CLASS

This popular program is now offered at the Art and wellness studio during Friday afternoon open Art studio. Participants learn to make beautiful beaded jewelry and decorative pieces using a variety of colored plastic, glass, crystal, wood, and metal and bone beads. Special tools and materials are used to demonstrate and teach techniques. Participants will create and develop their own unique, eye-catching pieces.

BINGO

Come play a friendly game of Bingo. GCC's participant-facilitated program offers a great opportunity for socialization and group cooperation. Players are given two bingo cards and can win up to three bingo tickets a day, redeemable for prizes. Prizes are awarded twice a month for the winners.

CLOTHES CLOSET

The Clothes Closet offers individuals a "thrift store" style shopping experience for free. The program encourages a clean, healthy appearance to build a confident self-image. All clothes and accessories are donated from individuals and agencies throughout the community.

COMMUNITY MEETINGS

This daily discussion group offers a place for individuals to discuss issues of daily living in our community, share questions or concerns, and learn about GCC programming. The group offers a supportive, interesting, educational environment and is designed to increase individual's awareness and participation in their community center.

DANCE PARTY/PUBLIC AND COLLABORATIVE ART

This is an open and welcoming group focusing on connecting with others through art, music and movement. No previous art or dance experience is necessary. This group focuses on trying new movement and art making techniques in a non-judgmental, creative, and inspirational atmosphere.

DANCES

The GCC hosts festive dances featuring talented DJ's and live bands that perform for the crowds dancing and listening enjoyment. The dances are held on the second Friday of each month in the Grace gym.

GRACE 101/ DAY REHABILITATION

This specialized program is designed to provide mental health clients with a more committed, structured and goal oriented level of participation at GCC. Clinical staff provides support and guidance to help individuals achieve healthy lifestyle and independent living goals.

GARDENING

GCC's garden area provided a pleasant, peaceful environment within the busy downtown area with a soothing fountain, shaded trees and beautiful flowers. Individuals experience nature through the flora and fauna of the garden and learn how to prune, plant, fertilize and care for plants.

LEISURE WALKING

This group travels to walking destinations throughout the Santa Clara County, including malls, hiking trails, parks and downtown areas. Walking is healthy exercise and enjoyable. Join this group for some cardio exercise.

LIFE SKILLS

In this group, members have the opportunity to receive support and feedback from peers and group facilitators regarding social skills, symptom management, coping skills, basic financial issues, self-esteem and more. Open discussion, art therapy and other experimental methods are utilized and implemented. Outside referral and community resources are also incorporated.

LITTLE VICTORIES (GOALS GROUP)

This Saturday group provided the opportunity to discuss personal goals, obtain strategies and suggestions on how to attain them, and to offer and receive support from others along the way.

LIVING WITH GRACE

Living with Grace takes practice. This group helps individuals with mental illness and/or addiction issues to explore and learn strategies for living a healthy and balanced life. Developing a healthier life-style takes practice, patience and a strong support system.



MENTAL HEALTH

MEN'S GROUP

This group offers men the opportunity to gather together and discuss "guy stuff." The group facilitators bring discussion topics and activities, and also welcome concerns and contributions from the group.

MOVIE NIGHT

Come see the latest DVD releases and popular classics on GCC's big screen TV. Snacks and refreshments are served.

NATURE OUTING

Pre-registration is required to participate in this outing. The goal of the outing is to enable individuals to access nature and to reduce stress through exercise. Each week hikers visit beautiful wooded areas, mountains, streams, and bay lands throughout the Bay area. The outing encourages an appreciation of natural environments. Transportation is provided and individuals should meet at GCC one half hour before departure. Space is limited so arrive early.

NEWS GRABBERS & HEALTH WATCH

The goal of this discussion group is to raise the awareness of the GCC members and inspire their participation in the local community. The group focuses on current, local, state, national and international affairs reported in the news. It is a time for individuals to gather and share their knowledge and experience, and to learn more about the world in which they live.

NO CIGS TODAY

Have you ever thought about decreasing the amount you smoke or quitting altogether? This is a support group that assists with this process. Get information, support, resources and techniques to help you achieve your goal.

OPEN ART STUDIO

This open studio is great for artists of all different skill levels. This group offers various media including 3-D materials, oil and water based paint, clay and drawing materials. Artists work independently in the main studio or sculpture room and support staff is on hand to assist.

POOL/PING PONG TOURNAMENTS

Join the friendly competition everyday and hone your skills in a supportive and fun environment. All skill levels are welcome and space is limited, so arrive early to sign up.

411 BRESOURCE HOUR

This is a class to assist you in researching resources and information utilizing the internet.

SEWING

This class is geared toward all levels of sewing ability, from novice to experience. Individuals are encouraged to use their creative skills to make a variety of projects; including pillows, cosmetic or tote bags, stuffed animals, aprons, clothing and holiday gifts, all on high quality easy to use sewing machines. They can also mend, hem and make minor repairs to clothing with the help of experienced class facilitators.

STAINED GLASS

All phases of the art of stained glass are taught within this class, including project design, glass cutting and shaping, lead soldering and glass cleaning. A variety of colored and textured glass is available. Space is limited.

U-GRILL IT

The U-GRILL IT Class will focus on easy to prepare breakfast and lunch dishes. Each class will feature a single dish.

VALUE BUYING

This course focuses on how to get the best value for a dollar. It will also guide students in identifying where they are spending their money and help them reduce expenses.

YOGA

Practicing Yoga, students will learn relaxing, gentle stretches and basic yoga techniques to build a sense of inner peace and positive thinking, while decreasing stress and increasing overall sense of health and wellness. The techniques help individuals develop the ability to relax their mind and body, to feel more peaceful and improve concentration skills.

VOLUNTEER PROGRAM

This volunteer program is designed to provide support for all facets of center operations, including program facilitation, facility maintenance, clerical and fundraising.

Play Local!
Take the *Play Local* Pledge

I Pledge To:
Explore nature and my environment along San Jose's trails, regional parks and at the City's Family Camp.

enjoy the most diversified city-sponsored programs, classes and activities in Bay Area.

Grow my commitment to the earth and my vegetables at one of San Jose 19 community gardens and urban farming project.

Have Fun while exercising my mind, body and spirit in San Jose's parks, pools and programs.

Whew!! That's a lot.

Or just use the short version:
I PLEDGE TO PLAY LOCAL!
City of San Jose Parks, Recreation & Neighborhood Services
www.sanjoseca.gov/prns
408.535.3570

**GRACE CENTER, 484 E. SAN FERNANDO ST. (408) 293-0422**

| Class Title | Age | Day(s) | Dates | Time | Instructor | Fee |
|--------------------------------|-----|------------------|---------|-----------------|-----------------------|---------------------|
| Aerobics | 18+ | Sa | ongoing | 10:30AM-1:00PM | Staff | Membership Required |
| Anger Management | 18+ | Th | ongoing | 10:30AM-12:00PM | Eclevia/Teerman | \$20 |
| Art Studio | 18+ | M | ongoing | 1:00PM-3:00PM | Cashman | Membership Required |
| Art Therapy | 18+ | Th | ongoing | 2:00PM-3:30PM | Giovannetti/DeForrest | Membership Required |
| Arts and Crafts | 18+ | Th | ongoing | 10:30AM-12:00PM | Andrews | Membership Required |
| Basic Computer Lab | 18+ | M/F | ongoing | 9:00AM-4:00PM | Volunteer | Membership Required |
| Basketball | 18+ | M/W | ongoing | 10:00AM-12:00PM | Cashman | Membership Required |
| Bingo | 18+ | Sa | ongoing | 12:45PM-1:45PM | Volunteers | Membership Required |
| Clothes Closet | 18+ | F | ongoing | 1:30PM-3:00PM | Andrews | Membership Required |
| Community Meetings | 18+ | M-F | ongoing | 9:30AM-10:00AM | Staff | Membership Required |
| Community Meetings | 18+ | Sa | ongoing | 10:00AM-10:30AM | Staff | Membership Required |
| Dance Party/Public Collab. Art | 18+ | W | ongoing | 1:30PM-3:00PM | DeForrest/Giovannetti | Membership Required |
| Dances | 18+ | 2nd Fri of month | ongoing | 7:00PM-9:00PM | Teerman | \$3 donation |
| Grace 101 | 18+ | M-F | ongoing | ongoing | Eclevia | Membership Required |
| Gardening | 18+ | T | ongoing | 10:30AM-12:00PM | Vicari | Membership Required |
| Leisure Walking | 18+ | F | ongoing | 1:30PM-4:00PM | Gonzalez | Membership Required |
| Life Skills | 18+ | TBA | ongoing | ongoing | Staff | Membership Required |
| Little Victories | 18+ | Sa | ongoing | 10:30AM-12:00PM | Cannon | Membership Required |
| Living with Grace | 18+ | F | ongoing | 10:30AM-12:00PM | Eclevia | Membership Required |
| Volunteer Program | 18+ | M-F | ongoing | 9:00AM-4:00PM | Eclevia | Membership Required |
| Volunteer Program | 18+ | Sa | ongoing | 10:00AM-2:00PM | Eclevia | Membership Required |
| Men's Group | 18+ | W | ongoing | 1:30AM-3:00PM | Cashman/Cannon | Membership Required |
| Movie Night | 18+ | F | ongoing | 5:30PM-7:30PM | Teerman | Membership Required |
| Nature Outing | 18+ | Th | ongoing | 10:30AM-4:00PM | Cashman | Donation |
| News Grabbers & Health Watch | 18+ | M | ongoing | 10:30AM-12:00PM | Andrews | Membership Required |
| Open Art Studio | 18+ | F | ongoing | 1:30PM-3:30PM | Staff | Membership Required |
| Pool/Ping Pong Tournaments | 18+ | Sa | ongoing | 11:00AM-12:00PM | Staff | Membership Required |
| 411 Resource Hour | 18+ | W | ongoing | 1:00PM-2:00PM | Teerman | Membership Required |
| Safe Circle | 18+ | TBD | ongoing | TBD | Teerman/Ohlhaber | Membership Required |
| Sewing | 18+ | T | ongoing | 1:30PM-3:00PM | Yamada/Easley | Membership Required |
| Sewing | 18+ | Th | ongoing | 1:00PM-3:00PM | Yamada/Ohlhaber | Membership Required |
| Stained Glass | 18+ | T | ongoing | 10:00AM-12:00PM | Cashman | Membership Required |
| U-Grill It | 18+ | T | ongoing | 10:30AM-11:30AM | Vicari | Membership Required |
| Value Buying | 18+ | M | ongoing | 10:30AM-11:30AM | Vicari | Membership Required |
| Yoga | 18+ | T | ongoing | 1:00PM-1:45PM | Teerman | Membership Required |



YOUTH CENTERS

Each site offers a variety of drop-in activities and educational programs. For more specific information about a site, please contact each youth center directly.

ALMA YOUTH CENTER

136 West Alma Ave. 95110

408-275-1316

Hours: Monday-Friday, 3:00-7:00pm.

Activities: Billiards, Sports, Ping Pong, Tournaments, Workshops, Board Games, Crafts, Low Cost Field Trip, Youth Advisory Council, summer sports team try-outs for, softball, baseball, handball & flag football

Sports and Fitness
(Mon & Wed 5:00-7:00pm)
Elements of Arts Club
(Wed 4:00-5:00pm)
Cooking and Nutrition
(Thur 4:00-5:00pm)

FLOW AT THE ALMADEN CENTER

A place to chill with friends, create and challenge the mind!

Closed June 3, 2010, Opens Aug. 30, 2010

Open only during school year

6445 Camden Ave. 95120

408-268-1133

Hours: Monday-Friday 3:00-6:00pm

Activities: Art Instruction, Acrobatics, Ping-Pong, air Hockey, Breakdancing, Music, Video Games, Seasonal Dances, Concerts & more! Come FLOW with us at the Almaden Youth Center.

ALUM ROCK YOUTH CENTER

137 N. White Rd. 95127

408-251-5757

Hours: 2:30-6:00pm Monday - Friday

Activities: Open gym, billiards, Ping pong, Foosball, video games, workshops, DJ class, Music Jam session, break dancing, hip hop class, Jr. High dances, Sports team (softball, handball, flag football tryouts)

Computer Lab (3:00-6:00pm)
Game Room (2:30-6:00pm)
Open Gym (3:00-6:00pm)
Homework Center: Mon-Fri 3-6pm
(only during school year)
Arts & Crafts: Tues-Thur 4-5pm
Cooking Class: Thur 4-5pm

ALVISO YOUTH CENTER

5040 North First St. 95002

408-586-7624

Hours: Monday-Friday, 1-4pm

Activities: Drop-In Gym, Cooking, Organized Sports, Game Room, Homework Help

BERRYESSA YOUTH CENTER

1970 Morrill, Ave. 95132

408-262-1014

Hours: M-F 12:00-5:00pm

Activities: Sports and Fitness, Drop-In and Specialty Classes
Open Gym (Fri. 6:00-9:00pm)

CAMDEN YOUTH CENTER

3369 Union 95124

408-559-8553

Hours: Tuesday-Thursday 3:00-6:00pm.,
Friday 3:00-8:00pm

Late Night Gym: Friday 8:00-10:00pm for youth 11-17 please bring school ID to verify age.

Activities: Drop-In, Sports Leagues, Youth Advisory Council, Fitness Programs, Arts and Crafts, Girls Club and Special Events.

GARDNER YOUTH CENTER

520 W. Virginia St. 95125

408-277-4761

Hours: Tuesday-Friday 2:30-6:00pm,
Saturday 11:00am-3:00pm

Activities: Arts and Crafts, Board Games, Video Games, Ping Pong, Sports Leagues, Parental Referral Services, Youth Intervention Referral Services, Community Service Hours
Computer Lab (Tues-Fri 3pm-5:30pm & Sat 10:00am-1:00pm)

JOSEPH GEORGE YOUTH CENTER

277 Mahoney 95127

408-928-7561

Hours: 2:00-5:00pm

Activities: Hands-on science activities

MAYFAIR CENTER

2039 Kammerer Ave. 95116

408-794-1060

Bus line: 22 & 77

Hours: Monday-Friday 2:30-5:30pm
Thursday 1:30-5:30pm

Activities: Billiards, ping pong, foosball, video games, workshops, Jr. High dances, teen center sports team

Homework center: Mon-Fri 2:30-4pm

Computer Lab: Mon-Fri 4:00-5:00pm

MCKINLEY YOUTH CENTER

651 Macredes Avenue 95116

408-297-3301

Hours: Monday- Friday 3:00-6:00pm

Activities: Billiards, Sports, Ping Pong, Foosball, Video Games, Workshops, Cooking, Low Cost Field Trips

Homework Club
(Mon-Thur 3:30-4:30pm)

Digital Video
(Mon 4:45pm)

Arts and Crafts
(Tue 4:30pm)

Cooking
(Wed 5:00pm)

Y.A.C.
(Thur 4:30pm)

Birthday Club
(Last day of month 4:00-5:00pm)

ROOSEVELT YOUTH CENTER

901 E. Santa Clara St.

408-794-7555

Hours: Monday-Fridays 3:00-7:00

Activities: Billiards, Video Games, Computer Lab, Ping Pong, Homework Assistance, Special Events, Sports, Games, Guest speakers, Foosball, Sports League, Field Trips



YOUTH CENTERS

STARBIRD YOUTH CENTER

1050 Boynton Ave. 95117

408-984-1954

Hours: Monday-Friday 4:00-6:00pm

Activities: Billiards, Video Games, Computer Lab, Arts and Crafts, Air Hockey, Foosball, Ping Pong, Sports, Game Room, Special Events

SEVEN TREES CENTER

3590 Cas Drive

408-794-1690

Hours: Monday-Thursday 2:30-5:00pm

Activities: Workshops, Model Car Class, Drawing Class, Birthday Club, Youth Advisory Council, Low Cost Field Trips, Special Events
Homework Help
(Tue and Thur 2:30-4:00pm)
Arts and Crafts
(Wed 3:30-5:00pm)
Open Gym
(Mon and Wed, 5:00-6:00pm)

WASHINGTON UNITED YOUTH CENTER

921 S. First St. 95110

408-947-1107

Hours: Monday-Friday 9:00am-7:00pm,
Saturdays 10:00am-1:00pm

Activities: Sports, Game Room, Arts and Crafts, Dance, Special Events

MUNICIPAL GOLF COURSES

SAN JOSÉ MUNICIPAL GOLF COURSE

1560 Oakland Road | 408-441-4653

18-hole
150 acres
Par 72
Wide fair-ways
Challenging greens
Mature trees
An experience to remember!
sjmuni.com

RANCHO DEL PUEBLO GOLF COURSE & DRIVING RANGE

1649 Hermosilla Way | 408-347-0990

9-hole Executive course
1,418 yards
Par 28
Walking course with artful bunkering
Serene Ponds
Private and group lessons
Golf shop stocked with merchandise
Driving range
Practice putting greens
Snack Bar
ranchodelpueblo.com

LOS LAGOS GOLF COURSE

2995 Tuers Road | 408-361-0250

18-hole
Par 68
5,393 yards
Clubhouse rented for private use
Sloping fairways
Striking water features
Grand oak trees
Heavily forested creek
Appeals to all playing abilities
playloslagos.com

Is your past
getting in the
Way of Your
Future?

The Clean Slate Tattoo Removal
Program provides FREE tattoo
removal for former gang
involved and at-risk youth.

CLEAN SLATE ALSO PROVIDES

- Educational & Career Opportunities
- Job Development
- Personal Development
- Participants also receive

- ~ Needs Assessment
- ~ Case Management
- ~ 10-Week Workshops
- ~ Support upon Completion
- ~ Referral Services
- ~ Among many other Resources

CleanSlate

Got it?

Regret it?

Remove it!

For more information call:
408.251.7757 or visit
sanjoseca.gov/prns/mgptl



| | MULTI-PURPOSE DINING/ ASSEMBLY CAPACITY | GYM | LOCKER/SHOWERS | PATIO/GAZEBO | KITCHEN ACCESSIBILITY (WARMING ONLY) | ALCOHOL ALLOWED | EVENT END TIME |
|---|--|-----|----------------|--------------|---|-----------------|----------------|
| ALMA COMM. CENTER (408) 275-1315 | 80 | N | N | N | N | N | 10:00pm |
| ALMADEN WINERY (408) 979-7820 | 100/150 | N | N | N | Y | Y | 11:00pm |
| ALMADEN COMM. CENTER (408) 268-1133 | 225/300 | Y | Y | Y | Y | Y | 11:00pm |
| ALUM ROCK YOUTH CENTER (408) 251-5757 | 80/100 | Y | N | N | N | N | 11:00pm |
| BERRYESSA COMM. CENTER (408) 251-6392 | 175/250 | N | N | Y | Y | Y | 11:00pm |
| BERRYESSA YOUTH CENTER | 1124 | Y | N | N | N | N | 11:00pm |
| CAMDEN COMM. CENTER (408) 559-8553 | 200/300 | Y | Y | N | Y | Y | 11:00pm |
| CYPRESS SENIOR CENTER (408) 249-6580 | 100/150 | N | N | N | Y | Y | 10:00pm |
| EDENVALE COMM. CENTER | | Y | N | N | N | N | 10:00pm |
| EMMA PRUSCH FARM PARK (408) 794-6262 | 55/68 | N | N | Y | Y | N | 11:00pm |
| EVERGREEN COMM. CENTER (408) 270-2220 | 175/200 | N | N | Y | Y | Y | 11:00pm |
| GARDNER COMM. CENTER (408) 277-4761 | 150/250 | N | N | N | Y | N | 11:00pm |
| HANK LOPEZ COMM. CENTER (408) 251-2850 | 100/130 | N | N | Y | Y | Y | 11:00pm |
| LEININGER CENTER (408) 277-2757 | 174/200 | N | N | N | N | Y | 11:00pm |
| MAYFAIR COMM. CENTER (408) 794-1060 | 250/430 | N | N | Y | Y | Y | 11:00pm |
| MORELAND WEST COMM. CENTER (408) 249-6580 | 80/100 | Y | N | Y | Y | N | 11:00pm |
| ROOSEVELT COMM. CENTER (408) 794-7555 | 250/300 | N | Y | Y | Y | Y | 10:00pm |
| SHIRAKAWA COMM. CENTER (408) 794-1690 | 50 | N | N | Y | N | Y | 10:00pm |
| SEVEN TREES COMM. CENTER (408) 794-1690 | 250/400 | Y | Y | Y | N | Y | 11:00pm |
| SOUTHSIDE COMM. CENTER (408) 629-3336 | 130/230 | N | N | Y | Y | Y | 11:00pm |
| WILLOW GLEN COMM. CENTER (408) 978-4761 | 150/200 | N | N | N | Y | N | 10:00pm |
| WEST SAN JOSE COMM. CENTER (408) 249-6580 | 50 | N | N | N | N | N | 10:00pm |



FACILITY REUSE

Can you believe it? Parks, Recreation and Neighborhood Services Facility Reuse Program is now featuring a selection of services offered to City of San Jose residents at a variety of Recreation Reuse Facilities. Facility Reuse in accord with San Jose City Council Policy 7-12, is currently partners with Santa Clara-based nonprofit neighborhood associations, school districts, and other government agencies and community service providers (collectively referred to as Service Providers), to use PRNS Community Center Reuse sites at no cost in exchange for services that primarily benefit San José residents.

If you are interested in the Facility Reuse Program and would like to inquire about facility space please contacts the Property Management team at 408-535-3570 or visit www.sanjoseca.gov/prns/.

Find a Reuse Facility and Service Provider near you!

ALMADEN, THE SPOT

Address: 7050 Bret Harte Drive, 95120
 Service Provider: Silicon Valley Future Stars
 Ages: Youth
 Contact: Molly Uzoh
 408-268-8400
 Molly.Uzoh@svap.org
 Website: www.svap.org
 Services: Afterschool program, youth cultural awareness, career training, broadcasting and technology, college preparation.

EDENVALE YOUTH CENTER

Address: 285 Azucar Ave, 95111
 Service Provider: Boys & Girls Club
 Ages: 6-17years old
 Contact: Teresa Johnson
 408-957-9685
 teresa@bgclub.org
 Website: www.bgclub.org
 Services: Year-round youth program during non-school hours, and evening and summer programs.

HOOVER CENTER

Address: 1677 Park Avenue, San Jose, CA 95126
 Service Provider: San Jose Multi-Cultural Artist Guild
 Service Provider: Teatro Vision
 Service Provider: San Jose Youth Academy of Performing Arts
 Service Provider: Kaisahan of San Jose Dance Co. Inc
 Ages:
 Contact: Arlene M. Sagun
 Sjmagtheatre@hotmail.com
 Jess Morales
 Jess@teatrovision.org
 Doleres East
 Incb2@yahoo.com
 Helen Moreno
 Kasishan@hotmail.com

Website:

Services: Theater, Dance and Arts

HOUGE PARK NEIGHBORHOOD CENTER # 1

Address: 3952 Twilight Drive, 95124
 Service Provider: San Jose Youth Shakespeare
 Ages: Youth
 Contact: Barbara Rumbisy
 info@youthshakes.org
 Website: www.youthshakes.org
 Services: Produce plays and comedies for youth interested in Shakespeare plays.

HOUGE PARK NEIGHBORHOOD CENTER # 1

Address: 3952 Twilight Drive, 95124
 Service Provider: San Jose Astronomical Association (SJAA)
 Ages: Youth
 Contact: Mark Wagner
 mark.wagner@resource-intl.com
 Website: www.sjaa.net
 Services: Frequent star parties, observing classes for beginners, meetings featuring speakers on a wide variety of astronomy and space topics, school star parties, and an active telescope loaner program.



FACILITY REUSE

HOUGE PARK NEIGHBORHOOD CENTER # 2

Address: 3952 Twilight Drive, 95124
 Service Provider: Arab American Cultural Center
 Ages: Youth, Adult, seniors
 Contact: Carol Clark
carolruthclark@gmail.com
 Website: www.aaccsv.org
 Services: Senior day program, Arab TV program, youth, tutoring, cultural and art demonstration classes.

JOSEPH GEORGE YOUTH CENTER

Address: 277 Mahoney Drive, 95127
 Service Provider: City of San Jose/PRNS in collaboration w/ The Alum Rock Educational Foundation
 Ages: 8 Years and Older
 Contact: Dr. George Castro
 408-251-7687
 Services: Hands on science activities, computer courses and technology, and sports.

LOS PASEOS YOUTH CENTER

Address: 121 Avenida Avenue, San Jose, CA 95139
 Service Provider: YMCA
 Contact: Suzanne Epstein
sepstein@ymcasv.org
 Website: www.ymcasv.org/southvalley
 Services: childcare, teen and youth services

NORTHSIDE CENTER

Address: 488 N. 6th Street, San Jose
 Service Provider: Community Child Care Council of Santa Clara (4c's)
 Contact: MaryEllen Haley
 408-343-7711
 Website: www.4c.org
 Services: Senior Nutrition and programs, Child Day care, Parent workshops, library and resources, intergenerational programs

OLINDER NEIGHBORHOOD CENTER

Address: 848 East Williams Street, 95116
 Service Provider: Northside Theatre Company
 Ages: Youth
 Contact: Richard T. Orlando
 408-288-7820
rto2@yahoo.com
 Website: www.northsidetheatre.com
 Services: 5-play season, intern program, for young people interested in learning stage production.

SAN TOMAS NEIGHBORHOOD CENTER

Address: 4093 Valerie Drive, 95117
 Service Provider: Eastern European Service Agency
 Ages: Youth, adult, senior
 Contact: Sonja Cvitanich
 408-297-7348
cvitanich@hotmail.com
 Website: www.eesasj.org
 Services: Social Services, mental health, senior services, parent education, early childhood, ESL classes, translation, referrals, folk dance and other recreation classes.

WELCH PARK NEIGHBORHOOD CENTER

Address: Clarice and Santiago
 Service Provider: Filipino Youth Coalition
 Ages: Youth
 Contact: Sarah Gonzalez
 408- 391-1688
sgonza7145@sbcglobal.net
 Services: Youth intervention, leadership skills, support groups, music and dance classes and cultural performances.

OTHER REUSE FACILITIES:

Backesto Neighborhood Center, 675 East Empire, 95112
 Bramhall Park Center, 1320 Willow Street, 95125
 Hamann Park Center, 2750 Westfield, 95128
 Sherman Oaks Community Center, 1800A Fruitdale Ave, 95128
 Meadowfair Community Center, 2696 S. King Rd, 95112
 Rainbow Neighborhood Center, 1295 Johnson Ave, 95128



REGIONAL PARKS

ALMADEN LAKE PARK

Almaden Expressway & Coleman, 95120 | 408-277-5130

Almaden Lake Park includes a variety of playgrounds and water features. Volleyball, horseshoe pits, and bocce ball courts are all available on a first come first serve basis; please provide your own equipment. Picnic sites are located throughout the park, many available on a first come, first serve basis. There are eight group picnic areas, suitable for 20 – 200 people, available by reservations including the Arroyo Picnic area which features a large covered section and seating for 200. Open 8:00am to 1/2hr after sunset. Park closed on Mondays. For reservation information, please call 408-794-7275.

ALUM ROCK PARK

Penetencia Creek Rd near Dorel Dr, 95132 | 408-259-5477

California's first and oldest municipal park is nestled within Alum Rock Canyon against the foothills of the Diablo Range. The 700+ acre park is perfect for hiking, cycling, picnicking and relaxing. There are approximately 13 miles of trails, including six miles of equestrian trails and three miles of cyclist trails. Park closed on Mondays. For more park information or to reserve a picnic area contact, 408-794-7275.

EDENVALE GARDEN PARK

Edenvale & Saddlebrook, 95136 | 408-794-7275 (info line)

Edenvale Garden Park is fully equipped with three tennis courts, a sand volleyball court and a half basketball court. This park is also toddler friendly with 2 separate play areas. The Climbing Rock Slide area is designated for children ages 5-12 and the Tiny Train Depot is perfect for children ages 2-5. Open from 7:00am until sunset.

EMMA PRUSCH FARM PARK

647 S. King Rd., 95116 | 408-794-6262

Prusch Farm sits on 47 acres of land and features a livestock barn, 100 community garden plots, an urban farm, a rare fruit orchard and the Hatchery, the Farm's preschool. The park is great for picnicking, flying kites, playing games and relaxing. You can encounter all sorts of farm animals and see a strawberry tree, pear tree and even a raisin tree! The Emma Prusch Farm Park also has picnic facilities and a community meeting hall on site. Visit our Web site at www.pruschfarmpark.org or contact 408-794-6262. Park closed on Mondays.

GUADALUPE RIVER PARK & GARDENS

Walnut & Taylor, 95110 | 408-794-7275 (info line)

Guadalupe River Park and Gardens (GRPG), San Jose's central park includes beautiful stretches of river walk, public festival space, playgrounds, picnic areas and recreational opportunities. The Heritage Rose Garden, Arena Green, Discovery Meadow and McEnery Park are all included in the park. Please visit www.grpg.org for more information.

KELLEY PARK

Kelley Park is centralized in the downtown San José region with several picnic areas and barbecues shaded by beautiful mature trees growing amid the expansive lawn area. Kelley Park is also home to Happy Hollow Park and Zoo, Japanese Friendship Garden and History Park.

Happy Hollow Park and Zoo The new Happy Hollow includes several new animal exhibits, family roller coaster, education center, new rides, gift shop and restaurant, new parking lot and pedestrian bridge, and public art created by internationally known artist Tom Otterness. The facility is the first LEED certified Zoo and Amusement Park in the country. Visit www.hhpz.org of the Happy Hollow Facebook page. Main Number 408-794-6400

History Park Stroll back in time in this charming 14-acre park filled with over 27 exhibits, paved streets and an operating trolley car. Admission is free Monday through Friday 12:00–5:00pm. For more information visit, www.historysanjose.org or contact, 408-287-2290.

Japanese Friendship Garden This beautiful and tranquil garden is a living symbol of the "Sister City" between Okayama, Japan and San José. This expanse of peace in the middle of the city is the perfect place for weddings, celebrations or just admiring the beauty of nature. 408-794-7275 (info-line)

LAKE CUNNINGHAM PARK

Tully & White, 95127 | 408-794-7577

Lake Cunningham Regional Park has something to offer everyone. Centered around a 50-acre lake, this 200-acre park also features a one-mile, 18-station par course that winds around the Big Meadow, perfect for jogging or a leisurely walk. Lake Cunningham Park is home to the South Bay Fishing in the City Program. It's also home to Lake Cunningham Regional Skate Park (LCRSP), the largest skate park in California and one of the most challenging skate parks in the world. If you have any questions please contact, 408-794-7577.

MUNICIPAL ROSE GARDEN

Dana & Naglee, 95126 | 408-794-7275 (info line)

San José's 11-acre Municipal Rose Garden is one of the loveliest gardens in the world. It features over 4,000 rose shrubs, with 189 varieties represented, and five and a half acres are exclusively devoted to shrubs of the rose family. The reflection pool, water fountain and arbor are beautiful backdrops for weddings, graduations and celebrations.

OVERFELT GARDENS PARK

368 Educational Park Drive, 95133 | 408-251-3323

The Gardens offers the perfect setting for walking, reading, nature photography, writing, drawing and painting, or just relaxing. There is a Fragrance Garden for visually impaired, an amphitheater and a natural wildlife sanctuary. Overfelt Gardens is also a beautiful location for wedding ceremonies and picnics. Educational tours are available for school groups at a nominal fee. Open from 10:00am to sunset. Call 408-251-3323 for more information.

Chinese Cultural Gardens at Overfelt

The Chinese Cultural Gardens feature precious artifacts and gifts from the Republic of China, pavilions and a cultural center. Overfelt park is closed on Mondays.



FAMILY CAMP UPDATE

PARKS FAQ'S

See You in 2011!

Hello Campers;

We're busy with plans for Family Camp and we anticipate opening for the 2011 Season. Visit our webpage for updates: www.sanjoseca.gov/prns/familycamp/

Our reservation offices have moved back to the Leininger Center in Kelley Park (1300 Senter Road, San Jose CA 95112). Our contact number is (408) 794-6523.

New to Family Camp?

San Jose Family Camp is located in the heart of the Sierras near the West gate of Yosemite National Park. The Stanislaus National Forest and Tuolumne River serve as camp's scenic backdrop.

For a nominal fee Family Camp provides lodging, meals within camp and activities.

Thank you,
San Jose Family Camp Staff

CAN I MAKE A RESERVATION FOR A PICNIC AT MY NEIGHBORHOOD PARK?

No, not in neighborhood parks. The picnic areas are non-reservable and are on a first come, first served basis. Parks may sometimes be reserved for a major community-serving public event, requiring a special permit, but not for private parties. San José Regional Parks have picnic areas that are reservable for a fee. For information, please call 408-794-7275.

WHAT ARE THE PARK HOURS?

Neighborhood parks are open from sunrise to one hour after sunset. Regional parks are open from 8:00am until a half hour after sunset, unless posted otherwise.

HOW DO I FIND THE ADDRESS OF A PARK?

Parks normally do not have addresses. They are located by cross streets, or a street and landmark. If a community center is located on a park, the park may be associated with that address. For a listing of park cross streets, visit our Park Listing page at www.sjparks.org.

IS ALCOHOL ALLOWED?

No alcohol is allowed in neighborhood parks, according to San José Municipal Code. Some Regional parks allow alcohol in limited areas.

CAN I RESERVE A SPORTS FIELD OR TENNIS COURT?

Yes, sports facilities are reservable for a fee.
Call 408-871-3827.

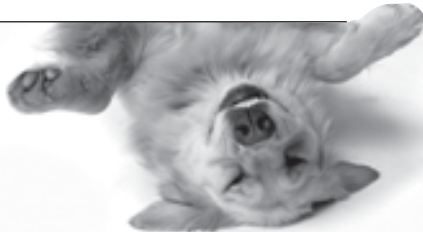
ARE WATER SLIDES OR DUNK TANKS ALLOWED IN PARKS?

No, the excessive water and activity damages the turf. However, there are several parks that have water features to enjoy.

CAN I BRING MY OWN BBQ IN TO A PARK?

Yes, home barbecues are allowed in most neighborhood parks in the designated cooking areas. Please dispose of briquettes carefully and in designated hot coals containers.

DOG PARKS



San Jose has several parks for owners and their dogs to enjoy.
Dog parks include:

| | |
|-----------------------|-----------------------|
| BUTCHER | MIYUKI |
| DELMAS | OLINDER |
| FONTANA | RYLAND |
| RALEIGH LINEAR | SARATOGA CREEK |

WATSON (CLOSED)

RULES INCLUDE

- 🐾 Dog must be accompanied at all times
- 🐾 No more than 2 dogs per person are allowed at one time
- 🐾 Children are not allowed in the dog park, unless accompanied by a guardian
- 🐾 Owners are responsible for picking up after their dog
- 🐾 All dogs must wear proof of license and have proper vaccinations
- 🐾 Dogs in heat are not allowed at the park
- 🐾 Dogs with bad behavior will be required to leave the park

COMMERCIAL PHOTOGRAPHY:

Photo permits are also required for any commercial photography in all City of San José Parks. You may obtain a photo permit six months in advance. For additional information, please view our website @ WWW.SANJOSECA.GOV/PRNS or call 408-794-7275.



Enjoy one of San José's neighborhood or regional parks.
This matrix gives you the basic amenities of each park. For
more information on parks, please call 408-794-7275.
For information on Trails and Bike Paths see pg. 146-147.



| | | | | | | | |
|---|--|--|--|--|--|--|--|
| Aborn Park - Renfield & Pentland | | | | | | | |
| Albertson Parkway - Purple Hills & PG&E easement | | | | | | | |
| Almaden Lake Park - Almaden Expwy & Coleman | | | | | | | |
| Almaden Meadows Park - Camden & Meridian | | | | | | | |
| Almaden Winery Park - Chambertin & Treviso | | | | | | | |
| Alum Rock Park - Penitencia Creek & Donel | | | | | | | |
| Alviso Park - Wilson & N. 1st | | | | | | | |
| Avenida Espana Park - Downs & North Creek | | | | | | | |
| Backesto Park - 13th & Empire | | | | | | | |
| Barberry Lane Walkway - Barberry & King | | | | | | | |
| Basking Ridge Park - Chelsea Crossing near Esplanade | | | | | | | |
| Bellvue Park - Bellvue Ford | | | | | | | |
| Bernal Park - Hedding & 7th | | | | | | | |
| Berryessa Creek Park - Messina & Isadora | | | | | | | |
| Bestor Art Park - 6th & Bestor | | | | | | | |
| Biebrach Park - Delmas & W. Virginia | | | | | | | |
| Boggini Park - Remington & Millbrook | | | | | | | |
| Branham Park - Branham & Tupolo | | | | | | | |
| Brenda Lopez Plaza - Oak Street & S. 1st | | | | | | | |
| Brigadoon Park - Brigadoon & Maloney | | | | | | | |
| Brigadoon Tot Lot - Threadneedle & Firth | | | | | | | |
| Brooktree Park - Fallingtree & Flickinger | | | | | | | |
| Buena Vista Park - Scott & Menker | | | | | | | |
| Butcher Park - Camden & Lancaster | | | | | | | |
| Cahalan Park - Cahalan & Pearlwood | | | | | | | |
| Cahill Park - W. San Fernando & Wilson | | | | | | | |
| Calabazas Park - Rainbow & Blaney | | | | | | | |
| Calero Park - Calero & Lean | | | | | | | |
| Camden Park - Camden & Hillsdale | | | | | | | |
| Canoas Park - Wren & Thrush | | | | | | | |
| Canyon Creek Park - Larkspur Cyn. & Trinity Hills | | | | | | | |
| Capitol Park - Bambi & Peter Pan | | | | | | | |
| Carrabelle Park - Camden & Villagewood | | | | | | | |



Restrooms



Picnic Tables



BBQ's



Playground



Basketball Courts



Tennis Courts



Softball Field



Exercise Course



| | | | | | | | |
|--|---|---|---|---|---|---|---|
| Cassell Park - Leeward Dr. & Leeward Ct. | | ■ | ■ | ■ | | | |
| Cataldi Park - Morrill & Cataldi | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Cathedral Oaks Park - Falcon Knoll Ct. & Falcon Knoll Dr. | | | | | | | |
| Century Oaks Park - Galen & Oberlin | | | | | | | |
| Children Of The Rainbow Park - Madden & Elodie | | ■ | ■ | ■ | ■ | | |
| Chris Hotts Park - Almaden Expwy & Via Monte | | ■ | ■ | ■ | | | |
| Chynoweth Park - Chynoweth Ave & Chynoweth Park Ct. | | ■ | ■ | ■ | | | |
| Cilker Park - Winfield Blvd & Chenoweth | | | | | | | |
| Cimarron Park - Orange & Bride | | ■ | | ■ | ■ | | |
| Columbus Park - Taylor & Walnut | ■ | ■ | ■ | ■ | ■ | | ■ |
| Comanche Park - Comanche & Calero | | | | ■ | | | |
| Coy Park - Coy & Judith | | ■ | | ■ | | | |
| Dana Rock Park - Houndshaven & Valley Haven | | ■ | ■ | ■ | ■ | | |
| De Anza Park - Meridian & Helmond | ■ | ■ | ■ | ■ | ■ | | ■ |
| Doerr Park - Potrero & Park Wilshire | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Dove Hill Park - Carick & Ravens | | ■ | ■ | ■ | | | |
| Edenvale Garden Park - Edenvale & Saddlebrook | ■ | ■ | ■ | ■ | ■ | ■ | |
| Emma Prusch Farm Park - Story & King | ■ | ■ | ■ | ■ | | | |
| Erikson Park - Pearl & Branham | | ■ | ■ | ■ | | | |
| Evergreen Park - Yerba Buena & San Felipe | ■ | ■ | ■ | ■ | | | |
| Fernish Park - Fernish & Rubion | | ■ | ■ | ■ | | | |
| Flickinger Park - Tourney & Flickinger | ■ | ■ | ■ | ■ | ■ | | ■ |
| Fontana Dog Park - Golden Oak Way & Paseo Pueblo Dr. | | | | | | | |
| Foothill Park - Foothill & Cahalan | | | | | | | |
| Forestdale Tot Lot - Forestdale at Highway 280 | | ■ | ■ | ■ | | | |
| George W. Page Park - Santa Teresa & Miyuki | | ■ | ■ | ■ | | ■ | ■ |
| Gleason Park - Gleason & San Tomas Aquino | | | | ■ | | | |
| Glenview Park - McCall & Valley Quail | | ■ | | ■ | | | |
| Greystone Park - Mt. Carmel & Camden | | ■ | ■ | ■ | | | |
| Great Oaks Park - Snow & Battle Dance | ■ | ■ | ■ | ■ | ■ | | ■ |
| Gregory Plaza Tot Lot - Gregory & Helen | | ■ | | ■ | | | |
| Groesbeck Hill Park - Klein & Norwood | | ■ | | ■ | ■ | ■ | ■ |
| Guadalupe Gardens Park - Taylor & Walnut | ■ | ■ | | | | | |



Restrooms



Picnic Tables



BBQ's



Playground



Basketball Courts



Tennis Courts



Softball Field



Exercise Course



| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| Guadalupe Oak Grove Park - Thorntree & Sterling Oaks | ■ | ■ | | | | | | |
| Guadalupe River Park - Between Highways 280 & 880 | ■ | ■ | ■ | ■ | | ■ | | ■ |
| Gullo Park - Moorpark & Castlewood | | ■ | | | | | | |
| Hacienda Park - West Court & Julian | | ■ | | ■ | | | | |
| Hamann Park - Westfield & S. Geneview | ■ | ■ | ■ | ■ | | ■ | ■ | |
| Happy Hollow Park & Zoo - Senter & Story | ■ | ■ | | ■ | | | | |
| Hathaway Park - Vallejo & McKinnon | ■ | ■ | ■ | ■ | ■ | | ■ | ■ |
| Hester Park - Naglee & Dana | | ■ | | ■ | | | | |
| Hillview Park - Adrian & Ocala | ■ | ■ | ■ | | ■ | | ■ | |
| Houge Park - Twilight & White Oaks | ■ | ■ | ■ | ■ | ■ | ■ | | ■ |
| Huerta Park - Hillsdale & Ross | | | | ■ | | | | |
| Hummingbird Park - Bird & Fisk | | | | ■ | | | | |
| Japanese Friendship Garden - Senter & Alma | ■ | | | | | | | |
| Jeffrey Fontana Park - McAbee & Meridian | | | | ■ | | | | ■ |
| Kelley Park - Senter & Keyes | ■ | ■ | ■ | | | | | |
| Kirk Park - Briarwood & Foxworthy | ■ | ■ | ■ | ■ | ■ | | | |
| La Colina Park - Lean & Allegan | ■ | ■ | ■ | ■ | | | | |
| La Raggione Tot Lot - Tully & La Raggione | | | | ■ | | | | |
| Lo Bue Park - Sierra Meadow & Muirfield | | ■ | ■ | ■ | ■ | | | ■ |
| Lake Cunningham Park - Tully & White | ■ | ■ | ■ | ■ | | | | ■ |
| Lincoln Glen Park - Radio & Curtner | ■ | ■ | | ■ | | | | |
| Lone Bluff Park - Lone Bluff & Pinto | | ■ | ■ | ■ | ■ | | | |
| Lone Hill Park - Michon & Vintner | ■ | ■ | ■ | ■ | ■ | | | |
| Los Paseos Park - Avenida Grande & Via Vista | ■ | ■ | | ■ | | ■ | | ■ |
| Martin Park - Melbourne & Jeanne | | ■ | | ■ | | | | |
| Mayfair Park - Kammerer & Sinclair | | ■ | | ■ | | | | |
| McEnergy Park - San Fernando & Almaden | ■ | ■ | | ■ | | | | |
| McLaughlin Park - Clemence & McLaughlin | | ■ | ■ | ■ | ■ | | | |
| Meadowfair Park - Corda & Barberry | | ■ | ■ | ■ | ■ | ■ | | |
| Meadows Park - Bluefield & Edelweiss | | ■ | ■ | ■ | | | | |
| Melody Park - La Torre & Nokomis | | ■ | ■ | ■ | | | | |
| Metcalf Park - Forsum Rd & Forsum Ct | ■ | ■ | ■ | ■ | ■ | | | |
| Miner Park - Lean & Copco | | | | ■ | | | | ■ |
| Mise Park - Mitty & Moorpark | ■ | ■ | ■ | ■ | ■ | | ■ | |
| Miyuki Dog Park - Miyuki & Autotech | | | | | | | | |



| | | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| Moitozo Park - N. First & Descanso | | | | | | | | |
| Montgomery Hill Park - Yerba Buena & Murillo | | | | | | | | |
| Mt. Pleasant Park - Aramis & Park Pleasant | | | | | | | | |
| Municipal Rose Garden - Dana & Naglee | | | | | | | | |
| Murdock Park - Wunderlich & Castle Glen | | | | | | | | |
| Nancy Lane Plaza - Nancy Lane & Florence | | | | | | | | |
| Noble Park - Noble & Colette | | | | | | | | |
| Northwood Park - Lakewood & Autumnvale | | | | | | | | |
| O'Connor Park - Auzerais & Meridian/Race | | | | | | | | |
| O'Donnell's Gardens Park - 6th & William St. | | | | | | | | |
| Our Park - Van Winkle & Story | | | | | | | | |
| Overfelt Gardens Park - Educational Park & McKee | | | | | | | | |
| Palmia Park - Primrose & Palmia | | | | | | | | |
| Parkview I - Bluefield & Viewpark | | | | | | | | |
| Parkview II - Sposito & Grand Park | | | | | | | | |
| Parkview III - Monet Dr. & Monet Cir. | | | | | | | | |
| Parma Park - Camden & Bose | | | | | | | | |
| Parque de la Amistad - Vollmer & McCreery | | | | | | | | |
| Parque de los Pobladores - 1st & Market | | | | | | | | |
| Parque de Padre - Mateo Sheedy Floyd & Locust | | | | | | | | |
| Paul Moore Park - Hillsdale & Cherry | | | | | | | | |
| Penitencia Creek Park - Berryessa & Summerdale | | | | | | | | |
| Pfeiffer Park - Pfeiffer Ranch & Boulder Mountain | | | | | | | | |
| Plata Arroyo Park - King & McKee | | | | | | | | |
| Playa del Rey Park - Sunny Oaks & Stardust | | | | | | | | |
| Plaza de Cesar Chavez - Market & San Carlos | | | | | | | | |
| Rainbow Park - Rainbow & Donington | | | | | | | | |
| Ramblewood Park - Kinsule & Dundale | | | | | | | | |
| River Glen Park - Bird & Pine | | | | | | | | |
| Rocksprings Youth Lot - Needles & Senter | | | | | | | | |
| Roosevelt Park - Santa Clara & 21st | | | | | | | | |
| Rosemary Garden Park - Sonora & Santa Paula | | | | | | | | |
| Roy Avenue Park - Roy & Spadafore | | | | | | | | |
| Rubino Park - Desmet Dr. & Desmet Ln. | | | | | | | | |



Restrooms



Picnic Tables



BBQ's



Playground



Basketball Courts



Tennis Courts



Softball Field



Exercise Course



| | | | | | | | |
|--|---|---|---|---|---|---|---|
| Ryland Park - San Pedro & N. First Street | ■ | ■ | ■ | ■ | ■ | | ■ |
| Ryland Dog Park - First Street & Jackson | | | | | | | |
| San Tomas Park - Valerie & Fenian | ■ | ■ | ■ | ■ | ■ | | |
| Santana Park - Tisch & Monroe | ■ | ■ | ■ | ■ | | ■ | |
| Saratoga Creek Park - Hoyet & Cordelia | ■ | ■ | ■ | ■ | | | ■ |
| Scenic Meadows Park - Yerba Buena & Silver Creek | | | | | | | |
| Scottsdale Park - Branham & Casa de Ponselle | | | | | | | |
| Selma Olinder Park - E. Williams & 18th Street | ■ | ■ | ■ | ■ | | ■ | ■ |
| Shady Oaks Park - Coyote & Broderick | | ■ | ■ | ■ | ■ | | ■ |
| Silver Creek Linear Park - Silver Creek & Yerba Buena | ■ | ■ | ■ | | ■ | ■ | ■ |
| Silver Creek Linear Park (Picnic Mdw) | ■ | ■ | ■ | ■ | | | ■ |
| Silver Leaf Park - Silver Leaf & Palmwell | | ■ | ■ | ■ | ■ | | ■ |
| Solari Park - Cas & Los Arboles | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| St. James Park - St. James & 2nd | | ■ | | ■ | | | ■ |
| Starbird Park - Boynton & Williams | ■ | ■ | ■ | ■ | ■ | | ■ |
| Stonegate Park - Gassmann & Tuers | | ■ | ■ | ■ | | | |
| T.J. Martin Park - Burchell & The Strand | | ■ | | ■ | | | |
| Terrell Park - Kenton & Normington | | ■ | ■ | ■ | | | |
| Thousand Oaks Park - Thousand Oaks & Downswick | | ■ | | ■ | | | |
| Townsend Park - Townsend Ave & Townsend Cir. | | ■ | | ■ | | ■ | ■ |
| Tully Community Ball Fields - Tully & Galveston | ■ | ■ | | | | | ■ |
| Turtle Rock Park - Boa Vista & Madden | | ■ | ■ | ■ | | | |
| Umbarger Walkway - Umbarger & McLaughlin | | | | | | | |
| Vinci Park - Vinci Park & Hikido | | ■ | ■ | ■ | | | |
| Vista Park - New Compton & Hyde Park | | ■ | | ■ | ■ | | ■ |
| Wallenberg Park - Curtner & Westgate | ■ | ■ | ■ | ■ | | ■ | |
| Waterford Park - Sand Pebble & Vista Park | | ■ | ■ | ■ | | | ■ |
| Watson Soccer Bowl - East Jackson & 22nd | | | | | | | |
| Welch Park - Clarice & Santiago | ■ | ■ | ■ | ■ | | | ■ |
| Wilcox Park - Winona & Wilcox | | | | | | | |
| William Street Park - 16th & E. Williams | | ■ | | | | | |
| Willow Street Bramhall Park - Willow & Camino Ramon | ■ | ■ | ■ | ■ | ■ | ■ | ■ |
| Windmill Springs Park - Baysmill & Umbarger | | ■ | | ■ | | | |
| Zolezzi Park - King & Hermocilla | | ■ | | ■ | ■ | | ■ |



| | LENGTH (MILES) | PAVED SURFACE | GRAVEL SURFACE | BICYCLES | HORSES | EMERGENCY CALL BOXES | NUMBER OF CROSSINGS | BRIDGES | BENCHES | ADOPTABLE? |
|--|-------------------|------------------|-------------------|----------|--------|-------------------------|------------------------|---------|---------|------------|
| Albertson Parkway Trail - Located in the Santa Teresa Neighborhood, from Dondero Way to Curie Drive. Connects to Santa Teresa County Park. | | | | | | | | | | |
| Calero Creek Trail - Located along Camden Avenue, between Queenswood Way and Harry Road. The Trail continues (un-paved) across Harry Drive and connects to the Bay Ridge Trail, leading to Santa Teresa County Park. | 1.9 | ■ | ■ | ■ | | ■ | 1 | | ■ | YES |
| Coyote Creek Trail - Three main segments are open to the public: 1) from Highway 237 to Montague Expressway; 2) from Williams Street to Highway 280; and 3) from Stonegate Park to Metcalf Road and south to the county border. | 16.7 | ■ | ■ | ■ | ■ | ■ | 5 | ■ | ■ | YES |
| Evergreen Creek Trail - Trail follows Evergreen Creek, between San Felipe Road and Yerba Buena Road. | 1.1 | | ■ | ■ | ■ | | 0 | ■ | ■ | YES |
| Fowler Creek Trail - The trail runs along Cortona Drive between Classico Avenue and Mackin Woods Lane. | 0.5 | ■ | | ■ | | | 3 | | | YES |
| Guadalupe Creek Trail - Trail follows the creek and ponds from Almaden Expressway to Meridian Avenue | 1.7 | | ■ | ■ | | | | | ■ | YES |
| Guadalupe River Trail - The trail is open from Gold Street in Alviso to Highway 280. Further south, the trail is open from Chynoweth Avenue to Lake Almaden Park. | 11.0 | ■ | | ■ | | ■ | 5 | ■ | ■ | YES |
| Hetch-Hetchy Trail - The trail runs through a business park setting between Guadalupe River and Baypointe Parkway. | 0.7 | ■ | | ■ | | | 2 | | | YES |
| Hwy 237 Bikeway - Bikeway runs along Highway 237 between Lafayette Street and McCarthy Boulevard. There is a dedicated bicycle path on the south side of Highway 237 between McCarthy Boulevard and Zanker Road and between North 1st St. and the Lafayette Street. | 5.0 | ■ | ■ | ■ | | | NA | | | YES |



| | LENGTH (MILES) | PAVED SURFACE | GRAVEL SURFACE | BICYCLES | HORSES | EMERGENCY CALL BOXES | NUMBER OF CROSSINGS | BRIDGES | BENCHES | ADOPTABLE? |
|---|-------------------|------------------|-------------------|----------|--------|-------------------------|------------------------|---------|---------|------------|
| Hwy 87 Bikeway - Bikeway runs along Highway 87 Willow Street to Santa Teresa Boulevard with dedicated bicycle paths between Willow Street and Curtner Road between Carol Drive (at Garden Avenue) and Hillsdale Avenue and between Branham Lane and Ohlone-Chynoweth light rail station. | 4.1 | ■ | | ■ | | | NA | | | YES |
| Los Alamos Creek Trail - The trail runs along the creek between Lake Almaden Park and McKean Road. Much of the trail runs along Camden Avenue. | 4.6 | ■ | | ■ | ■ | ■ | 2 | ■ | ■ | YES |
| Los Gatos Creek Trail - Los Gatos Creek Trail is open from Auzerias Street to Louus Street and from Meridian Avenue at Curci Drive to Bascom Avenue at Southwest Expressway. | 1.3 | ■ | | ■ | | ■ | 0 | ■ | | YES |
| Penitencia Creek Trail - The trail follows the creek between Noble Avenue at Penitencia Creek Road and Mabury Rd at Jackson Avenue. Also access the trail at Penitencia Creek Park. | 2.6 | ■ | | ■ | | ■ | 4 | ■ | | YES |
| Ryland Parkway Trail - The trail runs along Ryland Street From Coleman Avenue to Ryland Park at North First Street. | 0.3 | ■ | | ■ | | | 0 | | | YES |
| Saratoga/San Tomas Aquino Creek Trail - The trail runs alongside the Saratoga/San Tomas Aquino Creek from Bollinger Road to Prospect Road. Access the trail at the end of English Drive at Murdock Park or at Bollinger Road and Lawrence Expressway. | 1.1 | ■ | ■ | ■ | | | 0 | ■ | | YES |
| Silver Creek Valley Trail - The trail follows Silver Creek Valley Road between Hellyer Avenue and Hasler Parkway. | 4.2 | ■ | | ■ | | | 1 | ■ | | YES |
| Thompson Creek Trail - Unpaved trail follows the creek between Tully Road and Aborn Road. | 1.8 | | ■ | ■ | | | 1 | | | YES |
| Yerba Buena Creek Trail - The trail follows the creek along Yerba Buena Road from San Felipe Road to Villa Vista Road. | 0.8 | | ■ | ■ | | | 0 | ■ | | YES |



CITY FACILITIES

ALMA COMMUNITY CENTER

136 W. Alma Avenue 95110
Phone: 408-275-1315
Fax: 408-294-0478
Bus line: 82

ALMADEN COMMUNITY CENTER

6445 Camden Avenue 95120
Phone: 408-268-1133
Fax: 408-997-1222
Bus line: 63

ALMADEN WINERY COMMUNITY CENTER (AGING SERVICES)

5730 Chambertin Drive 95118
Phone: 408-979-7912
Fax: 408-979-0536
Bus line: 27

ALUM ROCK YOUTH CENTER

137 N. White Road 95127
Phone: 408-251-5757
Fax: 408-251-4433
Bus line: 64 & 71

ALVISO YOUTH CENTER

5040 North 1st Street 95002
Phone: 408-586-7624
Fax: 408-262-0663
Bus line: 61

BERRYESSA COMMUNITY CENTER

3050 Berryessa Road 95132
Phone: 408-251-6392
Fax: 408-251-7687
Bus line: 62

BERRYESSA YOUTH CENTER

1970 Morrill Avenue 95132
Phone: 408-262-1014

CAMDEN COMMUNITY CENTER

3369 Union Avenue 95124
Phone: 408-559-8553
Fax: 408-559-1203
Bus line: 37 & 62
Kirk Seniors @ Camden (408) 559-6209

CYPRESS SENIOR CENTER

403 S. Cypress Avenue 95117
Phone: 408-244-1353
Fax: 408-249-9460
Bus line: 23

EDENVALE COMMUNITY CENTER

330 Branham Lance East 95111
Phone: 408-794-6580

EMMA PRUSCH FARM PARK & CENTER

647 S. King Road 95116
Phone: 408-794-6262
Fax: 408-926-9181
Bus line: 22, 25 & 77

EVERGREEN COMMUNITY CENTER

4860 San Felipe Road 95135
Phone: 408-270-2220
Fax: 408-223-6063
Bus line: 31

FAIR SWIM CENTER

1350 Bacchus Drive 95122
Phone: 408-277-2291
Fax: 408-282-1636
Bus line: 72

GARDNER COMMUNITY CENTER

520 W. Virginia St. 95125
Phone: 408-277-4761
Fax: 408-277-4640
Bus line: 64 & Light Rail

GRACE COMMUNITY CENTER

484 East San Fernando St. 95112
Phone: 408-293-0422
Fax: 408-277-2474
Bus line: 22, 64, 72, 73 & 300

HANK LOPEZ COMMUNITY CENTER (STAFF ONLY)

1694 Adrian Way 95122
Phone: 408-794-1060
Fax: 408-923-5215
Bus line: 70

HOOVER COMMUNITY CENTER

1677 Park Avenue 95126
Phone: 408-978-7681
Fax: 408-978-8291
Bus line: 36, 62 & 81

JOSEPH GEORGE YOUTH CENTER

277 Mahoney Drive 95127
Phone: 408-928-7567

MAYFAIR COMMUNITY CENTER

2039 Kammerer Avenue 95116
Phone: 408-794-1060
Fax: 408-347-9732
Bus line: 22 & 77

MCKINLEY NEIGHBORHOOD CENTER

651 Macredes Avenue 95116
Phone: 408-297-3301
Fax: 408-297-8739
Bus line: 82

MEADOWFAIR COMMUNITY CENTER

2696 S. King Road 95121
Phone: 408-274-1343
Bus line: 22

MILLBROOK COMMUNITY CENTER

3200 Millbrook Drive 95148
Phone: 408-274-1343
Bus line: 30 & 31

MORELAND-WEST COMMUNITY CENTER

1850 Fallbrook Avenue 95130
Phone: 408-249-6580
Fax: 408-249-6589

NORTHSIDE (JACINTO "TONY" SIQUIG) COMMUNITY CENTER

488 N. Sixth Street 95112
Phone: 408-794-7500
Fax: 408-288-5382
Bus line: 11



CITY FACILITIES

OLINDER COMMUNITY CENTER

848 E. William Street 95116
Phone: 408-279-1138

ROOSEVELT COMMUNITY CENTER

901 E. Santa Clara Street 95116
Phone: 408-794-7555
Fax: 408-294-7981
Bus line: 22 & 64

SHERMAN OAKS COMMUNITY CENTER

1800A Fruitdale Avenue 95128
Phone: 408-277-5680
Fax: 408-292-5811
Bus line: 25 & 65

SHIRAKAWA COMMUNITY CENTER

2072 Lucretia Avenue 95122
Phone: 408-277-3317
Fax: 408-277-3710
Bus line: 26 & 72

SEVEN TREES COMMUNITY CENTER

3590 Cas Dr 95111
Phone: (408) 794-1690
Fax: (408) 225-1554

SOUTHSIDE COMMUNITY & SENIOR CENTER

5585 Cottle Road 95123
Phone: 408-629-3336
Fax: 408-365-7135
Bus line: 27 & 68

STARBIRD YOUTH CENTER

1050 Boynton Avenue 95117
Phone: 408-984-1954
Fax: 408-554-7055
Bus line: 25

THERAPEUTIC SERVICES

3369 Union Avenue 95124
Phone: 408-369-6438
Fax: 408-559-1203
Bus: line: 37 & 62

WEST SAN JOSÉ COMMUNITY CENTER

3707 Williams Road 95117
Phone: 408-249-6580
Fax: 408-249-6589
Bus line: 26

WILLOW GLEN COMMUNITY & SENIOR CENTER

2175 Lincoln Avenue 95125
Phone: 408-448-6400
Fax: 408-978-8291
Bus line: 26 & 64

SPORTS FIELD RESERVATION

1300 Senter Road
San Jose, ca 95112
(408) 794-6527

SAN JOSE FAMILY CAMP

1300 Senter Road
San Jose, Ca 95112
(408) 794-6523

Party Packages

at Camden, Almaden, Mayfair and Willow Glen Community Centers

2hr Package

Party host
Age appropriate games and crafts
activity room
invitations
utensils
decorations
set-up & clean up

\$300

3hr Package

Same as 2hr plus
Additional Arts & Crafts
Games/Activities

\$350

Party Themes

Pretty Princess
Rock Star
Sports All Star
Splash Bash
Pirate
Glitter & Glitz
Seasonal Theme

\$375

Party Extras

Food & Drinks
Goodie Bags
Extra games / Activities
Group photo
Thank you cards

For more information or to set up an appointment with the party coordinator please call a center. 12 kids max per package.

**You bring the kids -
We bring the fun**

Mayfair Community Center
2039 Kammerer Ave
San Jose, Ca 95116
408-794-1060

Almaden Community Center
6445 Camden Ave
San Jose, Ca 95120
408-268-1133

Camden Community Center
3369 Union Ave
San Jose, Ca 95124
408-559-8553

Willow Glen
2175 Lincoln Ave
San Jose, Ca 95125
408-978-7681



RESOURCES

CITY OF SAN JOSÉ CALL CENTER: 408-535-3500

Got a question? Need some help? We've got someone available 24 hours a day, seven days a week to answer questions, provide information and help resolve concerns. If you need to get in touch with the City and don't know who to call, dial the Call Center and our friendly staff will be glad to assist you! The TTY telephone for the hearing impaired is 408-294-9337.

CITY OF SAN JOSÉ WEBSITE WWW.SANJOSECA.GOV

Check out the City of San José online. We are pleased to bring up-to-date information about City programs and services right to your doorstep. In our continuing effort to better serve the community, we are developing new ways for our customers to do business online and eliminate trips to City Hall.

ABANDONED SHOPPING CARTS

If you would like to report an abandoned shopping cart on city property or in your neighborhood, please call 408-535-3500.

AIRPORT NOISE

In order to report airport noise in your area, please call the Airport Noise Hotline at 408-452-0707.

ANIMALS

In order to report stray, injured animals, barking dogs, or to obtain a pet license, call Animal Care and Services at 408-578-PAWS (7297). For questions concerning wildlife or for help with an injured wild animal please call the wildlife Center of Silicon Valley at 408-929-WILD.

BUSINESS LICENSES

If you wish to obtain a business license, please call the recording at 408-535-7055.

BUILDING PERMITS

Call the Building Division at 408-535-3555 www.sjpermits.org to find out information about building permits or visit their website at: www.sanjoseca.gov/building/.

CONSTRUCTION NOISE

According to San José Municipal Code, the legal hours of construction within 500 feet of a residential unit are limited to the hours of 7:00am-7:00pm, Monday through Friday. If this ordinance is violated, please call Code Enforcement at 408-277-4528.

COUNTY JURISDICTION

If you are concerned about any of the following issues, please contact the Santa Clara County Government at the following numbers:

- Birth/Death Certificates - 408-299-2481
- Environmental Health - 408-918-3400
- Foster Care Recruitment - 408-299-KIDS
- Health Services - 408-423-0700
- Marriage Licenses - 408-299-5664
- Registering to Vote - 408-299-8302
- Reporting Child Abuse - 408-299-2071

FACILITY RESERVATIONS

Many city facilities can be reserved for a fee. To reserve a facility, call or visit the individual facility you are interested in reserving for rates and availability.

FIRE DEPARTMENT

If you have general questions regarding the City of San José Fire Department, the Office of the Fire Chief can be reached at 408-277-4444. However, please call 9-1-1 or 408-277-8911 on cell phones for emergency situations.

GRAFFITI

In order to report cases of graffiti, please call the 24-hour Anti-Graffiti Hotline at 408-277-2758.

HOMELESSNESS

For information on homeless services, contact the Department of Housing at 408-535-3860. If you wish to learn about shelter availability, contact the Shelter Hotline at 1-800-774-3583.

LIBRARY

For information on library services, call 408-808-2000 or visit their web site at www.sjlibrary.org.

LITTER

For information on Pick Up San José and other anti-litter programs, call 408-277-3208.

OFFICE OF EMERGENCY SERVICES

To contact, please call 408-277-4598 or email: sjprepared@sanjoseca.gov.

PARKS

For information on neighborhood or regional parks, picnic, wedding, and jumper reservations, contact 408-794-7275 or visit www.sjparks.org.

To report a park concern, call 408-793-5510 or e-mail park.concerns@sanjoseca.gov.

The Community Gardens Program, which can be reached at 408-793-4165 or by visiting www.sjcommunitygardens.org, provides plots for residents to grow organic produce.

The Adopt-A-Park/Adopt-A-Trail programs, which can be reached at 408-793-4190 or by visiting www.sjadoptapark.org, provides volunteer opportunities for maintenance of parks and trails.

POLICE DEPARTMENT

Emergency Services
9-1-1 or 408-277-8911

Non-Emergency, General Info
3-1-1 or 408-277-8900

Crime Prevention
408-277-4133

Curfew (Thur.-Sat. after 10pm)
408-723-8227

Abandoned Autos
408-277-5305

Traffic Enforcement
408-277-4341

24-HOUR ANONYMOUS TIP LINES

Crime Stoppers
408-947-STOP

Gang Information
408-293-GANG

NET (Narcotics Enforcement Team)
408-971-DRUG

Campus Crime Stoppers
1-800-903-6789



RESOURCES

RENTAL DISPUTES

If you would like to report a rental dispute that you are experiencing, please call the hotline at 408-975-4480.

SPORTS FIELD RESERVATIONS

To reserve City sports fields or tennis courts, call 408-871-3827.

STREET HAZARDS

If you would like to report an immediate street hazard (such as a fallen tree or street sign), call the immediate hazard number at 408-277-4373.

STREET MAINTENANCE

If the problem is away from the gutter and in the main street area where vehicles travel, then the City is responsible for maintenance and will fix the problem. If there is a pothole in the street, you may call 408-277-4373 to report it. Dispatchers will take the information and pass it on to the appropriate staff for scheduling of repair work. The City tries to repair potholes within 24 hours. All other defects are repaired when the street is scheduled for preventive maintenance.

STREET SWEEPING

In order to find out the street sweeping schedule in your neighborhood, please contact Recycle Plus at 408-535-3515.

TOWED VEHICLES

For information about a towed vehicle, call the Auto Desk at 408-277-4156.

TRAFFIC CALMING

If you have a concern dealing with traffic problems in your neighborhood, please call 408-535-3850 (ask for Traffic Engineering) or e-mail traffic.calming@sanjoseca.gov.

TRAILS

To report concerns or obtain more information see the "Trails" section in the back of the guide or visit www.sjpark.org/trails

TRASH/RECYCLING

Please call the Recycle Plus Customer Service Line at 408-535-3515 for:

- Easy removal of large items (the City offers a pickup of up to 3 bulky items from your curb for a fee).
- A replacement cart if your current garbage cart is falling apart
- Scheduling a cart exchange for recycling and yard trimmings carts

(You can also do this by filling out a form online: www.recycleplus.org/cgi-bin/cart_change/online_form.html).

In order to dispose of household hazardous waste (such as cleaners, paints, halogen lights, and pesticides), please call 408-299-7300.

TREE REMOVAL

For street trees (trees that are between the sidewalk and the street) that need pruning or removal, call the City Arborist's Office at 408-277-2762. For trees on private property, a tree removal permit from the Planning Department is required for the removal of any tree over 18 inches in diameter. These applications are available by calling the Planning Office at 408-535-3555 or on the internet at: www.ci.sj.ca.us/planning/sjplan/dev_review/dev_tr.htm.

WATER WASTE

In order to report water waste problems (such as leaky sprinklers or illegal water run-off) or get information about water waste laws, please call Code Enforcement at 408-277-4528.

“ THE MISSION OF THE DEPARTMENT OF PARKS, RECREATION AND NEIGHBORHOOD SERVICES IS “CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS.” IT IS OUR DESIRE THAT ALL MEMBERS OF THE COMMUNITY HAVE SAFE OPPORTUNITIES TO ACCESS COMMUNITY FACILITIES IN A PEACEFUL AND POSITIVE ENVIRONMENT. ”

- Respect the rights and privileges of other participants and city staff at all times.
- Behave in a responsible manner.
- Respect the property of others, including city property and facilities.

- Cooperate with or assist the city staff in maintaining safety, order and discipline.
- Comply with the Code of Conduct.*

* A copy of the Code of Conduct can be obtained from PRNS staff



SATISFACTION IS IMPORTANT TO US

We want to provide quality programs to all participants. If you are not satisfied with your program, please let us know. Contact staff at your local facility or email SJRegistration@sanjoseca.gov.

VIEW ACTIVITY LISTING

To browse activities online, go to www.sanjoseca.gov/prns/register. You do not need an online account to view activities. Citywide Activity Guides are available at your local community center or library. Sometimes classes, programs and events change from the published information in the Citywide Activity Guide. We apologize for any inconvenience. The City of San José Department of Parks, Recreation and Neighborhood Services provides recreational programs only and is not licensed childcare.

LEISURE CLASS POLICY

- Our method of registration is designed to offer equal access to all San José residents.
- The City of San José Department of Parks, Recreation and Neighborhood Services offers open registration each and every time a class or activity is held.
- Customers can register for any class at any PRNS facility
- The City cannot offer guaranteed participation from one session to the next.
- All Online, Walk-in or Mailed/Faxed/Dropped-Off registration will be treated in the same manner. Residents will be given first priority to register.
- Registration forms received after the first day of registration will be processed in the order received.
- Since the classes are offered online, the online registration will be processed on a first come, first serve basis.
- Registration will be accepted until the second class meeting if the course is available. Courses are unavailable when filled to capacity or cancelled due to insufficient enrollment. If the course you request is full, you will be registered for your second choice or placed on a waiting list.

ONLINE ACCOUNT

- An online account is required to register for activities
- To log into your account or set up a new account, go to www.sanjoseca.gov/prns/register

CONFIRMATION

If you have provided an email address, an automatic class confirmation will be sent. If an email address has not been provided, you will receive a confirmation in the mail. Only registered participants may participate in a class or course.

REFUND POLICY

- Refund requests need to be made in writing and submitted to any PRNS facility or by emailing your request to SJRegistration@sanjoseca.gov
- Refunds will be given for class cancellations received in writing by the City at least 14 calendar days prior to the start of the program/class. No refunds will be made for cancellations received by the City less than 14 calendar days prior to the start of the program/class.
- There will be a \$10 refund processing fee for EACH activity. It may not be possible to refund the class materials charged by the instructor.
- When the class fee is paid by check or cash, a refund confirmation will be sent by email. A refund check will follow 2-3 weeks after the refund confirmation.
- Credit card refunds will be credited back to the original credit card account within one week of City's receipt of the refund request.

TRANSFER POLICY

- Transfer requests need to be made in writing and submitted to any PRNS facility or by emailing your request to SJRegistration@sanjoseca.gov
- Transfers may not be done online
- Transfers must be requested 2 weeks prior to the start of the class
- Transfers must be done for classes/activities in the same season

MAKE-UP POLICY

If you miss a course meeting, we may not be able to accommodate you at another site or date for a make-up.

MINIMUM ENROLLMENT/CLASS CANCELLATION

The San José Department of Parks, Recreation and Neighborhood Services reserves the right to cancel any class or activity that does not meet a set minimum enrollment. Please register early to avoid class cancellations. We will make every effort to notify you at least five days prior to the scheduled course starting date. Please do not purchase supplies until five days prior to the start of the course. If a class is cancelled, you will receive a full refund from the City.

PREREQUISITES FOR CLASS

Please note all requirements, dates and times for classes offered before enrolling. All participants must be the minimum age on the first day of class.

INCLUSION POLICY

The City of San José encourages and supports the participation of individuals with all ability levels in programs and services. To facilitate opportunities for people with and without disabilities and to engage in leisure pursuits together, the Department of Parks, Recreation and Neighborhood Services provides inclusion support services. These services include, but are not limited to, interpreters for the deaf or hearing impaired, improved signage, activity modification, additional staff training, accessible equipment and facility features, and support staff. To ensure the requested accommodation, please notify the specific facility where the program is provided at least two weeks in advance. For more information on inclusion opportunities, specialized recreation services, and accommodations, please contact Therapeutic Services at 408-369-6438.



REGISTRATION BEGINS ON SATURDAY, DECEMBER 11, 10:00 A.M

REVIEW ACTIVITY GUIDE & SELECT YOUR CLASSES

Citywide Activity Guide available at community centers, libraries and online (www.sanjoseca.gov/prns). Please note any class prerequisites such as age (as of the first day of class or activity), parental participation, additional fees, supplies or equipment you must provide.

CREATE AN ONLINE ACCOUNT

RETURNING CUSTOMERS – If an email address was provided, an email should have been received with online account password.

NEW CUSTOMERS – Create an online account

1. Go to www.sanjoseca.gov/prns
2. Select the "Create an Online Account" link
3. Select "Request an Account"
4. An automatic confirmation will be sent once the account has been successfully created

RESIDENT CLASS AND SPORT LEAGUE REGISTRATION

*Non-Resident registration will begin December 13th, 9:00 a.m.

ONLINE REGISTRATION BEGINS AT 10:00 A.M.

Provides instant registration and confirmation from your computer

- Go to www.sanjoseca.gov/prns to register
- Log on or create a new account to register
- Payment must be made with a credit card (VISA, MasterCard or Discover)

WALK-IN REGISTRATION

Provides instant registration at your local community center

- Go to your local community center (check center for hours). to register
- Walk-in registration will also be processed during regular business hours
- Payment can be made by check, cash or credit card (VISA, MasterCard or Discover)

MAIL-IN OR FAX-IN REGISTRATION

Processing begins at the same time as online and walk-in registration

- Complete registration form. Incomplete forms may delay registration.
- Mail, fax or drop off your registration.
- Resident registration forms will be randomly processed
- Payment can be made by check or credit card (VISA, MasterCard or Discover). NO CASH.

Non-Resident Fees: A "Resident" shall mean any person who resides or owns real property within the city limits of San José. Non-Residents of San José must pay an additional surcharge as listed next to the class.

Returned Check: The City of San José will charge a processing fee for all checks returned by the maker's bank. The check return fee will be the current established City fee. As of July 2007, the fee is \$28.

Refund Policy: Refund requests need to be made in writing, by email, or in person at any facility. Refunds will be given for each class cancellation received by the City at least 14 calendar days prior to the start of the program or class. No refunds will be made for cancellations received by the City less than 14 calendar days prior to the start of the program or class. There will be a \$10 processing fee for each cancellation request. It may not be possible to refund the class materials charged by the instructor.

Customer Help Line: 408.793.5565

Email: SJregistration@sanjoseca.gov

Please do not hesitate to contact your local community center.

3 WAYS TO REGISTER

All online, walk-in, mailed, faxed or dropped-off registration will be treated in the same manner.

1. Online as listed above
2. Walk-in at your local community center
3. Mail-in or fax-in registration form



REGISTRATION FORM

City of San José Department of Parks, Recreation & Neighborhood Services

PRINT CLEARLY & COMPLETE ALL INFORMATION REQUESTED

Parent/Legal Guardian Information

First Name _____ Last _____ Address _____ Apt # _____ City _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____ Cell Phone (____) _____ School Child Attends _____

Is this a new address? Y N Gender M F Birthdate _____ Email Address* _____
*An automatic email confirmation will be sent

Emergency Contact Information

First Name _____ Last _____ Relationship _____

Home Phone (____) _____ Work Phone (____) _____ Cell Phone (____) _____

| Participant FIRST Name | LAST Name | Age | Gender | Birthdate | First Choice | | Second Choice | |
|--|-----------|-----|--------|-----------|--------------|---------------|---------------|---------------|
| | | | | | Course Title | Course Number | Course Title | Course Number |
| E1 | | | M F | / / | | | | |
| E2 | | | M F | / / | | | | |
| E3 | | | M F | / / | | | | |
| E4 | | | M F | / / | | | | |
| E5 | | | M F | / / | | | | |
| Help Us Help Others – Youth Activities Grant Fund Donation. Enter amount here → | | | | | | | | |
| TOTAL FEES | | | | | | | | |

☐ Check if you would like to use camp payment plan

☐ Check — payable to City of San José ☐ Cash ☐ Credit Card ☐ ☐

Card Card Number _____ Expiration Date _____ Signature _____

Special Accommodations: City of San José Department of Parks, Recreation and Neighborhood Services welcomes individuals with disabilities into programs. Please indicate participant, any medical problems, and describe any accommodations needed for successful inclusion in the program(s). (Asthma, food/menstruation, medical conditions, medications, etc.)

Name: _____ Special Accommodations: _____

☐ YES, I want to volunteer for Sports League! To have a successful sports league, we are dependent upon volunteers to coach our teams. If you are interested in volunteering your time, please complete the information below.

Name: _____ Home Number: _____ Work Number: _____ Cell Number: _____

SPORTS LEAGUE: We will make every effort to place your child with a friend. Please put on the same team as (no more than 2 names): 1 _____ 2 _____

The Applicant has read the PRHS policies and procedures set forth within in consideration of the application to participate in classes/programs at a City facility or in a City sponsored class/program. Applicant agrees to defend, indemnify and hold harmless City, its officers, agents and employees (collectively referred to hereinafter as "City") from and against any and all claims, demands, causes of action, or liabilities incurred by City arising, in whole or in part, directly or indirectly, from Applicant's acts or omissions in connection with participation in the classes and programs described above, except as may arise from the gross negligence or willful misconduct of City. In any action or claim against City in which Applicant is defending City, the City shall have the right to approve legal counsel providing City's defense and such approval shall not be unreasonably withheld. Applicant further agrees to release City from any and all claims for any damages, including property damage, injury or death occurring or arising out of use of City's property, except as may be caused by the City's gross negligence or willful misconduct. I HAVE READ THE ABOVE AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME ALL RISKS FOR INJURY RECEIVED.

Signature: _____ Date: _____

I understand the City of San José may photograph or videotape the events or activities in which I am (or my child is) participating. I give my permission for the City to use photographs or videotape of me (or my child) for the purpose of promoting the City of San José and its services/programs or for educational purposes. I give my permission with the following understanding: No compensation of any kind will be paid to me (or my child) at this time or in the future for the use of my (or my child's) likeness. Permission is not required to participate in City events.

Signature: _____ Date: _____

FOR SPORTS LEAGUE & CAMP PARTICIPANTS ONLY

Child Shirt Size (Check One)
 Child S _____ Child M _____ Child L _____
 Adult S _____ Adult M _____ Adult L _____ Adult XL _____



“YOUTH CITY” SCHOLARSHIP APPLICATION INSTRUCTIONS

Statement of Intent

The City of San José's Department of Parks, Recreation and Neighborhood Services' "Youth City" Scholarship Program 2011 will ensure that qualifying San José residents will have access to participation in department programs, classes, and activities. ***All requests are subject to available funding.***

Eligibility Criteria

1. The Youth City Scholarship Program will operate in 2 (two) Steps. Step 1 is for the Customer to submit the application at the facility of choice at least 4 weeks before a class starts in order to "pre-qualify" and receive notification of award. Step 2 is for the Customer to verify class selection, complete the registration process, pay the balance due, and finalize registration prior to class start date.
2. Scholarship Applications will be available at each Community Center and other selected sites, and may be downloaded online. Applications for San José's Scholarship Program and proof of eligibility will be accepted in person only at each Community Center and will be reviewed. If qualified, scholarships will be available for any season during the calendar year as funding permits. You may apply until September 16, 2011, however, funding is subject to availability.
3. Scholarship Recipient must be under age 18 years (or still actively enrolled in high school) and a San José resident.
4. Parent or Legal Guardian must currently be participating in a State and/or Federal Assistance Program such as: Subsidized housing; Section 8 Rent Subsidy; Temporary Assistance for Needy Families (TANF); Food Stamps; Medi-Cal; California's Life Line Program (reduced rates for phone); Women, Infants & Children (WIC); Supplemental Security Income (SSI), or if both parents/guardians are unemployed and receiving CA State Unemployment Insurance benefits. Parent or Legal Guardian can also be enlisted in the U.S. Military and be considered an "active" member.
5. Scholarships apply to Leisure Classes and Activities that meet more than one time. Examples include: Community Center/Teen Center Recreation Classes, Day & Summer Camps, and Youth Sports Leagues.
6. Scholarships will be awarded on a first-come, first-served basis. Customer will be notified of award status within 7-10 business days after submittal. There is a maximum award of \$100 per participant, per calendar year, and is subject to available funding.
7. If scholarship application is approved, Customer is responsible for completing the class registration. Scholarship awards do not guarantee enrollment and do not replace the registration process. Customer is responsible for paying at least 50% of the listed price of the class or activity. Scholarship funds are not available for expenses beyond the listed price such as, but not limited to: supplies, materials, food and/or transportation.
8. Any refunds will be only for amount paid by customer. Refunds requested must follow the existing Department of Parks, Recreation and Neighborhood Services' Refund Policies. See the Citywide Activity Guide or visit our website at www.sanjoseca.gov/prns for more information.



City of San José - Department of Parks, Recreation and Neighborhood Services
250 E. Santa Clara Street, 9th Floor, San José, CA 95112 (408) 535-3570 main (408) 292-6299 fax

"YOUTH CITY" SCHOLARSHIP PROGRAM APPLICATION - 2011

Program Location/Center: _____ Today's Date: _____

Have you ever applied for a San Jose scholarship? If so, when/where? _____

PROGRAM YOU ARE REQUESTING A SCHOLARSHIP FOR: (If you know your selection at time of application)

| | | | |
|----------------------|-------------------------------------|---------------|------|
| Program Name/Class # | Program Session (Fall, Winter, etc) | Program Dates | Cost |
|----------------------|-------------------------------------|---------------|------|

Applications accepted IN PERSON ONLY at each Community Center.

Scholarships are awarded as funding is available. Completion of this application does not guarantee approval of a Scholarship. Include copies of all required documents listed below. Your application will not be processed without the information requested. All information is confidential.

- Proof of San Jose Residency (utility bill, etc.) and Proof of Identity
- Proof of restricted income, determined by State and/or Federal Level Programs such as:

Subsidized housing, Section 8 rent subsidy, Aid to Families with Dependent Children (AFDC), Temporary Assistance for Needy Families (TANF), Food Stamps, Medi-Cal, San Jose Life Line program (reduced rates for phone), Women, Infants & Children (WIC), Supplemental Security Income (SSI), CA Unemployment Insurance or U.S. Military Dependents.

Participant Information (Please Print) One participant per form – Non-transferable

| | | | | |
|-----------|------------|--------------|---------------|-------|
| Last Name | First Name | Gender (M/F) | Date of Birth | Age |
| Address | | Apt. # | City | Zip |
| | | | | Phone |

Parent or Legal Guardian (Please Print)

| | | | | |
|-----------------------------------|------------|------------|-----------------|-------|
| Last Name | First Name | Home Phone | Alternate Phone | Email |
| Address (if different than above) | | Apt. # | City | Zip |

Secondary Adult or Legal Guardian (Please Print)

| | | | | |
|-----------|------------|------------|-----------------|-------|
| Last Name | First Name | Home Phone | Alternate Phone | Email |
|-----------|------------|------------|-----------------|-------|

CUSTOMER ACKNOWLEDGEMENT AND DISCLAIMER

The information provided is true and correct and the eligibility criteria has been met. Any falsification of information will be cause for immediate and automatic disqualification from this program. Scholarships are awarded as funding is available and this application does not guarantee an award. Customers are responsible for at least 50% of the listed price of the class. Customer is responsible for any additional costs (supplies, etc.) that are not covered by the scholarship funds. Participation in the Scholarship Program will be subject to all Policies and Procedures set forth by the City of San José's Department of Parks, Recreation & Neighborhood Services.

I understand that my signature below indicates that I have read and understand the policies and procedures of the City of San José Department of Parks, Recreation and Neighborhood Services, Youth City Scholarship Program.

Print Name _____ Signature: _____

Date: _____

FOR OFFICE USE ONLY

If denied, reason for denial: _____

Eligibility Verified by Supervisor: _____
 Print Name _____ Signature _____ Date _____